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- ▶ BSC HEALTH AND SOCIAL CARE
- ▶ CHILDREN, YOUNG PEOPLE AND FAMILIES
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INTRODUCTION:

- ▶ A CASE STUDY ON MENTAL HEALTH
- ▶ MENTAL HEALTH ILLNESS & ITS IMPLICATION
- ▶ THE AIM OF THIS PRESENTATION IS TO CRITICALLY ANALYSE A CASE STUDY OF A FAMILY FACING:
- ▶ CHALLENGES OF A MOTHER FACING PSYCHOLOGICAL HEALTH.
- ▶ WANTING BEHAVIOUR OF ONE OF THE BOYS AND
- ▶ HOUSING REPAIRS

THE IMPLICATIONS OF THE SITUATION

- ▶ THE SITUATION HAS IMMENSE IMPLICATION TO VARIOUS GROUPS INCLUDING:
- ▶ SCHOOL
- ▶ SOCIAL SERVICES: A kid who is in need does not receive social service involvement or a good quality of life, according to the Children Act 1989
- ▶ FAMILY
- ▶ Human Rights Act 1998

IMPACT OF THE SITUATION TO CHILDREN WELLBEING & HEALTH

- ▶ THIS CASE STUDY IN QUESTION PRESENTS MULTIPLE RISK FACTORS TO CHILDREN INCLUDING:
 - ▶ EXPOSURE TO HARM
 - ▶ GOOD HEALTH
 - ▶ SAFETY
 - ▶ RISKY ABUSE
 - ▶ NEGLECT

RELEVANT INTERVENTION AGENCIES, POLICIES & TEAMS

- ▶ HEALTH & SOCIAL CARE AGENCIES FORMS THE PROCESS OF INTERVENTION.
- ▶ THEY INCLUDE;
- ▶ SOCIAL SERVICE DEPARTMENT
- ▶ ADULT CARE SERVICES
- ▶ CHILDREN ACT 1989
- ▶ YOUTH OFFENDING PARENTING DIVISION
- ▶ THE WORD "SOCIAL SERVICES" IS USED TO REFER TO A BROAD RANGE OF PROGRAMS THAT SUPPORT FAMILIES, GUARD VULNERABLE CHILDREN, ASSIST THE ELDERLY AND PROTECT THE WEAK.
- ▶ THE SAFETY, HEALTH & BEHAVIOUR OF THE CHILDREN ARE AT RISK AND THUS REQUIRES PROTECTION OF THE CHILDREN ACT OF 1989

VIABLE OPTIONS TO ASSIST THE FAMILY & INDIVIDUALS

- ▶ SOME OF THE VIABLE OPTIONS TO ASSIST THE MOTHER INCLUDE;
- ▶ MEDICATION
- ▶ PSYCHODYNAMIC THERAPY OR PSYCHOTHERAPY
- ▶ ADJUNCTIVE THERAPIES
- ▶ OPTIONS FOR HELPING THE CHILDREN
- ▶ INVOLVING YOUTH OFFENDING TEAMS
- ▶ THE YOUTH OFFENDING TEAM WILL HELP IN ASSISTING THE CHILDREN FROM STAYING AWAY FROM TROUBLE AND THEIR BEHAVIOURS.

THEORY

- ▶ PSYCHODYNAMIC THEORY (VINNEY,2019)
- ▶ ALSO KNOWN AS PSYCHOANALYTIC THERAPY, HELPS CLIENTS UNDERSTAND THEIR EMOTIONS AND UNCONSCIOUSLY RECURRING BEHAVIOURAL PATTERNS(VINNEY,2019).
- ▶ MASLOW HIERARCHY (1943)
- ▶ BRONFENBRENNER(1977).
- ▶ MENTALLY CHALLENGED PEOPLE LEARN MORE ABOUT THEMSELVES AND LEARN HOW TO MAKE BETTER DECISIONS FOR THEMSELVES BY DISCUSSING THESE FEELINGS & BEHAVIOURS WITH A SOCIAL WORK

RECOMMENDATIONS TO THE ADULT

- ▶ THE TWO ADULT DAUGHTERS SHOULD;
- ▶ OFFER MEANINGFUL SUPPORT TO THEIR MENTALLY CHALLENGED MOTHER
- ▶ ASSIST THEIR MOTHER IN SEEKING HELP RATHER THAN LIVING INDEPENDENTLY
- ▶ DEMONSTRATE UNCONDITIONAL LOVE TO THEIR FAMILY BY CHECKING ON THEM FREQUENTLY
- ▶ REASSURE THE FAMILY THAT THEY ARE NOT ALONE.
- ▶ AND OFFERING HOPE TO THEM

RECOMMENDATION TO CHILDREN

- ▶ FIND A SAFE PLACE TO TALK TO THEM
- ▶ GET SUPPORT FROM ADULTS OF GOOD WILL FROM THEIR EXTENDED FAMILY
- ▶ AND TRY TO CHANGE BEHAVIOUR BY AVOIDING TROUBLE REGULARLY

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