

Prifysgol Cymru
University of Wales
Henry David Lewis



CURRENT DEBATES IN COUNSELLING

Module Lead – Ruth Groff

Trawsnewid Addysg; Trawsnewid Bywyddau
Transforming Education; Transforming Lives

www.unwales.ac.uk

Schedule for Today

Welcome Back

- Introduction to Current Debates in Counselling, module aims, learning outcomes and assessment
- Scheme of Work – Overview
- Concerns & Questions

Ruth's Personal Tutorial Check – In

Prifysgol Cymru
University of Wales
Henry David Lewis

Trawsnewid Addysg; Trawsnewid Bywyddau
Transforming Education; Transforming Lives

Module Aims

To apply a critical enquiry to contemporary issues at the forefront of Counselling and Care

Prifysgol Cymru
University of Wales
Henry David Lewis

Trawsnewid Addysg; Trawsnewid Bywyddau
Transforming Education; Transforming Lives

Do they need to match?



Prifysgol Cymru
University of Wales
Henry David Lewis

Trawsnewid Addysg; Trawsnewid Bywyddau
Transforming Education; Transforming Lives

Module Learning Outcomes

Upon the successful completion of this module, the student should be able to demonstrate the ability to:

1. Apply a critical enquiry to contemporary issues at the forefront of the subject.
2. Critically evaluate current debates associated with the relationship between professionalism and ethics.
3. Critically articulate central theoretical arguments within the discourse of Care and Wellbeing.
4. Employ appropriate academic conventions in the production and presentation of work.

Prifysgol Cymru
University of Wales
Henry David Lewis

Trawsnewid Addysg; Trawsnewid Bywyddau
Transforming Education; Transforming Lives

Module Content

Professionalism and Ethics

- Contemporary ethical codes of practice
- Professionalism and trust
- Rationality, autonomy and ethics Principlism and its historic precedence The Ethics of Care
- Ethical dilemmas
- Global ethics
- NHS regarding 'poor care' e.g. Staffordshire inquiry



Prifysgol Cymru
University of Wales
Henry David Lewis

Trawsnewid Addysg; Trawsnewid Bywyddau
Transforming Education; Transforming Lives

Current Debates in Mental Health

- Global Mental Health Perspectives
- Mental Health Strategies – Wales, UK
- Children and Young Peoples Mental Health
- Older Persons Mental Health – Loneliness
- Environmental and Nature-based approaches to wellbeing
- Other current topics will be considered



Module Structure

Allocated Teaching	Hours	Percentage
Scheduled learning	40	20%
Independent learning	160	80%
TOTAL	200	100%

Assessment Questions

Brief Overview on Moodle

Readings

Not the only resources

Bond, T. (2015) Standards and ethics for counselling in action, 4th ed. London: Sage. The 'go to' book for Counselling ethics - but not updated to the new BACP framework.

Held, V., 2007. The ethics of care: personal, political, and global. Oxford: Oxford University

Lees, J., ed. (2016) The Future of Psychological Therapies. London: Routledge

Panza, C. and Potthast, A. (2010) Ethics for dummies. Indiana: Wiley Publishing.

Procter, G. (2014) Values and Ethics in Counselling and Psychotherapy. London: Sage.

Slote, M., 2007. The ethics of care and empathy. Abingdon: Routledge.

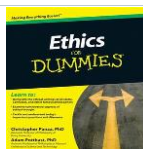
The Question of Ethics

What are Ethics? &

Why do we need Ethics?

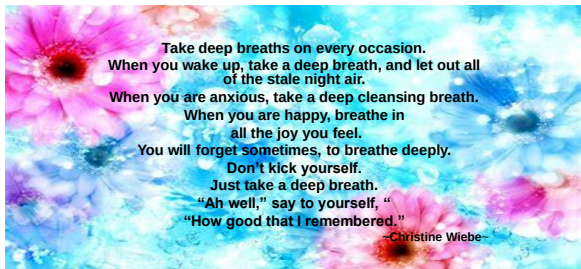
If our socks do not match is this an ethical dilemma?

What is an ethical dilemma?



Next Week

- Explore the BPS & BACP ethical frameworks
- Ethics in Research – Psychology, Counselling & Educations
- Explore ethical definitions
- Historical perspectives & understanding of ethics
- Current significance in Care and Wellbeing



Take deep breaths on every occasion.
When you wake up, take a deep breath, and let out all
of the stale night air.
When you are anxious, take a deep cleansing breath.
When you are happy, breathe in
all the joy you feel.
You will forget sometimes, to breathe deeply.
Don't kick yourself.
Just take a deep breath.
"Ah well," say to yourself, "
"How good that I remembered."
-Christine Wiebe-

 Prifysgol Cymru
University of Wales
Llanelli, Carmarthen

*Trawsnewid Addysg; Trawsnewid Bwyddau
Transforming Education; Transforming Lives*