The One Child Policy: The devastating effects it had and continues to have.

In 1979, the Chinese government, officially introduced the One Child Policy, which was enforced by the National Health and Family Planning Commision and was to be one of the worlds strictest family planning programs, which was not officially phased out until 2015.The policy was introduced over fears of overpopulation and the anxiety of a repeat of the 1959 -1962 famine, which saw an estimated 15 to 30 million people lose their lives. It should be noted that “shortly after the establishment of the Peoples Republic of China in 1949, Mao Zedong encouraged the population to multiply and create manpower(sic) "Clarke/ National Geographic (2015), contraceptives were condemned and some imports of them were also banned, the outcome was the population of China doubled in just over just a few years. Those caught breaking the One Child Policy faced fines, sterilization, and abortions. Wang/Zhang/Netflix