

Statement of Fitness for Work For social security or Statutory Sick Pay

Patient's name Mr, Mrs, Miss, Ms Parvez Chowdhury

I assessed your case on: 27 / 06 / 2025

and, because of the following condition(s): Rt hand pain/ tennis elbow

I advise you that: ☒ you are not fit for work.
☐ you may be fit for work taking account of the following advice:-

If available, and with your employer's agreement, you may benefit from:
☐ phased return to work ☐ amended duties
☐ altered hours ☐ workplace adaptations
Comments, including functional effects of your condition(s):

This will be the case for
or from 24 / 06 / 2025 to 24 / 07 / 2025

I will/will not need to assess your fitness for work again at the end of this period.
(Please delete as applicable)

Issuer's name BABU, Krishnaprasad (Mr)

Issuer's profession Physiotherapist

Date of statement 30 / 06 / 2025

Issuer's address Balaam Park Health Centre
113 Balaam Street, Plaistow
London, E13 8AF
Telephone: 020 84721238



Unique ID: Med 3 04/22 54CBDE59-58DC-477B-9F55-DA4D88938AE4

What your advice means

'You are not fit for work'

Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out.

'You may be fit for work'

You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are 'not fit for work'. You do not need to get another of these forms.

For more information please visit www.gov.uk and type 'fit note guidance for patients and employees' into the search field. Fit note guidance for employers is also available.

Data from page 1 of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at www.gov.uk/dwp/fit-note-data

Fill in the **Your details** section. You can ask someone to do this for you if you cannot fill in your details yourself.

Your details – Please use BLOCK CAPITALS

Surname Mr, Mrs, Miss, Ms CHOWDHURY
Other names PARVEZ
Address 160 BALAAM STREET
LONDON Postcode E13 8RD
Date of birth 30 / 08 / 1974 Mobile
NI number

What you need to do now

- **If you are employed:** Please show this form to your employer. You could get Statutory Sick Pay (SSP) which is paid by your employer. If your employer cannot pay you SSP they will give you form **SSP1** to claim benefits.
- **If you are self-employed:** You could claim benefits.
- **If you are already claiming benefits:** Please send this form to the office dealing with your claim.
- **If you need to make a claim to benefits:** Visit www.gov.uk/browse/benefits or phone 0800 328 5644 (8am to 6pm Monday to Friday). Textphone users call 0800 328 1344.