

Health promotion presentation

When Thomas (2023) created this presentation, it was especially important that Thomas (2023) choose a topic that was related to Health promotion with relevant information to it. Thomas (2023) decided to choose the topic of Adverse childhood experiences (ACE). In the presentation Thomas (2023) has discussed several types of topics within the presentation, these topics have relevant information to the topic of health promotion in the ACE section. The presentation will have multiple definitions and resources to hopefully ensure reliable information provided and support to help children that are suffering from ACE's and what are the intervention outcomes. In this power point presentation Thomas (2023) will be looking at the target population that are interested in benefiting children that have or suffering from adverse childhood reactions.

Health promotion is to enable individuals to have more control over their health (World Health Organisation 2023). It is important that the world has knowledge and understanding on why health promotion is important, Healthcare communication matters (2023) states that delivering effective communication and knowledge on health promotion can be beneficial towards communities and areas by raising awareness on health risks, prevention strategies and resources to help them out. When giving out information to help with health promotion, the outcome of this is to hopefully help individuals make the correct decision when their health is at risk. When looking at this presentation it is also important to provide the definition and information about Adverse Childhood Experiences. Centres of disease control and prevention (2021) describe Adverse childhood experiences as children that go through traumatic experiences when they are younger that can cause them mental health issues in their adolescence and adulthood, this does also impact children at a young age as well causing risk of missing out on education and job potential when needing to find a job. These traumatic experiences can include physical and mental abuse, neglect and substance use, these traumatic experiences can happen from any age and impact their future if not prevented. When looking at Adverse childhood experiences it is important to see how they can be prevented and how support can be given out to children that are suffering from this, health promotion is an important impact on these experiences. When looking at preventions and health promotion on Adverse childhood experiences, the National library of medicines (2022) provide information such as preventing adverse childhood experiences before they happen to ensure that childhood is placed in an environment that is healthy and can support. This will ensure that children are given good education and are able to find a future job instead of missing school and adverse childhood reactions do not affect them in their future. There are also support groups that are able to help and prevent further adverse childhood experiences. Helpguide.com (2023) states that support groups are places that individuals can go to where something is troubling them. A support group where children suffer from adverse childhood experiences including CAMHS. Young minds (2023) says that CAMHS is known for children and adolescents' mental health services, it is a part of the NHS which provides assessment and give out support to children and adolescents that suffer from emotional, behavioural, and mental health difficulties. Another support group is called Body&soul where children can go through a process helped by

experienced specialists that are able to give the correct support to children that need their help with their adverse childhood experience. This support group is like CAMHS apart from the fact that they are not based in the NHS. For the presentation power point the target population is aimed at children to prevent further negative impact and to promote health. DJS research (2023) states that target population means a group of researchers that are aiming to help and prevent a situation from getting worse. This is important since having a group of researchers to help prevent adverse childhood experience and lower the chances of having it to multiple children in the same hope, it will also benefit children with their future. When children go through support groups such as CAMHS and body and souls they should there should be intervention outcomes. These intervention outcomes are meant to ensure that children are able to go into education and have an education that will pursue that to have a career in their future. AT-TRIP (2023) states that going to a support group has the knowledge, understanding and skills to ensure that children leave their process in a more positive mindset and attitude, having a better environment for them to grow up and to ensure that adverse childhood experiences do not happen again.

Overall, when looking back at this PowerPoint presentation. There are multiple definitions and discussion on health promotion and adverse childhood experiences. Thomas (2023) researched about what the definition of health promotion and adverse childhood experiences are and why they are important. When looking back she discusses their importance and ways that adverse childhood experiences can be prevented and how health promotion is important for families and individuals in the community to notice and prevent further actions. Thomas (2023) researches and discusses different types of support groups that children can go to, these supports c help children that are suffering from adverse childhood experiences and to prevent further difficulties and to ensure that children have a higher chance of having a brighter future.

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