

PESS approach to Teaching Dance - Key Stage 2

Lesson 5

Outcomes Lesson 5

- Practise to improve fluency and flow of actions
- Create and perform a dance in pairs that demonstrates unison and a variety of dance actions
- Describe what they have included in their dance using key words

Recap

Warm up by practising your whole dance so far trying to implement the aspects for improvement identified last time.

Track 3 PESS Approach to Teaching Dance KS2 Audio CD.

Explore

Hokey-cokey. Ask pupils to make up their own version of the hokey-cokey inspired by the traditional dance. Pupils to include travelling there and back, gestures with different body parts and turning actions. Pupils explore different actions, directions, pathways, levels, spatial relationships in unison. Discuss fluency and flow. Fluency within an action or movement and flow between actions.

Create

Create a 'Hokey-cokey' phrase. The phrase should be danced in unison and include a variety of actions, directions, pathways, levels etc. Encourage pupils to practise their dance to improve the fluency and flow.

Intervene

Highlight imaginative adaptations of the Hokey Kokey. Highlight pupils who use a wide range of dance actions. Highlight effective spatial relationships. Highlight effective and accurate use of unison. Highlight pupils who demonstrate good fluency and flow. What are they doing to demonstrate good fluency and flow? What do you need to do to improve the fluency and flow of your phrase? Give the pupils some more time to practise so they can improve.

Perform

Perform to another pair that you have not worked with so far. Pupils to observe whilst considering evaluation sheet 2.

Evaluate

Teacher to quiz the pupils on their knowledge and understanding of key words: unison, travelling, turning, jumping, gesture, stillness, directions, levels, pathways, speeds, relationships, fluency and flow.