

Social worker

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What/who is a social worker

A social worker is someone who help people to find answers to their difficulties, this could include assisting in the protection of a vulnerable person from violence or abuse they also assist people to live independently. They also work with families and assist in family planning. It's vitally important for social workers to build a professional relationship with their clients as it is a crucial element of their job this will help the social worker and the client to work together more efficiently and make improvements.

The roles of a social worker

- ❖ *Homelessness officer*
- ❖ *Daycare social worker*
- ❖ *Education welfare officer*
- ❖ *Healthcare social worker*
- ❖ *Mental health social worker*

These are some of the services rendered by the social services to help individuals and families

The benefits of being a social worker

- ❖ Social workers assist people in overcoming a variety of challenges they may come across such as poverty, disease, unemployment, addiction, divorce, prejudice and abuse. Helping clients to solve these problems gives social workers time to reflect on their job and feel satisfied because of the positive impact they have had on an individual or family.
- ❖ Social workers will always be in high demand due to the fact that it's a long lasting job and there will always be people in the community that will be in need of their resources and services .

- ❖ You will learn a variety of transferable skills which could help in other career paths such as being resilient, patience when dealing with people, using your initiative, problem solving, working in a team.
- ❖ It's a diverse career as there are different environments you can work in for example the hospital, mental health facilities, rehabs , jails and many more . There are people from different backgrounds countries ethnicity and religions it's very inclusive.
- ❖ Being a social worker allows you to make a difference in people lives which is one of the most rewarding aspects of this job because they come in contact with vulnerable people on a daily.

The disadvantages of being a social worker

- ❖ It's hard not to maintain a personal relationship with clients because their situation maybe very sensitive that your personal opinions or feelings could cloud your judgment. It could interfere with the way you should assist your client
- ❖ You can't help people who don't want to be helped in the sense that not every client that comes your way will accept your services or help
- ❖ Being a social may often mean you will walk into unknown situations meaning you won't have the full story of what an individual's situation maybe or a client may not be sincere in telling you their situation

- ❖ Some people can't deal with the high level of responsibility the job comes with and the long hours that you need to sacrifice
- ❖ Going into this field of work you need to accept that you can't help everybody , some people just can't be helped

Why I choose this career path and what inspires me

My Aunty who is a social worker has inspired me so much. She works really hard even though it's not an easy job but most of the cases she works on can be very traumatic and hard to deal with but it's not all bad , there are some joys to the job like putting a smile on peoples faces and seeing the progression from clients . This has inspired me so much because it can allow me to acquire new skills and learn new things that could be applied in our day to day lives.

References

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