

Learning in the Digital Era

ADPA4001

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Professional Development Plan

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Presentation Recording

<https://youtu.be/g2S8-1QypZU?si=g3AOROfqKWhy9Gh>

Presentation

https://www.canva.com/design/DAGL-MNE7SI/cHQkuBVc4KLjD-OJlbHhBQ/edit?utm_content=DAGL-MNE7SI&utm_campaign=designshare&utm_medium=link2&utm_source=sharebutton

Professional Development Plan

Main Goal	Small Goal	Completion date	What do I want to achieve	Obstacles	How can I better my chances	Support available	Ultimate completion date
Graduate University with a 1st	Improve flexibility	23/09/24	Splits (both sides and box)	Consistency, injury	Be consistent ,	Classes and online content ^^	June/July 2026
	Improve strength	Jan 2025	Be able to do 5 pushups in a row, pistol squat	^^ Insufficient diet	^^ consume nutrient dense foods	^^	
	Improve freestyle	Jan 2025	To regularly practice freestyle in multiple styles	Embarrassment, discomfort	Consistency		
	Improve attendance	Ongoing	Miss as few classes as possible	Illness, stress, shutdown	Practice better self-care	Student services, friends, and family	
Become a professional dancer and gain work	Improve performance	June 2025	Improve my facial expressions when performing	Embarrassment, lack of understanding	Practice during classes, not just performances	Online content, teachers, peers	Summer 2026
	Get an agent	December 2025	Successfully audition for agencies	Lack of ability and exposure	Practice audition technique, go to open auditions for practice	Online content, teachers,	
	Attend more open classes	December 2024	Attend at least 3 classes a week	Money, injury, and illness	Get a job, injury prevention	Family	

SWOT Analysis

Strengths – passionate, adaptable, professional approach, versatile, hardworking, well-rounded.

Weaknesses- prone to burnout due to mental health, unfit and weak, poor freestyle, lack of facial expression during performance.

Opportunities- would benefit from a mentor in the industry, attending more open classes to expand experience in variety of genres and to network, learning more advanced skills useful in the industry (jazz dance in heels, pointe work for ballet), learning a foreign language for potential work abroad.

Threats- a sometimes inhospitable learning environment, tendency for health issues both physical and mental, potential difficulty in getting a job to pay for classes, self-doubt.

Career Aspirations

My dream job is to be a backup dancer for a touring artist so that I can perform and travel at the same time, but other than that I still feel I'm in a place where my priority is to explore what avenues I'm interested in, keep an open mind and just try as many things as I can. This is why most of my goals are about generally improving as a dancer, and not about any one specific career goal.

Some individuals who are doing/have done things I would love to be involved in include:

- Aliya Janell, who has performed on tour for a variety of artists including Tank (2021), and most recently Beyonce (Maverick, 2023) on her Renaissance tour. Aliya Janell is one of the first heels/commercial choreographers that I ever saw content of, and remains one of my favourites to this day.
- 'Gabee Gal', a commercial dancer from South Korea who I have long been following, she has starred in some of my favourite kpop music videos including Chungha's Stay tonight (Stone Music Entertainment, 2020) and Play (CHUNG HA_official, 2020) as well as taking part of live performances of said songs. She also makes content of behind-the-scenes footage from shoots, which I find to be an interesting prospect too (Diva Gabee Girl, 2020).
- Anja Scott, who I attended the same dance school as, recently danced in the new Doctor who series (2024). Dancing in tv and film is not an option I had considered and seeing her content from the process very much interested me.

Bibliography

Aliya Janell (2021) THE LAST 4 YEARS OF MY CAREER IN A MINUTE & 30. Available at: https://youtu.be/S3DX5N_VSFk?si=80WFYxmoO0AAnwVR (Accessed 24/07/24)

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Stone Music Entertainment (2020) 청하 (CHUNG HA) - Stay Tonight MV. Available at:
<https://youtu.be/YPFlh0dfYfw?si=gxXEQYlKKC26F6A&t=55> (Accessed 24/07/24)