

Introduction to research



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**Topic: Impact of Cannabis on Mental Health in
Young People in UK.**

Module Code: BMHP5005

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VIVA

Literature Review

- Cannabis use and mental health in young people
 - Focusing : how does cannabis use affect teenagers later as they grow into adult
- Aiming to find out the effect of cannabis has on teen as they grow into adulthood

Research question

What impact does cannabis use is leaving on teenagers later as they grow into adulthood?

Aim

Find out if cannabis use has any negative effect on teenagers as they grow into adulthood

Objectives

Reviews the studies that has already been published on this topic

Methods/data source

A secondary research method was used to collect the data

Key words

Cannabis

Mental health

Adolescent

Recreation

UK teenagers

Young people

Data source

university library

google scholar

pubmed

Science direct

British journal of psychiatry

Data collection method

A secondary research method was use.

Qualitative measure

Already published research articles

Inclusion and exclusion criteria

mainly target UK teenagers

Exclusion:- Do not include teenagers outside UK.

Findings/Themes

- High use of cannabis among UK teenagers
- As mentioned by Schlag et al. (2020) patient demand for the medical cannabis is increasing in the UK
- people with genetic mental disorders or a carrier have higher chances to be triggered with the drug use

Themes

- As mentioned by Hakkarainen et al. (2015) the cultures of consuming cannabis is increasing and leaving the mental health issues like stress, severe anxiety, unhealthy sleeping patterns. term

Conclusion

The overall conclusion from the literature review is showing that the consumption of cannabis among teenagers in the UK has increased and The antisocial behavior which the community is left to deal with couple with the huge budget NHS is left to deal with is tremendous. Moreover the destruction of these children is not only a self harm but their parents, the community and the country as a whole.