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Individual 1000 Word Reflection Report

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Contents

Introduction	3
Main Body	3
Conclusion.....	5
References	7

Introduction

Working in a team teaches us a lot about collaboration and teamwork. In this report I will talk about my experience working with a group on a project about Cadbury, a big company in the UK. Our task was to investigate Cadbury in detail and present our findings to the class. We looked at things like what Cadbury does, how it's structured, what managers do there, how leadership works and what affects how people work together in teams.

In this report, I'll share what we did, what we learned and how it all went. We used a method called Gibbs' Reflective Cycle to think about our experiences and lessons. This report will help us understand how working in a team a learning experience can be and how it can make us better at working with others in the future.

Working on this project was both challenging and rewarding. We had to gather information about Cadbury's background, performance and competitors. We spent a lot of time researching and discussing to make sure we understood everything well. This helped us see how much work goes into running a big company like Cadbury.

Understanding Cadbury's organisational structure was also important. We learned how different departments work together and how decisions are made. This showed us the importance of having a clear structure in an organisation to make sure things run smoothly.

Main Body

Description:

Our group started by studying Cadbury, a big company in the UK. We learned about its past, how it's doing now and who else is in the industry. It felt like a lot to take in at first, but we figured out how to work together and share what we found. This made things easier as we went along. (www.ukessays.com. (n.d.).

Understanding how Cadbury works inside was important too. We looked at how different parts of the company connect and make choices. This showed us why it's important for everyone to know what's happening and for decisions to be made fast.

Learning about what managers do at Cadbury was interesting. We saw that they have a lot of tasks to do, like planning and managing teams. It made us realize how important good management is to keep a company running smoothly.

Feelings:

At the start, I wasn't sure how everything would go. I prefer things to be clear and easy to understand, so all the information we had to deal with felt overwhelming. But as we spent more time working together, I began to feel more confident about our project.

Getting used to working with team members who communicate in different ways was a bit challenging. Some liked to write things down, while others preferred talking things through. It took some time to adjust, but in the end, it helped us to understand each other better. (Palmer, M. (2023)

As we continued to collaborate, I found myself appreciating the different communication styles within our team. It was interesting to see how everyone had their own way of sharing ideas and opinions. Even though it took some effort to adapt, it made me realise the importance of being open to different ways of working and communicating.

There were moments when misunderstandings happened due to our different communication styles, but we learned to resolve them by being patient and listening to each other. Over time, I began to see these differences as strengths rather than obstacles. Each team member brought something unique to the table, and by embracing our diversity, we became a stronger and a better team. (Mullins, 2019)

Working through these challenges also helped me grow personally. I learned to be more flexible and adaptable, which are important skills in any team setting. I also gained a deeper appreciation for collaboration and teamwork. It's amazing how much more we can accomplish when we work together and support each other.

Evaluation:

Looking back on what we did, I think we did a really good job working together. Even though there were some tough times, we always helped each other out and got things done. But when I think about it more, I realize there were some things we could have done better. For example, we

could have managed our time a bit better. Even with these challenges, though, I feel proud of what we achieved together.

During our project, there were moments when things got a bit tricky. We had to figure out how to tackle problems and disagreements, but we always found a way to support each other and keep moving forward. Looking back, I see how important it is to stick together and help each other out, even when things get tough.

Thinking about it now, I can see that we could have been more organized with our time. There were times when we could have planned things better and avoided last-minute rushes. It's something we can learn from for next time.

Despite these challenges, I feel proud of what we accomplished as a team. We stuck together, supported each other and got the job done. Even though there were some bumps along the way, we kept our collaborative spirit alive and made it through together. It's a great feeling to look back on what we achieved and know that we did it as a team.

Analysis:

Upon deeper reflection, I've come to understand the importance of adaptability, effective communication and mutual respect within a team setting. Our willingness to embrace different perspectives and approaches, and our recognition of each other's strengths, significantly helped our team dynamics.

Conclusion

Thinking back on our Cadbury project, I've learned a lot about working together and leading a team. It was a journey full of ups and downs, but it taught me some important lessons.

One big lesson was about being flexible and communicating well with others. We all had different ways of doing things but learning to understand and respect each other made our team stronger. Dealing with problems calmly and listening to each other helped us work through tough times.

I also realized how important good leadership is. Seeing how managers at Cadbury handle things showed me the value of clear planning and managing teams well. (Indeed, Editorial Team (2021)).

Overall, this project was a great learning experience. It showed me the power of teamwork and good leadership. Moving forward, I'll keep working on my communication and teamwork skills to be even better in the future.

References

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