

Employability Self-assessment

Your Report ⓘ

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Areas to Focus on ⓘ

1

Career Well-being

2

Self-Awareness

3

Interviews & Offers

Self-rated Score ⓘ

75%

Your average score is **medium**, based on your self-assessment across all categories. This would suggest you have a good grasp of several of the key factors affecting your employability.

Each of the core areas below has a programme of learning linked to it, designed to consolidate your knowledge and bridge any gaps you might have. Focus on your highlighted weaker areas and use the programmes to strengthen those but continue developing and extending your employability across all eight areas.

Next Steps

For further help and advice, contact your careers service at careers@uwtsd.ac.uk

Self-Awareness

7

You're quite confident with regard to self-awareness, which probably means in some areas you feel you know yourself reasonably well, but in others you're perhaps not so sure. Knowing yourself really well is key to building your confidence and making the right career choices for you. So make sure you know:

- Your strengths and skills and the difference between the two
- Your motivations
- Your values
- Your preferences in terms of how you prefer to work, the work you prefer to do and the way you prefer to communicate with other people.

Work through the programme below to ensure that you're comfortable in all areas of self-awareness.

7

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Result history shown here

Result history shown here

Your Actions

Go to your Self-Awareness programme

Contact your careers service for further advice & events via careers@uwtsd.ac.uk

Detailed Results

Statement	Score
I know what I'm good at & what I enjoy doing	6
I know what motivates me, my values & how I prefer to work	8



Workplace Skills

8

You're highly confident when it comes to your workplace skills. That means you know how to:

- Fit in a team, handle conflict and help your team succeed
- Differentiate between efficiency and effectiveness, prioritise your time and deal with procrastination
- Explain clearly what commercial awareness means and how to research to develop your commercial awareness
- Approach a problem effectively and make sound decisions
- Prepare for a presentation, use visual aids, deliver a presentation and you're fully aware of the impact of your voice and body language
- Prepare for a negotiation, open, run and close a negotiation
- Recognise your own leadership style as well as the skills and qualities needed to be a leader
- Think critically about problems and information presented to you

That's fantastic! To make sure you're 100% confident with all eight skills, work through the programme below or click on one of the other activities.

Your Actions



Go to your Workplace Skills programme



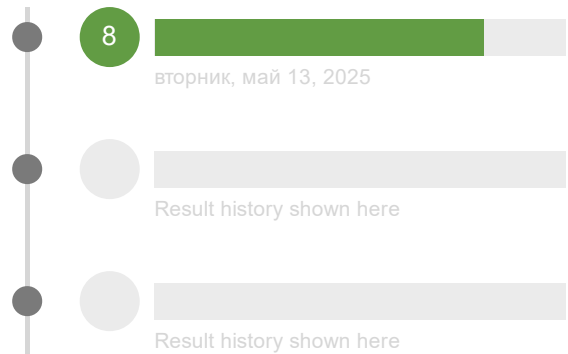
Explore more learning resources once you've completed your programme



Contact your careers service for further advice & events via careers@uwtsd.ac.uk

Detailed Results

Statement	Score
I am confident I have the workplace skills employers are looking for	8

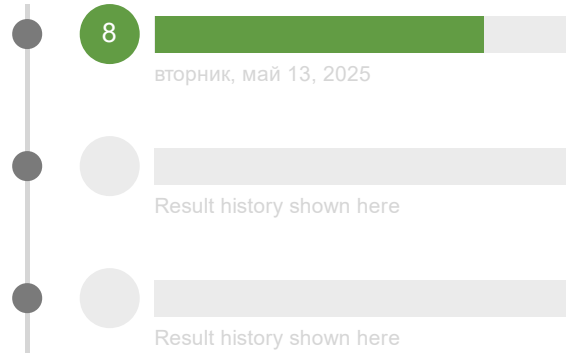




You're highly confident about your career possibilities. That means:

- You have a clear idea about the different potential career options there are out there for you
- You know how to build your work experience and get the most out of those experiences
- You have considered the pros and cons of being self-employed including becoming an entrepreneur
- You know how to make decisions about your career and plan your next steps

That's fantastic! To make sure you're 100% confident, work through the programme below or click on one of the other activities.



Your Actions

- > Go to your Career Possibilities programme
- > Explore more learning resources once you've completed your programme
- > Contact your careers service for further advice & events via careers@uwtsd.ac.uk

Detailed Results

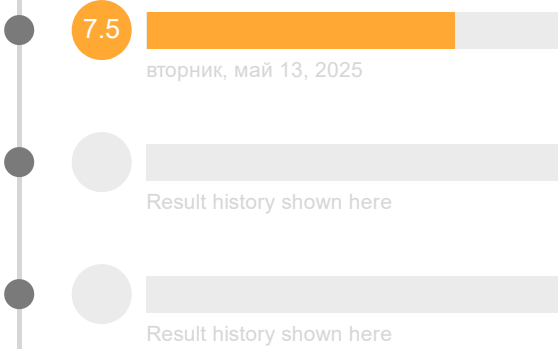
Statement	Score
I've got a good idea about the options out there & what I want to do with my career	7
I know what to do to build my work experience	9



You're fairly confident when it comes to job hunting. So you can probably tick off quite a few of the points below:

- Knowing the steps to take for a successful job hunt
- Understanding how both e-hireability and social media networking can help you get a job
- Being comfortable networking face-to-face
- Knowing how to make sure you get the best results from the recruiters you work with

Job hunting, however, is competitive and to get the job you're after you need to know all the above. So take a look at the programme below and work through it to take you from fairly confident to highly confident in the art of job hunting.



Your Actions

- Go to your Job Hunting programme
- Contact your careers service for further advice & events via careers@uwtsd.ac.uk

Detailed Results

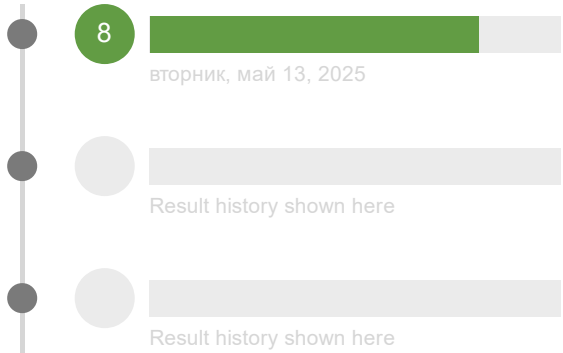
Statement	Score
I understand the different techniques I can use in my job hunt	6
I am confident in my networking ability both in person and online	9



You are highly confident with CVs & applications. That means you know:

- How to structure and format your CV to make it attractive to different employers
- The sections you need to complete, the most relevant information to complete them with and what to highlight
- How to make your CV content appealing to employers and optimise it for CV scanners
- How to write a compelling application and cover letter
- How to make a speculative application

Brilliant! You're well ahead of most of your competition! To make sure you're not missing anything and to consolidate your knowledge, work through the programme below or click on one of the other activities.



Your Actions

-  Go to your CVs & applications programme
-  Explore more learning resources once you've completed your programme
-  Contact your careers service for further advice & events via careers@uwtsd.ac.uk

Detailed Results

Statement	Score
I am confident I can create a CV that shows me in my best light	8
I know how to write a compelling application	8



You're reasonably confident when it comes to interviews and offers, which probably means that you're stronger in some areas and weaker in others. To be completely confident about this topic, make sure you know:

- The preparation you need to do on: the basics, what you have to offer, the employer and practicing for the specific type of interview you're going to face
- The more common interview questions and how to communicate your strengths, skills and experience effectively through the way you answer them
- The impact your body language has on the interviewer
- How to follow up
- When and how to negotiate the different aspects of your offer

To fill any gaps and make sure you're confident across the board, complete the programme below.

Your Actions

- Go to your Interviews & Offers programme
- Contact your careers service for further advice & events via careers@uwtsd.ac.uk

Detailed Results

Statement	Score
If I had to prepare for an interview right now I would know what to focus on	7
I am confident I could answer the more common interview questions employers ask	9
I know what to do after my interview, including following up and negotiating	6



Preparing for Work

7.5



You are fairly confident about your workplace readiness. That's good because it means you've already done some thinking, but what are you missing? Here's a summary of the key things you'll need to think about:

- The basics: accommodation, money and travel etc
- A different mindset
- The expectations that your new employer may have of you
- The impression you want to make and how you're going to make it
- Understanding what you need to thrive each day at work
- What it means to be a manager & the skills required

For the ones you can't tick off, work through the whole programme below. By the time you've finished you'll really be able to hit the ground running in your new job.

Your Actions

- Go to your Preparing for Work programme
- Contact your careers service for further advice & events via careers@uwtsd.ac.uk

Detailed Results

Statement	Score
I know how to get myself physically, mentally & emotionally prepared for the workplace	8
I am confident I know how to make the right impression in my new job	7



You're reasonably confident about the concept of career well-being, which probably means your knowledge and experience is stronger in some areas than others. To ensure you start your career from a place of strength mentally, physically and emotionally make sure of the following:

- You know the importance of building relationships at work & how to strengthen them
- You are aware of your own emotions and how they impact your behaviours and interactions
- You are clear on the value of a good work-life balance and how to achieve it
- You understand why resilience is a key career skills and how to develop it
- You know what causes stress and pressure and how to cope with and minimise it
- You know how to accept and manage change and understand how to become more agile

Work through the programme below to ensure that you're comfortable in all the areas of career well-being.

Your Actions



Go to your Career Well-being programme



Contact your careers service for further advice & events via careers@uwtsd.ac.uk

Detailed Results

Statement	Score
I am aware of my emotions & know how to interact positively with others	7
I know how to build my resilience & get the right balance to thrive in my role	6



This self-assessment and its learning programme have been designed to help you identify the things you need to develop to make yourself as employable as you can be. It will also help you visualise your progress as you deepen your knowledge and strengthen your skills. The employability skills you gain now will make all the difference to your career success in the near future, so be honest in your ratings, complete the programmes for each category and congratulate yourself as you become ever more employable!