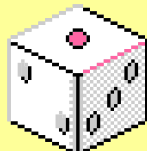


Personal skills development



Research in Action
(ECPS5006)



3:00 PM

Information gathering

Identify information needed

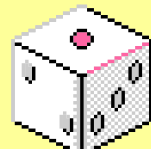
Evaluating information

Search strategies

Lessons Learnt

 Systematic Literature Search

 UWTSD library database



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Systematic Literature Search



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Systematic literature search – Exploring social support networks and adaptability

Search 1 (Basic Search)	
Database used	UWTSD database
Key word(s) included	Social support network
Search Results	287,090

Search 2 (refined search)	
Database used	UWTSD database
Key word(s) included	Social support network, adaptability
Search Results	11,763

Search 3 (refined search)	
Database used	UWTSD database
Key word(s) included	Social support network, adaptability
Year range	2019 – present
Search Results	1,632

Search 4 (refined search)	
Database used	UWTSD database
Key word(s) included	Social support, adaptability, university students
Year range	2019 – present
Search Results	259

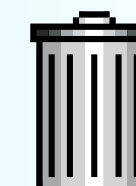
Search 5 (refined search)	
Database used	UWTSD database
Key word(s) included	Social support, adaptability, university students
Key word(s) excluded	Covid-19
Year range	2019 – present
Search Results	194

Search 6 (refined search)	
Database used	UWTSD database
Key word(s) included	Social support, adaptability, university students, well-being
Key word(s) excluded	Covid-19
Year range	2019 – present
Search Results	75

Search 7 (refined search)	
Database used	UWTSD database
Key word(s) included	Social support, adaptability, university students, well-being
Key word(s) excluded	Covid-19, worker
Year range	2019 – present
Language	English
Search Results	62

Key Journals from this search:

- Chang, J., Wang, S.-w., Mancini, C., McGrath-Maher, B., & Orama de Jesus, S. (2020). The complexity of cultural mismatch in higher education: Norms affecting first-generation college students' coping and help-seeking behaviours. *Cultural Diversity and Ethnic Minority Psychology*, 26(3), 280–294. <https://doi.org/10.1037/cdp0000311>
- Holliman, A., Waldeck, D., Yang, T., Kwan, C., Zeng, M., & Abbott, N. (2022) Examining the Relationship Between Adaptability, Social Support, and Psychological Wellbeing Among Chinese International Students at UK Universities. *Front. Educ.*, 7. doi:10.3389/educ.2022.874326
- Holliman, A., J., Waldeck, D., & Holliman, D.M. (2022) Adaptability, social support, and psychological wellbeing among university students: A 1-year follow-up study. *Front. Educ.*, 7. doi:10.3389/educ.2022.1036067





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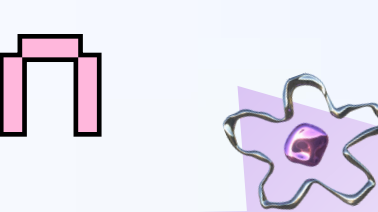
Integrity and Honesty



Confidentiality

A pink, translucent gummy bear is positioned in the top-left corner of the slide. The background features two horizontal light blue bars at the top, separated by a thin white line, and a thick black horizontal bar at the bottom. The title text is centered on the white background.

Regulation and Standards



Lesson Learnt : Ethical Consideration Form

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Ethical guidelines documents

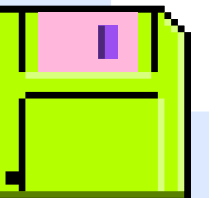
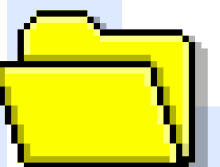
Please list the core ethical guidance documents that have been referred to during the completion of this form (including any discipline-specific codes of research ethics, location-specific codes of research ethics, and also any specific ethical guidance relating to the proposed methodology). Please tick to confirm that your research proposal adheres to these codes and guidelines. You may add rows to this table if needed.		
1	UWTSD Research Ethics & Integrity Code of Practice	☒
2	UWTSD Research Data Management Policy	☒
3	BPS Ethics Guidelines for internet-mediated research (June 2021)	☒
4	BPS Code of Human Research Ethics (April 2021)	☒
5	BPS Code of Ethics and Conduct (July 2018)	☒

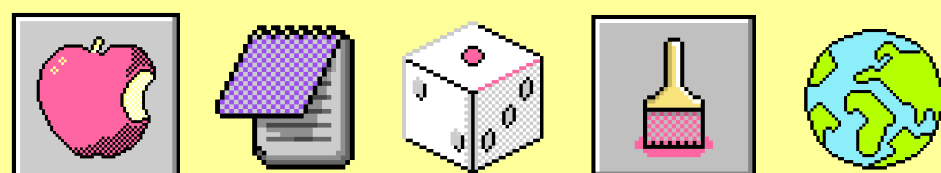
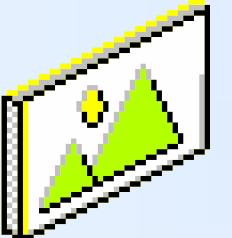
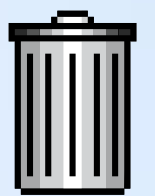
Participants information

Participant numbers and source Provide an estimate of the expected number of participants. How will you identify participants and how will they be recruited?		
10	How many participants are expected?	The study will aim for 100 participants and assign 50 participants for each group of United Kingdom and international students to guarantee equal representation. Technical factors, such as the accessible resources and the probability of recruiting inside the academic setting, are considered when determining this sample size. A greater sample size than is required will be a greater representation of the overall population, yielding outcomes that are more accurate (Andrade, 2020). <i>(this box should expand as you type)</i>
11	Who will the participants be?	Students who registered at the University of Wales Trinity Saint David (UWTSD), are the target participants in this research. The participants will be among the two groups which are United Kingdom students and international students. <i>(this box should expand as you type)</i>
12	How will you identify the participants?	A study advert will be created and distributed amongst the UWTSD population and will collaborate with the HWB department to distribute this. <i>(this box should expand as you type)</i>

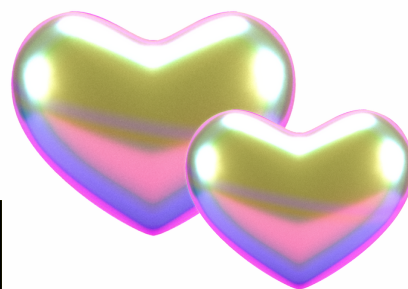
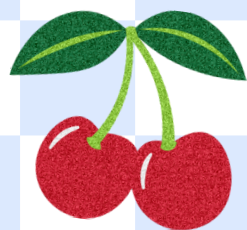
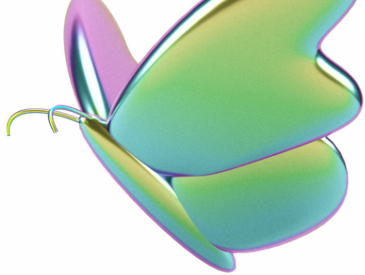
Ethical Consideration form

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Thank you!

