

MODULE CODE: ECAP4005
TITLE: Children's mental health and development
DATED: January 2018

LEVEL: 4
CREDITS: 20

JACS CODE: C810

AIM(S)

- To introduce students to the key principles of a child's development.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- describe a range of theories and concepts relating to a child's cognitive and moral development;
- demonstrate knowledge of a child's social and emotional development;
- demonstrate an understanding of the mental health issues children face and identify appropriate treatments and interventions;
- take responsibility for their own learning and skill development; including effective personal planning, self-reflection and project management skills.

INDICATIVE CONTENT

- An appreciation of the key themes and issues within developmental psychology, for example; cultural context, stability and change, continuity versus discontinuity and resilience and risk.
- An examination of theory and evidence about a child's cognitive development, language acquisition and communication.
- Consideration of attachment theory, social relations and emotional development.
- An exploration of moral development, the understanding of others and theory of mind.
- An introduction to the diversity of mental health issues children face, e.g. depression, ADHD and Autism.
- An exploration of the challenges experienced by those with mental health issues, e.g. the effect on academic achievement.
- An introduction to the role of the professional in improving mental health in children, e.g. educational psychologists, therapists, counsellors and medical treatments.

LEARNING AND TEACHING STRATEGY

Topics will be introduced in weekly lectures and consolidated through seminars which will vary in format from group exercises and discussions to small group exercises to further develop students' understanding of the key theories and principles of developmental psychology and children's mental health.

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	15
Independent learning	170	85
Placement learning	0	0
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☒ **Written exam** ☐ **Coursework** ☐ **Practical**

Mode of assessment	Volume	Weighting
Written exam	1.5 hours	50%

Assessment Component 2

☐ **Written exam** ☒ **Coursework** ☐ **Practical**

Mode of assessment	Volume	Weighting
Written assignment	1,500 words	50%

Assessment Summary

Activity type	Percentage
Written exam	50%
Coursework	50%
Practical	
TOTAL	100%

This module is a core requirement for Graduate Basis for Chartership (GBC) accreditation with the British Psychological Society (BPS) as set out in documentation to the BPS February 2018.

READING LIST

Module Code	ECAP4005	
Module Title	Children's mental health and development	
Classification	Reading List entry	Electronic*
Essential	Burton, M., Pavord, E., & Williams, B. (2014). An introduction to child and adolescent mental health. Los Angeles [u.a.]: SAGE.	☐
Essential	Claveirole, A., & Gaughan, M. (2011). <i>Understanding children and young people's mental health</i> . Chichester: Wiley-Blackwell.	☐
Essential	Gillibrand, R., Lam, V., & O'Donnell, V. (2011). <i>Developmental psychology</i> . Harlow: Prentice Hall.	☒
Essential	Harris, M. (2008). <i>Exploring developmental psychology: Understanding theory and methods</i> . London: SAGE.	☐
Essential	Haugaard, J. (2013). <i>Child psychopathology</i> . New York: McGraw Hill.	☐
Further	Barkley, R. (2016). <i>Managing ADHD in school: The best evidence-based methods for teachers</i> .	☐
Further	Forster, M. (2013). <i>How to enhance the mental health and emotional well-being of children with SEN</i> . Hyde: Lda.	☐

Further	Holt, M., & Grills, A. (2016). Critical issues in school-based mental health: Evidence-based research, practice, and interventions. Abingdon: Routledge.	☐
Further	Timimi, S., Bentall, R. & Sanders, P. (2009) <i>A Straight-talking Introduction to Children's Mental Health Problems</i> . London: PCCS Books.	☐
Further	Vostanis, P., & Williams, R. (2007). <i>Mental health interventions and services for vulnerable children and young people</i> . London: Jessica Kingsley.	☒
Journal	Child Development	☒
Journal	Child & Adolescent Mental Health	☒
Journal	Child and adolescent psychiatry and mental health	☒
Journal	Child psychiatry and human development	☒
Journal	Developmental Psychology	☒
Journal	International journal of child health and human development	☒
Journal	Infant and child development	☒
Journal	New directions for child development	☒