

Student name: Olha Vlasova

ID number: 2511883

Module code: LCHS4003

Lecture: Muhammad Aliyu

Residential Care Home Services

What is a Residential Care Home?

A residential care home is a place where people live when they cannot live safely on their own. These homes provide 24-hour care and support from trained staff. Residents receive help with daily activities such as washing, dressing, eating, and taking medication. The main aim of a residential care home is to provide a safe, comfortable, and supportive environment where people can maintain their dignity and quality of life. People who use this service are usually older adults, people with disabilities, or individuals with long-term health conditions. Some residents may also have conditions such as dementia, which require extra care and supervision.

Importance of Residential Care Homes

Residential care homes are very important because they provide safety, support, and care for vulnerable people. They help improve physical health by ensuring that residents receive proper care, nutrition, and medication. They also support mental and emotional wellbeing by providing social interaction and reducing loneliness. Care homes also support families, who may not be able to provide full-time care due to work or other responsibilities. Knowing that their family member is safe and cared for gives them peace of mind. Overall, residential care homes play a key role in improving quality of life and supporting the healthcare system.

How the Service Works Today?

Residential care homes provide daily support for residents. Staff help with personal care such as washing, dressing, and eating. They also provide meals, accommodation, and a safe environment. In some care homes, nurses support residents with health needs and medication. Each person has a care plan based on their needs. Homes also offer social activities to help residents stay active and reduce loneliness.

Who Uses This Service?

Residential care homes are used by older people, people with disabilities, and individuals with long-term illnesses who cannot live safely on their own. These services support people who need help with daily activities and require a safe and supportive environment. Some residents may stay long-term, while others stay for a short period after illness or recovery.

Brief History

In the past, most people were cared for by their families at home. However, as people began to live longer and families became smaller, it became harder to provide full-time care. As a result, residential care homes were developed to provide professional support. Today, they are part of the health and social care system and focus on safe and person-centred care.

Challenges of Residential Care Homes

Residential care homes face several challenges, including staff shortages and high costs. A lack of staff can reduce the quality of care, as workers may not have enough time to support each resident properly. This can also lead to stress and burnout for staff. The cost of care can be very high, which makes it difficult for some people and families to afford these services. In addition, some residents may feel a loss of independence or experience loneliness when they move into a care home. Adjusting to a new environment can be emotionally difficult for many people.

Pharmacy Services Essay

Pharmacy services are an important part of healthcare. They help people get medicine and health advice in the community (NHS, 2023). This essay will explain the history of pharmacy services, how they work today, and why they are important for people's quality of life.

In the past, pharmacy services were very simple. People used plants and natural ingredients to make medicine. These people were called apothecaries. At that time, there was not much scientific knowledge, so treatments were not always safe or effective. Over time, pharmacy became more professional with the help of science and medical research (World Health Organization, 2022). Today, pharmacists are trained professionals who understand medicines and how to use them safely.

In the UK, pharmacy services became more organised when the NHS was created in 1948. This made it easier for people to get medicine. Today, pharmacies are part of primary healthcare, and many people go to a pharmacy first when they have a health problem (Royal Pharmaceutical Society, 2023).

Today, pharmacy services offer many types of help. Pharmacists give prescription medicines from doctors. They also explain how to use medicine correctly and talk about side effects. Pharmacies can also help with small health problems like colds, coughs, and skin issues. Some pharmacies provide health checks and vaccinations (NHS, 2023).

One good thing about pharmacy services is that they are easy to access. Pharmacies are usually close to where people live and often open for long hours. People do not need an appointment, so they can get help quickly. Pharmacists are trained and can give

professional advice, which helps reduce pressure on doctors and hospitals (General Pharmaceutical Council, 2023).

However, there are also some problems. One problem is that pharmacists are often very busy. This means they may not have enough time to talk to every patient properly.

Another problem is that some people trust doctors more than pharmacists, so they may not use pharmacy services fully (Royal Pharmaceutical Society, 2023).

There can also be small risks, such as mistakes with medicine. These are rare, but they can be serious. This shows that pharmacy services must be careful and follow safety rules (World Health Organization, 2022).

Pharmacy services are very important for quality of life. They help people stay healthy by giving the right medicine and advice. This improves physical health and helps prevent serious problems. Pharmacists also help people understand their treatment, which makes them feel more confident and independent (NHS, 2023).

Pharmacies also help the healthcare system. They treat small problems quickly, so people do not always need to go to the doctor or hospital. This saves time and resources (World Health Organization, 2022).

In conclusion, pharmacy services have changed a lot over time. Today, they are an important and easy-to-access part of healthcare. Even though there are some challenges, pharmacy services play a key role in improving people's health and quality of life.

References

NHS (2023) Pharmacy services. Available at: <https://www.nhs.uk> (Accessed: 22 March 2026).

General Pharmaceutical Council (2023) Standards for pharmacy professionals. Available at: <https://www.pharmacyregulation.org> (Accessed: 22 March 2026).

Royal Pharmaceutical Society (2023) The role of pharmacists. Available at:

<https://www.rpharms.com> (Accessed: 22 March 2026).

World Health Organization (2022) The role of the pharmacist in healthcare. Geneva:

WHO.