

Module: Introduction to Research (BMHP5005)

Assessment 2: Viva Voce

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Introduction

- **What is your literature review about?** This literature review analyses the findings of a few studies about the feelings, wellness and mental health issues for women during maternity. The knowledge gained from them will give a better understanding on the affects of maternity.
- **Aim:** How maternity affects women's mental health and wellness.
- **Objectives:** To analyse the findings of the relevant to the topic studies.

Methods

Key words used: maternity, mental health, pregnancy, wellness, women, postpartum, feelings.

Database used: Pubmed, Science Direct.

Inclusion criteria: England, UK, Great Britain, peer-reviewed articles, English language only, years of publication 2015-2021, study.

Exclusion criteria: systematic review, meta-analysis, articles older than 7 years.

Literature Review

Author(s), title, and year of publication	Aim of study	Methods and Sample size and characteristics	Summary of main findings
Franks WLM, Crozier KE, Penhale BLM. Women's mental health during pregnancy: A participatory qualitative study. 2016	To explore mothers' and professionals' perspectives on the factors that influence pregnant women's mental health.	Qualitative and Quantitative, 32 (17 mothers and 15 professionals)	Commonality were identified between mothers' and professionals' perspectives on factors that undermine women's mental health during pregnancy and what is needed to support women's mental health
McLeish J, Redshaw M. Mothers' accounts of the impact on emotional wellbeing of organised peer support in pregnancy and early parenthood: a qualitative study. 2017	Analysing the emotional wellbeing and need of support for mothers during pregnancy and afterwards through "mental health" peer support .	Qualitative descriptive design and semi-structured interviews, 47 mothers.	Mothers are feeling emotional distress, stressful circumstances, unwilling to open to professionals, lack of social support.
McLeish J, Redshaw M. Maternity experiences of mothers with multiple disadvantages in England, 2019.	To explore the maternity experiences of mothers with multiple disadvantages	A qualitative descriptive , semi-structured interviews, 40 mothers.	They feel confused and frighten, feel powerless and with low self-esteem to their encounters with maternity professionals, which could be significantly worsened by disrespectful care.
Harris R, Gibbs D, Mangin-Heimos K, Pineda R. Maternal mental health during the neonatal period: Relationships to the occupation of parenting, 2018.	To examine the extent of a range of early mental health challenges in mothers with a very preterm infant hospitalized in the NICU and mothers of full-term infants	Quantitative and Qualitative ,37 mothers of preterm infants and 47mothers of full term infants.	Mothers of preterm infants have higher risk of maternal mental health challenges.

Results

- What were the key findings or results of the literature you reviewed?
What key themes did you identify?

Discussion

- Discuss the themes that you have found and describe why your findings are important for health and social care.

Conclusion

- Summarise the main points of your research.

References

- BMC pregnancy and childbirth 2017, *Mother's accounts of the impact on emotional wellbeing of organised peer support in pregnancy and early parenthood: a qualitative stud*, case study, viewed 4 December 2021, <<https://pubmed.ncbi.nlm.nih.gov/28086827/>>.
- BMC pregnancy and childbirth 2017, *Mother's accounts of the impact on emotional wellbeing of organised peer support in pregnancy and early parenthood: a qualitative stud*, case study, viewed 4 December 2021, <<https://pubmed.ncbi.nlm.nih.gov/28086827/>>.
- Women and birth 2018, *Maternity experiences of mothers with multiple disadvantages in England: A qualitative study*, case study, viewed 4 December 2021, <<https://pubmed.ncbi.nlm.nih.gov/29910026/>>.
- Women and birth 2016, *Women's mental health during pregnancy: A participatory qualitative study*, case study, viewed 4 December 2021, <<https://pubmed.ncbi.nlm.nih.gov/28057430/>>.