

APPLICATION FOR ETHICAL APPROVAL

In order for research to result in benefit and minimise risk of harm, it must be conducted ethically. A researcher may not be covered by the University's insurance if ethical approval has not been obtained prior to commencement.

The University follows the OECD Frascati manual definition of **research activity**: "creative work undertaken on a systematic basis in order to increase the stock of knowledge, including knowledge of man, culture and society, and the use of this stock of knowledge to devise new applications". As such this covers activities undertaken by members of staff, postgraduate research students, and both taught postgraduate and undergraduate students working on dissertations/projects.

The individual undertaking the research activity is known as the "principal researcher".

Ethical approval is not required for routine audits, performance reviews, quality assurance studies, testing within normal educational requirements, and literary or artistic criticism.

Please read the notes for guidance before completing ALL sections of the form.

This form must be completed and approved prior to undertaking any research activity. Please see Checklist for details of process for different categories of application.

Delete the Guidance Notes at the end of the form BEFORE submitting your application

SECTION A: About You (Principal Researcher)

Full Name:		Lucie Isaac			
Tick all boxes which apply:		Member of staff:	☐	Honorary research fellow:	☐
Undergraduate Student	☒	Taught Postgraduate Student	☐	Postgraduate Research Student	☐
Faculty/School/Centre:		University of Wales Trinity Saint David			
Campus:		SA1 Swansea			
E-mail address:		1702765@student.UWTSD.ac.uk			
Contact Telephone Number:		07582146005			
For students:					
Student Number:		1702765			
Programme of Study:		BA Hons Counselling and Psychology			
Director of Studies/Supervisor:		Dr Judith Marshall			

SECTION B: Approval for Research Activity

Has the research activity received approval in principle? (please check the Guidance Notes as to the appropriate approval process for different levels of research by different categories of individual)		YES	☐	NO	☒
					Date
If Yes, please indicate source of approval (and date where known): Approval in principle must be obtained from the relevant source prior to seeking ethical approval	Research Degrees Committee		☐		
	Faculty Research Committee		☐		
	Other (write in)		☐		

SECTION C: Internal and External Ethical Guidance Materials

Please list the core ethical guidance documents that have been referred to during the completion of this form (including any discipline-specific codes of research ethics, and also any specific ethical guidance relating to the proposed methodology). Please tick to confirm that your research proposal adheres to these codes and guidelines.	
UWTSD Research Ethics & Integrity Code of Practice	☒
UWTSD Research Data Management Policy	☒
BPS Ethics Guidelines	☒

SECTION D: External Collaborative Research Activity

Does the research activity involve collaborators outside of the University?		YES	☐	NO	☒
If Yes, please provide the name of the external organisation and name and contact details for the main contact person and confirmation this person has consented to their personal data being shared as part of this collaboration.					
Institution					
Contact person name					
Contact person e-mail address					
Has this individual consented to sharing their details on this form?		YES	☐	NO	☒
Are you in receipt of a KESS scholarship?		YES	☐	NO	☒
Is your research externally funded		YES	☐	NO	☒
Are you specifically employed to undertake this research in either a paid or voluntary capacity?	Voluntary	YES	☐	NO	☒
	Employed	YES	☐	NO	☒
Is the research being undertaken within an existing UWTSD Athrofa Professional Learning Partnership (APLP)	If YES then the permission question below does not need to be answered.	YES	☐	NO	☐
Permission to undertake the research has been provided by the partner organisation	(If YES attach copy) If NO the application cannot continue	YES	☐	NO	☐

Where research activity is carried out in collaboration with an external organisation

Does this organisation have its own ethics approval system?	YES	☐	NO	☒
If Yes, please attach a copy of any final approval (or interim approval) from the organisation				

SECTION E: Details of Research Activity

Indicative title:	The relationship between green and brown spaces on a students' well-being.		
Proposed start date:	October 2019	Proposed end date:	April 2020
Introduction to the Research (maximum 300 words) Ensure that you write for a Non-Specialist Audience when outlining your response to the three points below: • Purpose of Research Activity • Proposed Research Question • Aims of Research Activity • Objectives of Research Activity Demonstrate, briefly, how Existing Research has informed the proposed activity and explain • What the research activity will add to the body of knowledge • How it addresses an area of importance.			
Purpose of Research Activity Students perceptions of the efforts of familiar green and brown spaces and their features on their feelings of well-being. (this box should expand as you type)			
Research Question To explore students' use of green and brown spaces can influence their sense of well-being To explore students' perceptions of how their university campus could include natural features with a view to supporting a sense of well-being. (this box should expand as you type)			
Aims of Research Activity - Whether students' use green and/or brown spaces to help their well-being. - Discover students' perceptions of how or if their university could include more natural features and whether this could support being. - What factors students' think contribute to a positive well-being (this box should expand as you type)			
Objectives of Research Activity Existing research from theorists and researchers has helped considerably with the formation of the proposed activity, such as Speake et al (2013), whose study demonstrated that it is essential for university campus' to have green and brown spaces as it helped students concentrate better and have a better sense of well-being. This study supported the Attention Restoration Theory (ART) by Kaplan (1995) who believed exposure to nature helps many people improve their ability to concentrate, which led to a person having a positive well-being. This theory has proved to be essential for the foundations of the dissertation title, as it gives an understanding of the need of exposure to green and brown spaces. This is particularly important for students who are exposed to high levels of stress and negative well-being as demonstrated by Cannon's (2017) findings on the amount of students who have dropped out of university due to poor well-being, the amount had trebled in recent years.			

Yet, with lots of research being conducted on green and brown spaces on a persons' well-being, quite little has been done on how individuals use these spaces and what students' perceptions are of their own university campus and whether it could include more natural features. Irvine et al, (2013) inspired the decision to look into the reasons for using green and brown spaces, which used the ART theory as their foundation of the research. Therefore, it will add more depth into the current literature out there about green and brown spaces on a student's well-being. The research that will be conducted will also add guidelines to other studies on the same title and give an example of how to eliminate stress, anxiety, depression etc. within universities. This could theoretically reduce stress and improve overall well-being, therefore help students to be more efficient with their work by allowing them to help their own well-being and discover a positive well-being through green and brown spaces.

References;

Cannon, T. (2017). Promoting Student Wellbeing | Red Brick Research. Retrieved 11 October 2019, from <https://www.redbrickresearch.com/2017/11/30/promoting-student-wellbeing/>

Irvine, K., Warber, S., Devine-Wright, P., & Gaston, K. (2013). Understanding urban green space as a health resource: A qualitative comparison of visit motivation and derived effects among park users in Sheffield, UK. *International journal of environmental research and public health*, 10(1), 417-442.

Kaplan, S. (1995). The restorative benefits of nature: Toward an integrative framework. *Journal of environmental psychology*, 15(3), 169-182.

Speake, J., Edmondson, S., & Nawaz, H. (2013). EVERYDAY ENCOUNTERS WITH NATURE: STUDENTS' PERCEPTIONS AND USE OF UNIVERSITY CAMPUS GREEN SPACES. *Human Geographies--Journal of Studies & Research in Human Geography*, 7(1).

(this box should expand as you type)

Proposed methods (maximum 600 words)

Provide a brief summary of all the methods that **may** be used in the research activity, making it clear what specific techniques may be used. If methods other than those listed in this section are deemed appropriate later, additional ethical approval for those methods will be needed.

The study will be a qualitative design which will involve the use of interviews which will be transcribed and then analysed using a thematic analysis to interpret themes. The study will look at students within the university campus. The students will be recruited through EMS, as the majority of people who will be applying require a certain amount of credits, this will encourage them to sign up to the study. At the beginning of the study, a consent form will be given to the participants which will state the title and aims of the study, and also require them to sign their name so they give consent. This consent form will also state that they do not need to do the study and are free to stop the interview at any time. In order to gain an understanding of what type of people are being interviewed, a demographic sheet will then be given to them at the beginning of the study which will ask for their age and gender.

They'll be asked questions about what they understand of well-being and what sort of things people do to help their well-being. They will be asked questions about the campus' current green and brown spaces, and what they would add or improve to it. They will be then given a diagram of the university campus' current green spaces and for them to draw or label where they would add additional green or brown spaces, or whether they think the current ones are good enough, therefore no more may need to be added. After this, they will be asked why they have put green or brown spaces on the map or if they have not put them, they'll be asked why they have not. Once this is finished, they will be asked whether they have any current questions for the researcher. A debrief sheet will then follow providing the researcher and supervisor's emails in case they had any questions or wanted to withdraw from the study.

In order to analyse the data collected, a thematic analysis will be used to interpret themes within the interview recordings. The recordings will be transcribed, which will make it easier to interpret themes and see if any of the participants say similar things to each other. Thematic analysis is one of the most used analysis within qualitative research (Braun et al, 2019).

Reference:

Braun, V., Clarke, V., Hayfield, N., & Terry, G. (2019). Thematic analysis. *Handbook of Research Methods in Health Social Sciences*, 843-860.

(this box should expand as you type)

Location of research activity

Identify all locations where research activity will take place.

The studies will be conducted within the laboratories on SA1 campus. The laboratory rooms are all private, which will allow the participant feel relaxed and feel they are able to express themselves more, compared to being in a room with other people.

(this box should expand as you type)

Research activity outside of the UK

If research activity will take place overseas, you are responsible for ensuring that local ethical considerations are complied with and that the relevant permissions are sought. Specify any local guidelines (e.g. from local professional associations/learned societies/universities) that exist and whether these involve any ethical stipulations beyond those usual in the UK (provide details of any licenses or permissions required). Also specify whether there are any specific ethical issues raised by the local context in which the research activity is taking place, for example, particular cultural and/or legal sensitivities or vulnerabilities of participants.

n/a

(this box should expand as you type)

Use of documentation not in the public domain: Are any documents <u>NOT</u> publicly available?	NO	☒
	YES	☐

If Yes, please provide details here of how you will gain access to specific documentation that is not in the public domain and that this is in accordance with prevailing data protection law of the country in question and England and Wales.

(this box should expand as you type)

SECTION F: Scope of Research Activity

Will the research activity include:	YES	NO
Use of a questionnaire or similar research instrument?	☐	☒
Use of interviews?	☒	☐
Use of diaries?	☐	☒
Participant observation with their knowledge?	☐	☒
Participant observation without their knowledge?	☐	☒
Use of video or audio recording?	☒	☐
Access to personal or confidential information without the participants' specific consent?	☐	☒
Administration of any questions, test stimuli, presentation that may be experienced as physically, mentally or emotionally harmful / offensive?	☐	☒
Performance of any acts which may cause embarrassment or affect self-esteem?	☐	☒
Investigation of participants involved in illegal activities?	☐	☒
Use of procedures that involve deception?	☐	☒
Administration of any substance, agent or placebo?	☐	☒
Working with live vertebrate animals?	☐	☒
Other primary data collection methods, please explain in this box For example, 'focus groups'. Please indicate the type of data collection method(s) in this box and tick the accompany box.	☐	☐
Details of any other primary data collection method: (this box should expand as you type)		

If NO to every question, then the research activity is (ethically) low risk and **may** be exempt from **some** of the following sections (please refer to Guidance Notes).

If YES to any question, then no research activity should be undertaken until full ethical approval has been obtained.

SECTION G: Intended Participants

Who are the intended participants:	YES	NO
Students or staff at the University?	☒	☐
Adults (over the age of 18 and competent to give consent)?	☒	☐
Vulnerable adults?	☐	☒
Children and Young People under the age of 8? (Consent from Parent, Carer or Guardian will be required)	☐	☒
Prisoners?	☐	☒
Young offenders?	☐	☒
Those who could be considered to have a particularly dependent relationship with the investigator or a gatekeeper?	☐	☒
People engaged in illegal activities?	☐	☒
Others (please identify specifically any group who may be unable to give consent) please indicate here and tick the appropriate box.	☐	☒
Other – please indicate here: (this box should expand as you type)		

Participant numbers and source	
Provide an estimate of the expected number of participants. How will you identify participants and how will they be recruited?	
How many participants are expected?	The expected amount required for the study are eight to ten participants. (this box should expand as you type)
Who will the participants be?	These participants will be of any age or gender, and they will be from the university. (this box should expand as you type)
How will you identify the participants?	Each participant will be recruited from EMS. They will then be provided with a demographic data sheet after they have read and signed the consent form, this will ask for their age and gender to get an understanding of who are answering the questions. (this box should expand as you type)

Information for participants:	YES	NO	N/A
Will you describe the main research procedures to participants in advance, so that they are informed about what to expect?	☒	☐	☐
Will you tell participants that their participation is voluntary?	☒	☐	☐
Will you obtain written consent for participation?	☒	☐	☐
Will you explain to participants that refusal to participate in the research will not affect their treatment or education (if relevant)?	☒	☐	☐
If the research is observational, will you ask participants for their consent to being observed?	☒	☐	☐
Will you tell participants that they may withdraw from the research at any time and for any reason?	☒	☐	☐
With questionnaires, will you give participants the option of omitting questions they do not want to answer?	☐	☐	☒
Will you tell participants that their data will be treated with full confidentiality and that, if published, it will not be identifiable as theirs?	☒	☐	☐
Will you debrief participants at the end of their participation, in a way appropriate to the type of research undertaken?	☒	☐	☐
If NO to any of above questions, please give an explanation			
 (this box should expand as you type)			

Information for participants:	YES	NO	N/A
Will participants be paid?	☐	☒	☐
Is specialist electrical or other equipment to be used with participants?	☐	☒	☐
Are there any financial or other interests to the investigator or University arising from this study?	☐	☒	☐
Will the research activity involve deliberately misleading participants in any way, or the partial or full concealment of the specific study aims?	☐	☒	☐
If YES to any question, please provide full details			
(this box should expand as you type)			

SECTION H: Anticipated Risks

Outline any anticipated risks that may adversely affect any of the participants, the researchers and/or the University, and the steps that will be taken to address them.

If you have completed a full risk assessment (for example as required by a laboratory, or external research collaborator) you may append that to this form.

Full risk assessment completed and appended?

Yes

☐

No

☒

Risks to participants

For example: emotional distress, financial disclosure, physical harm, transfer of personal data, sensitive organisational information

Risk to Participant:

There is always the potential for emotional distress during qualitative interviews. Whilst none of the interview questions will ask the participants to disclose any sensitive personal information, the places they choose to talk about could stimulate negative emotional memories.

(this box should expand as you type)

If a participant does begin to show signs of distress, the researcher will pause the recording and ask whether the participant would like to either take a break or stop the study. They will have the opportunity to withdraw their data. The researcher will spend time with the participant if they wish to stay until they feel better. The researcher will contact the supervisor or another member of staff for assistance if the participant remains upset.

(this box should expand as you type)

If research activity may include sensitive, embarrassing or upsetting topics (e.g. sexual activity, drug use) or issues likely to disclose information requiring further action (e.g. criminal activity), give details of the procedures to deal with these issues, including any support/advice (e.g. helpline numbers) to be offered to participants. Note that where applicable, consent procedures should make it clear that if something potentially or actually illegal is discovered in the course of a project, it may need to be disclosed to the proper authorities

n/a

(this box should expand as you type)

Risks to investigator

For example: personal safety, physical harm, emotional distress, risk of accusation of harm/impropriety, conflict of interest

Risk to Investigator:

Emotional discomfort whilst dealing with peoples thoughts and examples of well-being.

Risk of complaint against the researcher
(this box should expand as you type)

How will you mitigate the Risk to Investigator:

If this were to happen in the study, the researcher could take five minutes away and discuss with the supervisor how it upset them or made them feel uncomfortable etc.

The researcher will behave professionally at all times by adhering to the BPS code of ethics (BPS, 2018).

(this box should expand as you type)

University/institutional risks

For example: adverse publicity, financial loss, data protection

Risk to University:

A complaint against the researcher or psychology department could have an impact upon the reputation of the University.

(this box should expand as you type)

How will you mitigate the Risk to University:

The head of faculty and necessary authorities will be contacted to help this issue whilst adhering to the BPS code of ethics (BPS, 2018). As this study will be qualitative, the audio recordings will provide the evidence that the correct procedures are being followed.

(this box should expand as you type)

Disclosure and Barring Service

If the research activity involves children or vulnerable adults, a Disclosure and Barring Service (DBS) certificate must be obtained before any contact with such participants.	YES	NO	N/A
Does your research require you to hold a current DBS Certificate?	☐	☐	☒

SECTION I: Feedback, Consent and Confidentiality

Feedback What de-briefing and feedback will be provided to participants, how will this be done and when? At the end of the study, each participant will be given a debrief sheet which will explain the purpose of the study. Verbal explanations will also be provided, and the participant will be given the opportunity to ask relevant questions. This sheet will also include the email of the investigator and the supervisor for if any questions may arise. The debrief sheet will also state that if the participants wish to have their data not used for the dissertation, they are free to. <i>(this box should expand as you type)</i>
Informed consent Describe the arrangements to inform potential participants, before providing consent, of what is involved in participating. Describe the arrangements for participants to provide full consent before data collection begins. If gaining consent in this way is inappropriate, explain how consent will be obtained and recorded in accordance with prevailing data protection legislation. Within EMS will be the option to participate within the study. This link will describe what the study is about, what the aims are and what the participant will be doing. If they wish to participate, they can sign up within the EMS website and chose a time and day that suits them. Before the study, a consent form will be given which will again explain the study, what the aims are and what they will be doing in the study. This will also explain that they have the right to withdraw their participation and/or their data. If they agree for their anonymised data to be used within the study, and if they agree to be recorded, they will be asked to sign the consent form and put the date on it. At the end of the study, the participants' will be given a debrief form which states that if they were to later decide that they did not want their data being used, to simply email either the researcher or the participant for it to be removed. <i>(this box should expand as you type)</i>
Confidentiality / Anonymity Set out how anonymity of participants and confidentiality will be ensured in any outputs. If anonymity is not being offered, explain why this is the case. All participants' data will be anonymised by using a pseudonym instead of their name. Within the dissertation, their name will not be used and will not be able to be tracked back to them. <i>(this box should expand as you type)</i>

SECTION J: Data Protection and Storage

In completing this section refer to the University's Research Data Management Policy and the extensive resources on the University's Research Data Management web pages (<http://uwtsd.ac.uk/library/research-data-management/>).

Does the research activity involve personal data (as defined by the General Data Protection Regulation 2016 "GDPR" and the Data Protection Act 2018 "DPA")?	YES	NO
"Personal data" means any information relating to an identified or identifiable natural person ('data subject'). An identifiable natural person is one who can be identified, directly or indirectly, in particular by reference to an identifier such as a name, an identification number, location data, an online identifier or to one or more factors specific to the physical, physiological, genetic, mental, economic, cultural or social identity of that natural person.	☐	☒
If YES, provide a description of the data and explain why this data needs to be collected:		
(this box should expand as you type)		
Does it involve special category data (as defined by the GDPR)?	YES	NO
"Special category data" means sensitive personal data consisting of information as to the data subjects' – (a) racial or ethnic origin, (b) political opinions, (c) religious beliefs or other beliefs of a similar nature, (d) membership of a trade union (within the meaning of the Trade Union and Labour Relations (Consolidation) Act 1992), (e) physical or mental health or condition, (f) sexual life, (g) genetics, (h) biometric data (as used for ID purposes),	☐	☒
If YES, provide a description of the special category data and explain why this data needs to be collected:		
n/a (this box should expand as you type)		
Will the research activity involve storing personal data and/or special category data on one of the following:	YES	NO
Manual files (i.e. in paper form)? Transcripts	☒	☐
University computers?	☐	☒
Private company computers?	☐	☒
Home or other personal computers?	☐	☒
Laptop computers/ CDs/ Portable disk-drives/ memory sticks?	☒	☐
"Cloud" storage or websites?	☐	☒
Other – specify:	☐	☒
For all stored data, explain the measures in place to ensure the security of the data collected, data confidentiality, including details of password protection, encryption, anonymisation and pseudonymisation:		
When storing the audio data, they will be put onto a secure password protected laptop which only the researcher will know the password of. It will also be put onto a memory stick in case for some reason the laptop becomes damaged. The audio clips will then be transcribed onto a word documents with pseudonyms used if the participants' were to mention another person's name, they will also be given a unique number instead of stating their name.		

<i>(this box should expand as you type)</i>		
All Data Storage		
Will the research activity involve any of the following activities:	YES	NO
Electronic transfer of data in any form?	☐	☒
Sharing of data with others at the University?	☐	☒
Sharing of data with other organisations?	☐	☒
Export of data outside the European Union or importing of data from outside the UK?	☐	☒
Use of personal addresses, postcodes, faxes, emails or telephone numbers?	☐	☒
Publication of data that might allow identification of individuals?	☐	☒
Use of data management system?	☐	☒
Data archiving?	☐	☒
If YES to any question, please provide full details, explaining how this will be conducted in accordance with the GDPR and DPA (and/or any international equivalent):		
n/a		
<i>(this box should expand as you type)</i>		
List all who will have access to the data generated by the research activity:		
The researcher and supervisor, Dr Judith Marshall, will have access to the data.		
<i>(this box should expand as you type)</i>		
List who will have control of, and act as custodian(s) for, data generated by the research activity:		
The researcher and supervisor will have access to the data.		
<i>(this box should expand as you type)</i>		
Give details of data storage arrangements, including security measures in place to protect the data, where data will be stored, how long for, and in what form. Will data be archived – if so how and if not why not.		
The audio data, demographic data and transcripts will be kept within a laptop which requires a password only the researcher will know. It will also be put onto a memory stick if the laptop was to break. The documents will be kept until the dissertation has been written up and has been graded, they will then be deleted from the laptop and memory stick. **		
<i>(this box should expand as you type)</i>		
Please indicate if your data will be stored in the UWTSD Research Data Repository (see https://researchdata.uwtسد.ac.uk/). If so please explain. <i>(Most relevant to academic staff)</i>		
n/a		
<i>(this box should expand as you type)</i>		
Confirm that you have read the UWTSD guidance on data management (see https://www.uwtسد.ac.uk/library/research-data-management/)	YES	☒
	NO	☐
Confirm that you are aware that you need to keep all data until after your research has completed or the end of your funding	YES	☒
	NO	☐

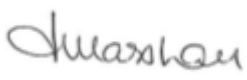
SECTION K: Declaration

The information which I have provided is correct and complete to the best of my knowledge. I have attempted to identify any risks and issues related to the research activity and acknowledge my obligations and the rights of the participants.

In submitting this application I hereby confirm that I undertake to ensure that the above named research activity will meet the University's [Research Ethics and Integrity Code of Practice](#)

Signature of applicant:	L.Isaac	Date: 25/11/19
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For STUDENT Submissions:

Director of Studies/Supervisor:		Date: 25.11.19
Signature:		

For STAFF Submissions:

Head of School/Assistant Dean:		Date:
Signature:		

Checklist: Please complete the checklist below to ensure that you have completed the form according to the guidelines and attached any required documentation:

☒	I have read the guidance notes supplied before completing the form.
☒	I have completed ALL RELEVANT sections of the form in full.
☒	I confirm that the research activity has received approval in principle
☐	I have attached a copy of final/interim approval from external organisation (where appropriate)
☐	I have attached a full risk assessment (and have NOT completed Section H of this form) (where appropriate) ONLY TICK IF YOU HAVE ATTACHED A FULL RISK ASSESSMENT
☒	I understand that it is my responsibility to ensure that the above named research activity will meet the University's Research Ethics and Integrity Code of Practice.
☒	I understand that before commencing data collection all documents aimed at respondents (including information sheets, consent forms, questionnaires, interview schedules etc.) must be confirmed by the DoS/Supervisor, module tutor or Head of School.
☒	I have deleted the guidance notes before submitting the PG2 for consideration

RESEARCH STUDENTS AND STAFF ONLY

All communications relating to this application during its processing must be in writing and emailed to pgresearch@uwtsd.ac.uk, with the title 'Ethical Approval' followed by your name.

You will be informed of the outcome of your claim by email; therefore it is important that you check your University and personal email accounts regularly.

STUDENTS ON UNDERGRADUATE OR TAUGHT MASTERS PROGRAMMES should submit this form (and receive the outcome) via systems explained to you by the supervisor/module leader.

This form is available electronically from the Academic Office web pages:

<http://www.uwtsd.ac.uk/academic-office/>

Application Process

All staff research projects and all research students must submit the Ethical Approval Form to the **University Ethics Committee** via the Academic Office (pgresearch@uwtsd.ac.uk). Staff research directly in relation to personal study for taught undergraduate or Masters programmes should be submitted via the Faculty procedures explained below.

Taught masters and taught undergraduate research Ethical Approval Forms are considered **within Faculties**. Faculties will provide details of the specific processes for this. Where the Ethical issues within any single ethical application are of particular concern the Faculty will refer these to the University Ethics Committee. Any student activity that involves the collection of primary data needs to undergo Ethical approval, this includes assignment work as well as dissertations.

Materials
Consent form



Academic Discipline of Psychology and
Counselling

SA1 Campus

Swansea

Interview Study Consent Form

I understand that this research is being carried out by a 3rd year Psychology student for their dissertation. This study will explore the relationship between green and brown spaces on a students' wellbeing using qualitative interviews.

I give my consent to participate in the interview that will take a maximum of 15 minutes.

I understand that I am participating in the interview on a voluntary basis and I am free to decline to answer any question, or to leave the interview at any time without giving a reason. I also understand that I can withdraw from the research at any time. However, once I leave the study, I will not be able to withdraw my data, as it will be anonymised.

I understand that all information provided is confidential and will be anonymised through the use of pseudonyms or numbers. Other names mentioned during the interview will also be anonymised. The interview data will be stored in accordance with the Data Protection Act.

I understand that the interview will be audio-recorded and transcribed by the researcher. Only the researcher will hear the audio recording of the interview in full.

I am aware that if I have concerns about the study I can discuss these concerns with the researcher at any time during or after the study, and that I will be provided with the contact details of the research supervisor at the end of the study, should I have any concerns.

I also understand that at the end of the study I will be provided with a debrief form and the opportunity to discuss any issues with the researchers

I, _____ agree to participate in the study conducted by *Lucie Isaac*. Academic Discipline of Psychology and Counselling, University of Wales, Trinity Saint David, Swansea, under the supervision of *Dr Judith Marshall*

Participant signature: _____

Date: _____

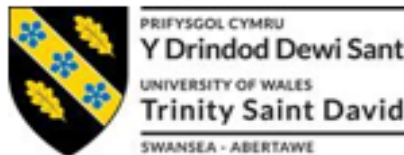
Name and Signature of researcher taking consent:

Demographic data

Age:

Gender:

Debrief sheet



Academic Discipline of Psychology and
Counselling

SA1 Campus

Swansea

Study Debrief Sheet

The relationship between green and brown spaces on a students' well-being.

Thank you for taking part in the study.

The aim of this study was *to explore* students' use of green and brown spaces to support a sense of well-being and their perceptions of how their university campus could include natural features with a view to supporting being.

If you wish to withdraw your data from the study, you must tell the researcher now. After this point, all of your data will be anonymised and we will not be able to trace it back to you.

If taking part in this study has raised any questions, please speak to the researcher Lucie Isaac on 1702765@student.UWTSD.ac.uk or contact the academic supervisor Dr Judith Marshall on judith.marshall@uwtsd.ac.uk.

Thank you once again for taking time to participate in this study.

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Lucie Isaac

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Example interview questions: draft

Hello my name is Lucie. Thank you for taking the time out of your day to be here today and for agreeing to take part in this interview. Before we start, I am aware you have already returned your consent and read the information sheet but I will begin by giving you a brief overview of what we are here to discuss today. Before that, can I please just check that you are happy for this interview to be recorded? And if you are, just to confirm that everything that is discussed by us today will only be listened to by me for the purposes of transcription and once this interview has been transcribed, the recording will be deleted.

Is that ok?

Can I begin recording?

So, the purpose of this interview today is to explore the relationship between green and brown spaces on a students' well-being. Any information that you provide today will be kept strictly confidential and the audio recording will only be listened to by myself. If you do wish to discuss anything that is not relevant to the specific questions being asked today please do not hesitate to ask me once I have turned the audio recorder off. Is that ok?

Great. Finally, I'd just like to let you know that your name will be replaced with a pseudonym when this interview is transcribed and any identifiable context will be removed. I'd also like to remind you that if you want to pause or stop the interview at any time because you feel uncomfortable please just let me know.

[Switch on tape recorder]

Do you have any questions before we begin? Great. I'd also like to reiterate that anything that you mention today that could be traced back to identify you will be replaced with some unidentifiable context - so for example if you mention a student's name, I will just replace those with different names when writing up this interview. Is that ok?

I'd like to ask you some questions about your perceptions of well-being and how the environment might affect a person's well-being. So, how would you describe 'well-being'?

1. What do you believe a person's surroundings are important to maintaining a positive well-being?
2. What particular factors do you think contribute to a positive well-being?
3. What types of places and spaces do you think support a sense of well-being?
4. Do you think enough thought is put into the built environment to support peoples' feelings of well-being?
5. Can you tell me which spaces and places you think are good? E.g. your favourite places?
6. What do you like about these particular places?
7. Can you tell me types of places/spaces which you think are not conducive to a persons' sense of well-being?
8. Do you think this applies to everyone?

9. In what ways do you think your campus is designed to support peoples' well-being?
10. Do you think it could be improved in any way?
11. Do you find spending time in green or brown spaces help your well-being during stressful times?
12. What type of spaces do you use?
13. If the campus environment included more green spaces, would this make a difference to how people feel spending time here?
14. How do you think the indoor environment could be improved? E.g. would you add or remove anything to improve your sense of well-being here?

Thank you so much for your time, here is the debrief form stating the aims of the study and contact emails for whether you have any questions or wish to withdraw from the study.