

Caring Society Presentation

Wellbeing and inclusion of informal carers

By Gemma Pemberton.

Introduction.

- **In this power point I will talk about how being a career has changed over the years. I will talk about all carers from young to elderly, and what help there is for them.**

When a career was Recognized

- In 1995 there was an act brought named the Careers Recognition and Services act. This means that careers have a legal status. For years before this act was brought in, people have been caring for their sick or disabled family members for generations. People done it for love and because they thought it was down to them, to look after their family members .It went unrecognised for years. The Carers and Disabled Childrens Act 2000, was brought in which made changes to the law. This means that it gives local councils mandatory duties to support carers by providing services to carers directly.

Young Careers

- There is high amount of children that care for a family member that has a physical, mental health, disability or drug and alcohol problems. There is a organization in wales called children in wales that has been carrying out work to relate to these children that are careers. This happened in 2002, it is said by them that these amazing children that are known as young careers have 'no me time'. This is a worrying problem as children should be able to have a childhood, instead they care for their ill family members. The organization takes them on activity days so they can rekindle their childhood.

Elderly Carers

- In the UK there is a high amount of elderly carers, The statistics show that almost 1.3 million people in England and Wales are aged 50-64 are carers. This figure will increase rapidly rather than the general carer population. The majority of the elderly carers are related or married to the person that they care for. They do it because they think it is their duty not a job, most of the elderly do not know there is help out there for them. They do struggle, but try to carry on as normal. There is a danger to them as there is a high amount of elderly people who suffer from alzheimer's, or dementia.

What a carer thinks of their role caring for a family member.

- There is a lot of people think that they are isolated as a carer, as the majority of their time goes on caring for the person the care for. Everything they do is for them, from the time they wake up until the time they go to sleep revolves around the person that needs care. Even through the night can be very difficult as the person may need care 24 hours a day. There is a lot of people that feel exhausted by it, but would not have it any other way.

How many people are carer's

- There is a total of 370,230 carers in wales. Carers wales estimate that in 2037 there will be a staggering 9 million carers in the UK. That is a 40% increase to the statistic in 2017. They also state that 2 out of 5 people become carers some point in their lives. There is a lot of people that do not count themselves as a carer, there is 1.4 million people in the UK that do more than 50 hours unpaid care work a week. The majority of these carers are women with the statistics of 58% and 42% are male.

Carers

- Some of the carers are not in good health themselves, there is 390,000 carers that reported to be in bad health. The statistics show these are disabled carer's and it is said that these carers who be in high risk of being in debt as their as they would be caring for their partners and there be no one in their household in paid work. The help carers get from the government is not a lot, they would be entitled to £62.20 a week carers allowance. Which is not a lot for what these people do.

Mazlow's 5 points that a carer needs to look after themselves.



- Bigthink.com

Self- Actualization

Esteem Needs

**Physiological
Needs**

Social Needs

Safety Needs

Carers Allowance was brought in and who is entitled to it

Carers allowance was brought in to help people, with their caring duties. You can only claim this benefit if you care for someone more than 35 hours per week. You do not have to be related to this person , or live with them. The benefit is not a lot but it is a little help to the person who has a tough job in caring for someone who is ill.

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