

Critical Thinking

Critical thinking intellectually is essentially key. Critical thinking is about thinking thoroughly academically.

Critical thinking enables the recognition of the strengths and weaknesses of a person as well as encourages independence. Critical thinking actively enhances a person to attentively learn in detail. People who thoroughly think about things in such detail, are encouraged to always seek for more information to ensure they have achieved to the best of their ability (Skills You Need, 2011).

Macat (2019) points out that when critically thinking, it encourages the right choices to be made and enhance difficult challenges to become easier.

Time Management

Cottrell (2019) believes that managing time effectively is when people thoroughly think about the time they have and how well their time can be used for effective studying.

Managing time can make planning and preparing for essential tasks less challenging and discourages procrastination.

When concentrating on what the priorities are in a person's life and organising them in a practical manner, it enhances a balance in life. Everyone has the same amount of time and time is very precious. (Ganiere, 2019).

Similarly, to Cottrell (2019), Ganiere (2019), suggests that it is important to take careful amount of consideration on how a person spends their time, as time is invaluable and cannot be wasted.

According to Dierdorff (2020), all the sources that have been created does not actually work. Dierdorff (2020), believes that in line with succeeding in managing time, it comes down to the actions made by a person on a personal level.

Critical Thinking

Lakshami Kaur 2218479 (ECGE4005P/C)

Motivation

In critical thinking, motivation is highly important.

Motivation is when people are determined and are willing to do something. For example, when critically thinking about something that a person finds interesting, it will give them the desire to reach more information that will help with achieving their goals.

Moore *et al* (2010) points out that people are more likely to be successful in education as they have the desire to work well when they have a great deal of interest towards something academically. They are willing to reach to the full potential when they know there is something to be achieved at the end.

Meier (2016) believes that considering the thoughts and feelings towards a purpose can encourage people to become motivated. When having an understanding on why things are done and how they are done can encourage people to have the desire to complete something to reach and achieve their goals.



(Macat International Limited, 2019).

Note Taking

Day (2018) suggests that constructively taking notes enables people to have better understanding when reading and encourage effective academic writing. "Note taking is often best done strategically to meet a purpose" (Day, 2018, p. 82). This could encourage people to stem new ideas and develop previous ideas.

Taking notes can be done and set out in many ways. These include mind maps, using bullet points and listing or simply just using words and short phrases.

Mind mapping encourages people to critically think about what notes they are taking and enhances and develops their writing skills. Mind mapping encourages easier understanding of what is being read so that notes that are taken, are selectively reliable (Wagner, 2017).

Effective Research Analysis

Effective research analysis is important in critical thinking. Effectively being able to analyse and identify how sources are reliable and accurate

Godfrey (2013) points out that there are ways to identify sources that are reliable. To ensure credibility of a source, the author's name would need to be acknowledged.

George (2021) Suggests that before finding reliable information of a particular purpose, it is useful to consider the different resources that can be used for accurate information. For example, acknowledging websites that are linked to an authorisation, textbooks and educational sources that are written by trustworthy people.

Conclusion

In conclusion, the skills mentioned in this presentation for critical thinking are essentially useful. Going forward from this presentation, managing time effectively is one of the skills in critical thinking that should be considered in the future, as it encourages productivity and supports people to complete things on time. Using different methods of note taking can encourage people to identify what methods suits them best to support them when they are academically writing.

Reference List

Cottrell, S. (2019) *The Study Skill Handbook*. 5th edn. London: Red Globe Press.

Dierdorff, E.C (2020) 'Time Management Is About More Than Life Hacks' . Review of *Harvard business*. Available at: <https://hbr.org/2020/01/time-management-is-about-more-than-life-hacks>. (Accessed: 22 September 2022)

Day, T. (2018) *Success In Academic Writing*. 2nd edn. London: Palgrave.

Ganiere, J. (2019) *Ted Talk: Managing your time is the secret to balance and life success* [video]. Available at: [Managing your time is the secret to balance and life success | James Ganiere | TEDxFlowerMound – YouTube](#) (Accessed: 21 September 2022).

Godfrey, J. (2013) *How to use your reading in your essays*. 2nd edn. Hampshire: Palgrave Macmillan.

Meier, J.D. (2016) '15 Ways to motivate Yourself and Others'. *The Times*, 8th March. Available at: <https://time.com/4262774/motivation-ways/> (Accessed: 28 September 22).

Macat International Limited. (2019) *What is Critical Thinking* [Image]. Available at: <https://www.macat.com/critical-thinking> (Accessed: 24 September 2022).

Macat International Limited. (2019) *What Is Critical Thinking*. Available at: <https://www.macat.com/critical-thinking> (Accessed: 24 September 22).

Moore, S. *et al.* (2010) *The Ultimate Study Skills Handbook*. Berkshire: Open University Press.

Skills You Need (2011) *Critical Thinking Skills*. Available at: <https://www.skillsyouneed.com/learn/critical-thinking.html> (Accessed: 28 September 22).

Wagner, H. (2017) *Ted Talk: Want to learn better? Start mind mapping* [video]. Available at: <https://www.youtube.com/watch?v=5nTuScU70As> (Accessed: 24 September 22).