

BASIC DIGITAL SAFETY

Protect Your Personal Information With Strong Passwords

- When creating a new password, pay attention to strong password requirements.
- Change your passwords often.
- Don't share your passwords with other people.
- Don't use common, easily guessable passwords.
- Make sure passwords and password hints are stored securely. Record passwords in an encrypted file on your computer, or select another secure password storage method

Keep Personal Information Private

- When you sign up for something online, read the terms and conditions.
- Never enter your financial information on a website that isn't secure

Pay Attention to Software Updates

- Promptly install software updates, especially when they include important security upgrades.
- Set up automatic updates on your devices so you never miss one!

Make Sure Your Devices Are Secure

- Utilize passwords and other security options like fingerprint readers and face scanning technology. One report stated that 30% of smartphone users didn't use passwords, screen locks, to lock their phones.
- Secure all devices, including computers, phones, tablets and devices like smartwatches and smart TVs.



Be Careful About Wi-fi

- Do not trust public wi-fi security. Avoid connecting to unsecured public wi-fi networks.
- Make sure your own wi-fi networks are protected with strong passwords.
- Remember tip #1 and change your wi-fi password frequently.

Back Up Your Personal Data

- Back up important personal information on external hard drives.
- Create new back-ups regularly.

Set Up Two-Factor Authentication

- Enable two-factor authentication in order to prevent hackers from accessing your personal accounts and information.
- Add this extra layer of security to keep your accounts safe even if someone knows your password.

Double check online information

Sadly, fake news, misinformation and disinformation are all present on the internet. It's easy to feel lost with the flood of information we're exposed to every day. If you read something you are unsure of, do your own research to establish the facts. Reliable websites will have references to the original information and source materials. Suspicious pages won't offer any references at all.

