



DIG ASSESSMENT 2

Poster – Digital Safety



Digital Community

A number of individuals brought together by shared hobbies, ideas or interests who interact with each other through online platforms.

Benefits

- Link with friends and family from long distances.
- Communicate and train from people all over the planet.
- Share events, ideas, and find people with similar passions.

Risks

- Nothing on the internet is really private. it is impossible to control who will share our post or how people will use it.
- Most posts are long-lasting through screen capture or other recording methods.
- What we post will impact our "online image" or what people perceive of us.

★ Suggestions to keep safe on internet



Share personal information to unknown person can be dangerous!
For example avoid to announce a planned holiday, exact location, date and time.

Comparing our life to what we see in others post can impact negatively on our mental health. It is best advised to spend as less time as possible online and meet with people in person.

It is not always easy to understand the messages. The best solution to avoid misunderstandings after reading a message is to call or speak to the person concerned eye to eye instead of ending up in long and exhausting text messages.

Online bullying can be as harmful as other type of bullying. There are several tools that we can use to protect ourselves such as reporting, blocking and taking a screenshot or tell someone we trust.

Being kind online is just as important as being kind face to face.