

GROUP PRESENTATION

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Children, Young People and Families

Lecturer: Dr Muhammed Hossain

BMHP5004 BIRM



Source: Llamas, 2021.

Case Study Points:

- John, 15years old.
- Suffers from cerebral palsy and epilepsy.
- Died of SUDEP



INTRODUCTION

The Case Study Presentation will cover:

- Children, Young People and families' perception of well-being.
- Key domains of Children and Young People's Well-being.
- Policies and professional interventions in place to enhance the health and well-being of Children, Young People and Families.
- Multi-disciplinary or interdisciplinary services used to meet diverse needs of Children and Young People and/or Families' Well-being.

Children, Young People and Families' Perception of Well-being

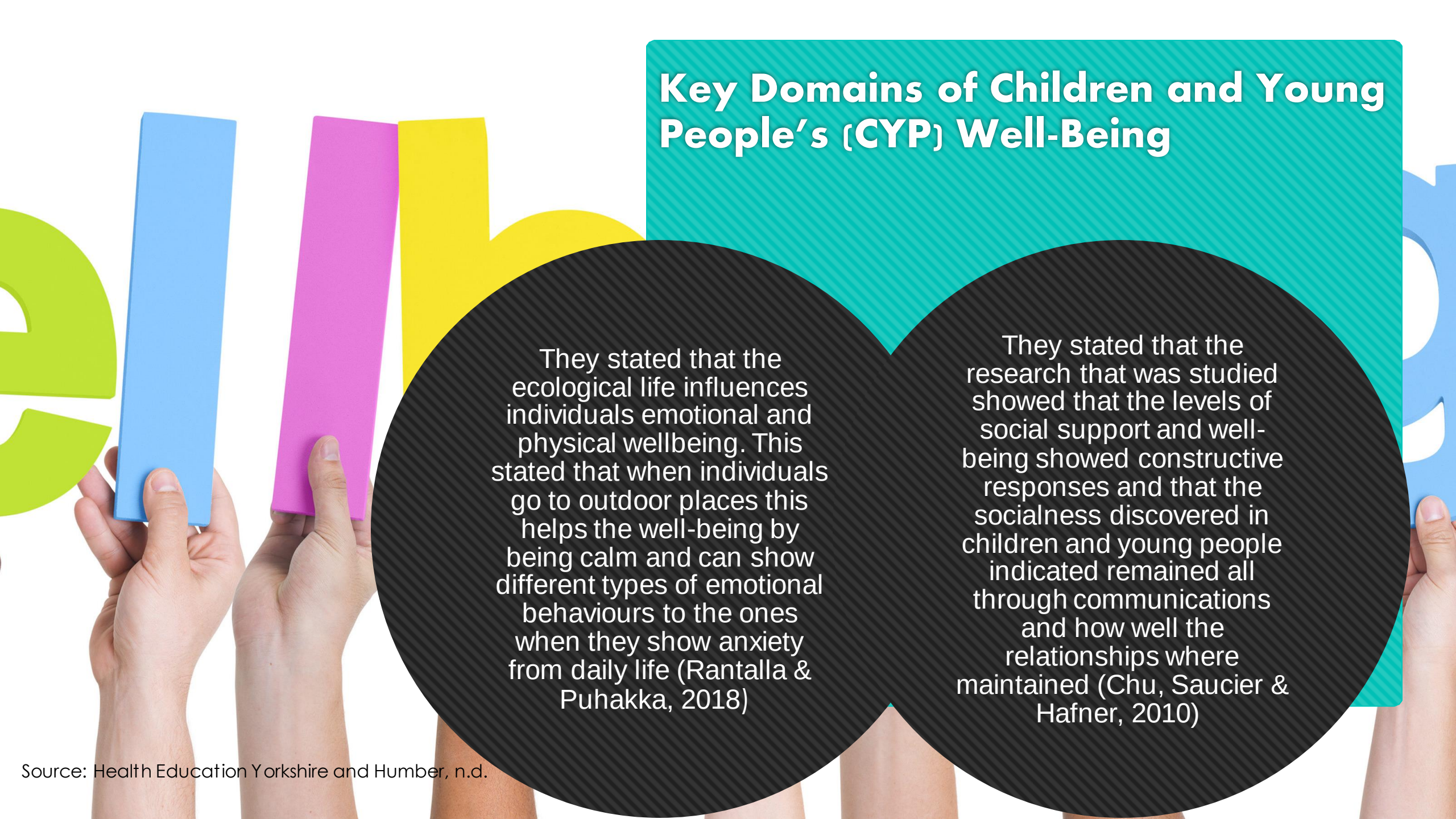
- Behaviours in children within different country's provide a basic education for all children including young adults and children. A child's well-being and behaviours aims to progress so children can reach their targets but by monitoring reports. This allows education for all (EFA) to help those in need and willing to make a change. The notion of children's rights allows them to grab the opportunity for this. (Arieh 2006).



Source: Lycett, 2020.

Children, Young People and Families' Perception of Well-being

- Basic needs for young children are low income for families which affects 3rd of each country which makes it a struggle for families who get low income. With researching its states that income does affect children and their mental as well as physical health with having to live with just basic needs when growing up like. This can be helped by following guidance from government (benefits) which can help address income vulnerability.



Key Domains of Children and Young People's (CYP) Well-Being

They stated that the ecological life influences individuals emotional and physical wellbeing. This stated that when individuals go to outdoor places this helps the well-being by being calm and can show different types of emotional behaviours to the ones when they show anxiety from daily life (Rantalla & Puhakka, 2018)

They stated that the research that was studied showed that the levels of social support and well-being showed constructive responses and that the socialness discovered in children and young people indicated remained all through communications and how well the relationships where maintained (Chu, Saucier & Hafner, 2010)



Key Domains of Children and Young People's (CYP) Well-being

- ❑ The study shows and establishes how the CYP family's, schooling, the environment including their health issues their wellbeing which can be very challenging to investigate. Research shows that the percentage of mental health can affect a child socially and can even cause damage to close relationships. (Vujicic, Zganec & Franc 2018)

Key Domains of Children and Young People's (CYP) Well-being

- With effects of stereotyped behaviours of children, it has shown to movements that it has been an increasingly complicated with a lot to do with the setting. It has also been suggested that with the level of supporting of evidence the results have been findings from an animal of which they studied on. A stereotype can manipulate and fixtures. (Hutt & Hutt 2014)



Source: Hathaway, 2021.

Legislations and Policies to enhance Children, Young People and Families' Wellbeing



Source: kindpng.com, n.d.

- Safeguarding Vulnerable Groups Act 2006
- The Children Act 1989 (amended 2004)
- Children and Young Persons Act 2008
- The Children and Families Act 2014
- The Equality Act 2010
- The Human Rights Act 1998
- Working Together to Safeguard Children 2018
- The United Nations convention on the Rights of the Child 1992
- Working Together to Safeguard Children 2018

“Understanding the key aspects and takeaways from the legislation is important” (Johnson, 2019).

National Health Service (NHS) - A team of healthcare professionals who specialise in the condition and create a care plan.

CAMHS – A team of professionals who support with emotional, behavioural and psychiatric issues.

National Children's Bureau (NCB) - supporting children the UK to be able to live a safe and happy life.

Stick and Step Charity – A charity for children and young people living with cerebral palsy to age 25, 'conductive education' (CE) provision support through weekly sessions.

The National Society for the Prevention of Cruelty to Children (NSPCC) - provide support to families and children, helping rebuild lives from abuse.

Professional Interventions in place for Children, Young People and Families' Health and Wellbeing

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Cerebral Palsy Organisation UK – provides specialist support, guidance, advice and impartial knowledge related to cerebral palsy.

SCOPE - Equality for disabled people.

Epilepsy Foundation – supports people with epilepsy and is committed to eradicating it altogether. Provides information on SUDEP – Sudden Unexpected Death in Epilepsy.

Epilepsy Society – a leading charity supporting research and sufferers of epilepsy.

Self-Care & Mental Health for Kids



Share your own feelings to encourage self-awareness.



Set aside time for low-stress or solo activities.



Find social groups that help them feel like they belong.



Focus on articulating feelings.

"I am angry."
"I am sad."

Recognize toxic stress events.

Encourage journaling and diaries.

Encourage your child to focus on the moment.

BlessingManifesting



Practice self-care for yourself to set the standard.



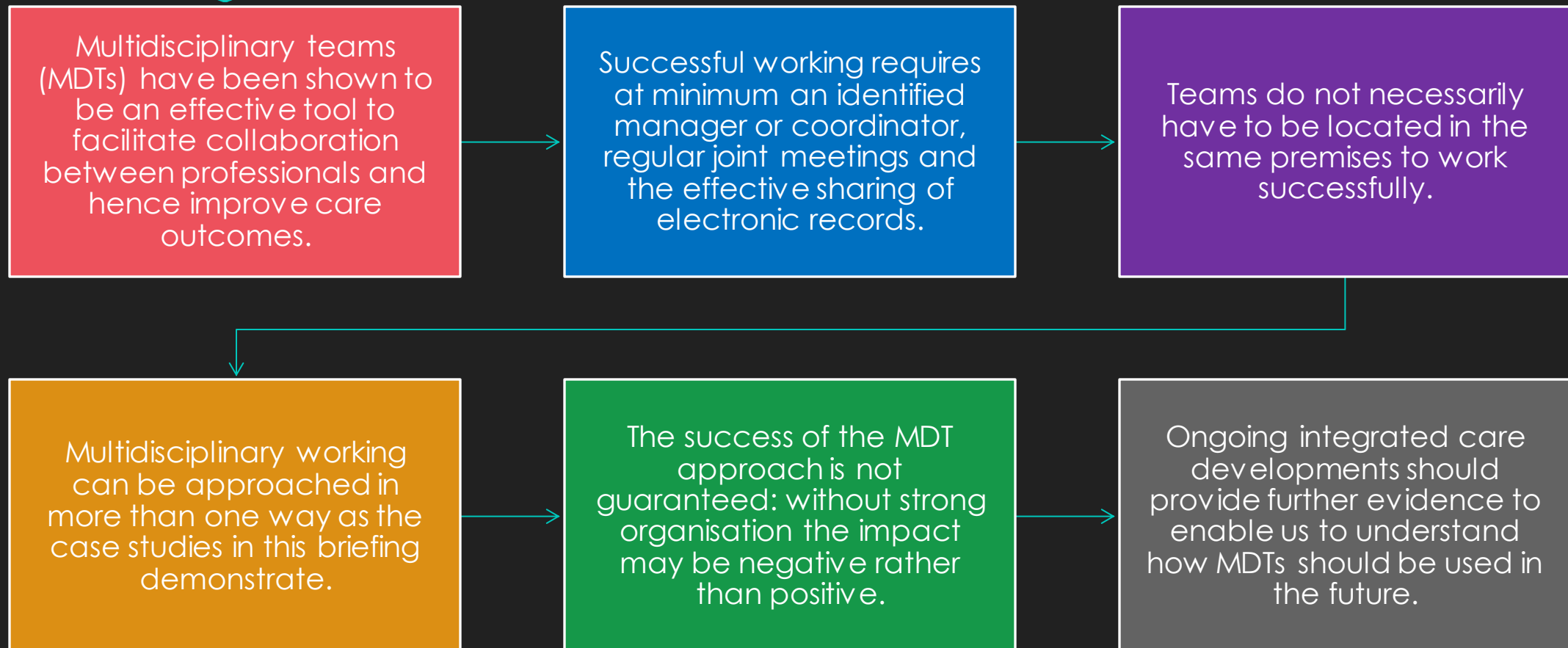
Establish a self-care routine.

Cultivate interests and hobbies.

Professional Interventions in place for Children, Young People and Families' Health and Wellbeing

- "Promoting children and young people's wellbeing is a key part of keeping them safe, helping them develop and ensuring they have positive outcomes into adulthood (Public Health England, 2021)" (NSPCC, 2021).

Multidisciplinary and interdisciplinary services for Children, Young People and Families' Wellbeing



Multidisciplinary and interdisciplinary services for Children, Young People and Families' Wellbeing

Integrated care requires professionals and practitioners from across different sectors to work together around the needs of people, their families and their communities. Not working together results in a poor experience of care, a waste of resources and in some cases, people suffering harm.

Teams which bring together the relevant professionals and practitioners are seen as an effective means to encourage better co-ordination of their work. Often these are labelled as 'MDTs' but are in fact often seeking to enable 'inter' or 'trans' working between different 'professionals' and 'practitioners'. MDTs are encouraged (and in some cases mandated) by policy-makers in relation to different populations and needs. Examples include:

Young people who have offended.

People with mental health issues.

Children and young people who are at risk of abuse or neglect.

Older people with multiple long-term conditions.

CONCLUSION

In conclusion, the case study led the presentation to highlight the policies, professional interventions, multi-disciplinary and interdisciplinary services available in the UK for Children, Young People and Families related to their health and wellbeing. The research examined the key domains related to their welfare, regarding their mental health, safeguarding, disabilities and living in poverty. The presentation highlighted the health care, multiple services available and the legislations that must be adhered to regarding Children, Young People and Families.

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