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Essential Skills

Digi Focus-Using AI Effectively and Responsibly in Your Studies

Trawsnewid Addysg; Trawsnewid Bywydau
Transforming Education; Transforming Lives



www.uwtsd.ac.uk

Lesson Aims

In this session you will:

- Explore and understand UWTSD AI guidance
- Consider how AI applies to your assessments
- Identify positive and negative uses of AI for responsible study

Discussion Points

Before we begin...

In pairs, discuss:

- What comes to mind when you think about using AI in your assessments?
- What do you think is allowed?
- What do you think might be risky or not allowed?



Why AI matters at university

Why are we talking about AI?

- AI tools are widely available and easy to access
- AI can support learning if used appropriately
- Misuse of AI can lead to academic misconduct
- Understanding expectations protects you



What AI is (and isn't)

Understanding AI in simple terms

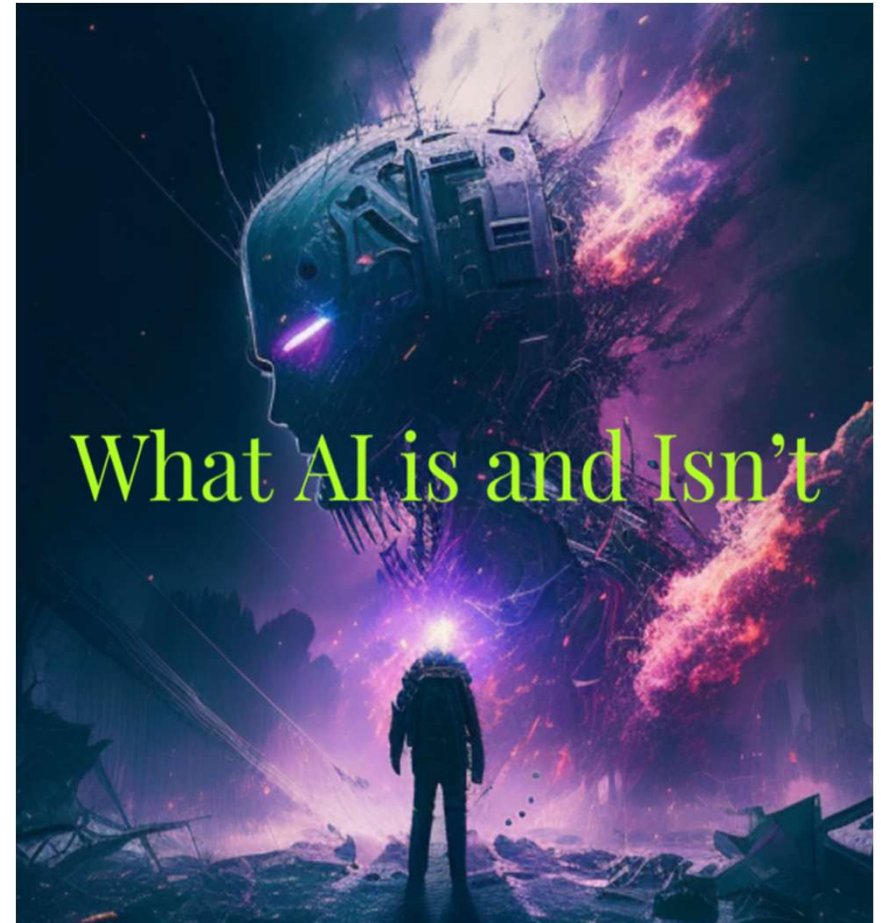
What AI *is*

- Artificial Intelligence (AI) refers to computer systems that can **generate text, images, or answers** based on patterns in existing data
- AI tools can help **summarise information, explain concepts, or suggest ideas**

What AI *isn't*

- AI does **not** understand your assessment or marking criteria
- AI does **not** think, reason, or have opinions.
- AI can make mistakes, invent information, or sound confident but be wrong

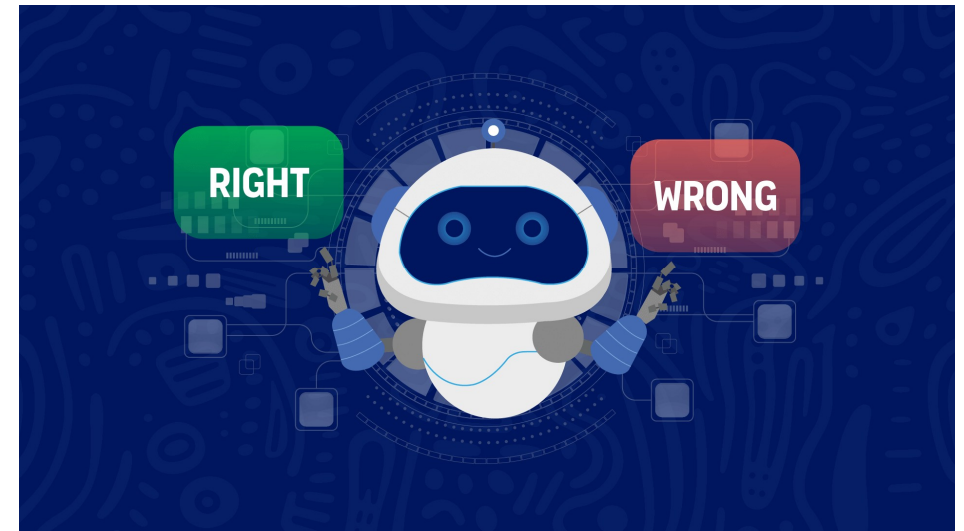
NB: AI is a **tool**, not a replacement for your thinking



UWTSD AI guidance (overview)

University expectations on AI use

- AI use must follow **UWTSD academic regulations**
- You are responsible for the work you submit
- AI-generated content must not replace your own work
- Misuse may be treated as academic misconduct

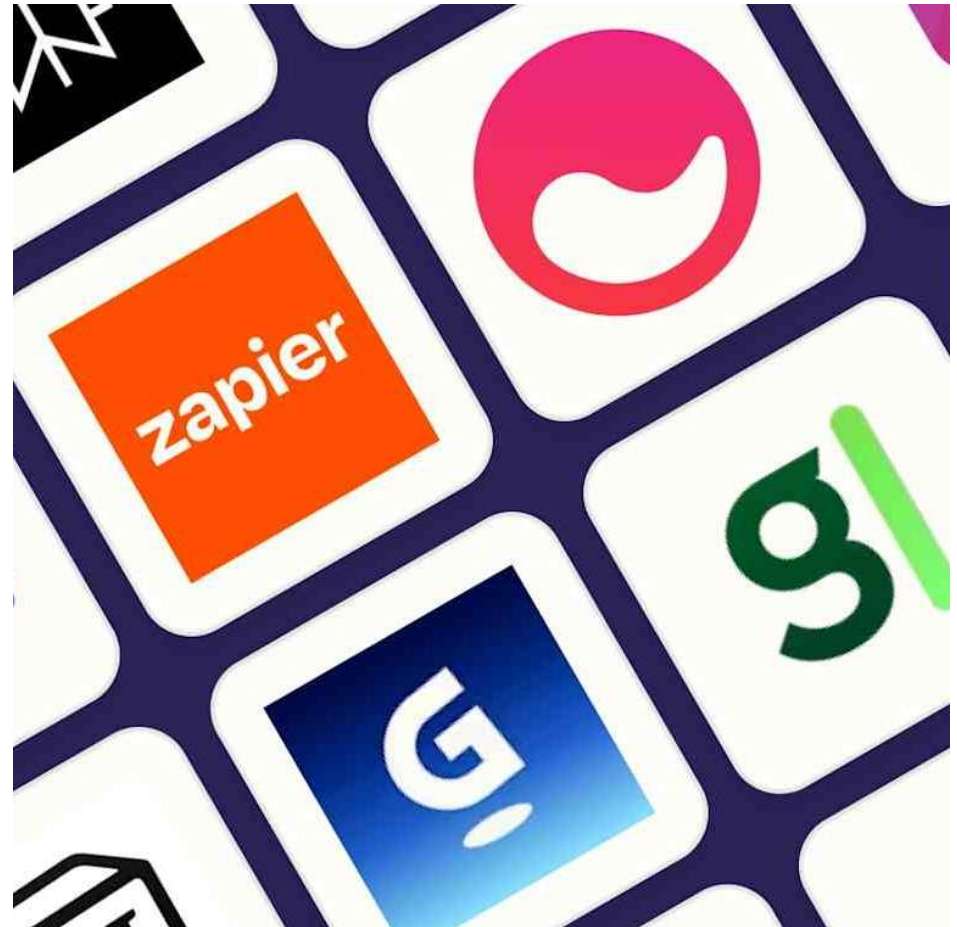


Current AI tools and uses

In pairs, discuss:

- Which AI tools do you currently use and why ?
- What do you mainly use them for?

Share your responses on Padlet.



Activity 1: Guidance review

In pairs or small groups:

Watch / read the **UWTSD General / Allowable Use AI Guidance** provided

Discuss together:

- What is allowed?
- What is not allowed?
- What surprised you?



Activity 2: Explaining the UWTSD Allowable Use AI Guidance

Group task

- Prepare a **2–3 minute explanation** for your peers:
- How would you explain the **Allowable Use AI Guidance to a friend?**
- What should students be careful about?



Positive uses of AI (safe examples)

Copilot task:

Use Copilot to explore the UWTSD Allowable Use AI Guidance and generate examples to support your discussion.

In groups, identify:

- ways AI can be used appropriately
- examples you have seen or used



Negative uses of AI (pitfalls)

Copilot task:

Use Copilot to identify examples of risky or not allowed uses of AI based on the UWTSD Allowable Use AI Guidance.

In groups, identify:

- uses that could cause problems
- uses that may breach the guidance

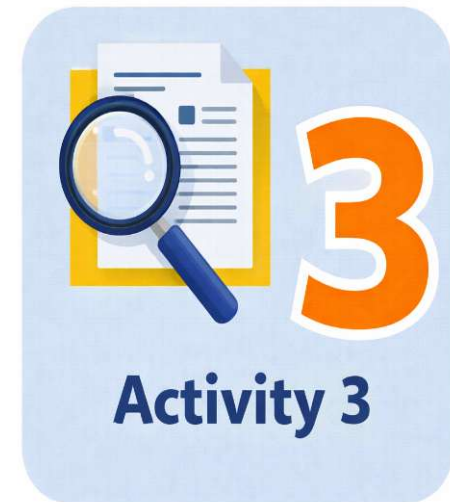


Activity 3: Identifying AI-generated writing

You will be given **two short paragraphs**:
(Paragraph A and Paragraph B)

One paragraph was written by a student, and one was generated using AI. In pairs or small groups, read both paragraphs carefully.

- Which paragraph do you think was generated using AI?
- What features or clues influenced your decision?
- What risks might there be in submitting AI-generated writing?



Applying AI guidance to your assignment

How does this apply to your work?

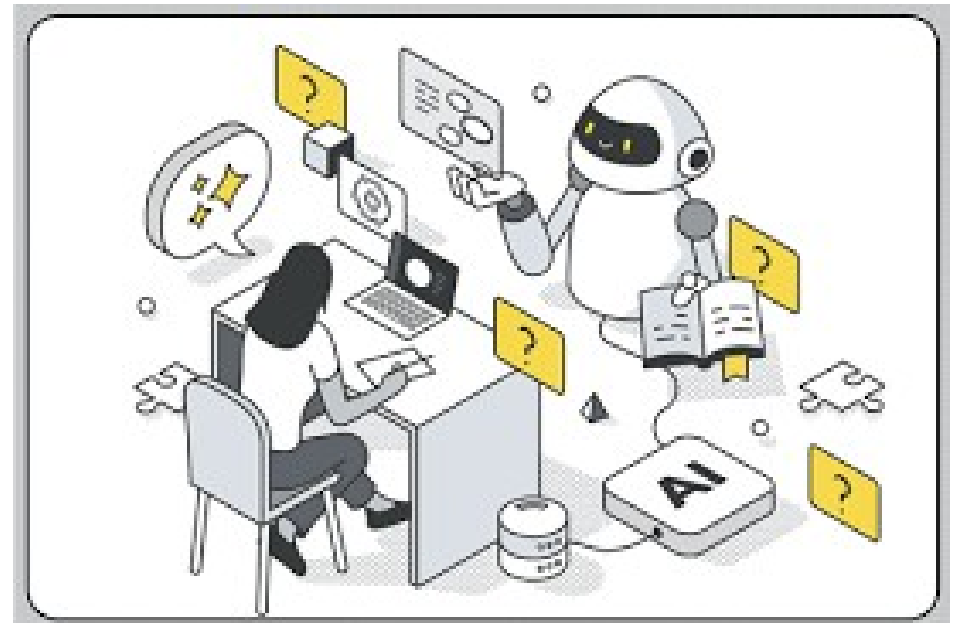
- AI should not write your assignment for you
- You must understand and check anything AI helps with
- Your ideas, structure, and argument must be your own



Using AI to support your studies

In pairs or small groups, discuss how AI can be used for:

- Note-taking and summarising your own notes
- Time management and study planning
- Understanding difficult concepts
- Supporting research (e.g. explaining key terms or theories)



Activity 4: Is this acceptable AI use?

In groups, discuss each scenario and decide:

- Is this acceptable, risky, or not allowed?
- Why?

Scenario 1 – Language Polishing

A student writes their essay themselves and uses AI to correct grammar and improve clarity.

Debate prompt:

Is this different from using academic writing support?

Scenario 2 – Practice Questions

A student uses AI to create example exam questions to practise before a test.

Debate prompt:

Is this a valid revision strategy?

Activity 4: Is this acceptable AI use?

In groups, discuss each scenario and decide:

- Is this acceptable, risky, or not allowed?
- Why?

Scenario 3 – Paraphrasing Tool Overuse

A student writes their assignment, then uses AI to rewrite every sentence to sound more academic.

Debate prompt:

Is this still the student's own voice?

Scenario 4 – Submitting AI Writing

A student submits AI-generated writing as their own work.

Debate prompt:

Is minimal editing enough to claim authorship?

Remember

- You are responsible for your work
- AI is a tool, not a shortcut
- Understanding university guidance protects you
- When unsure, ask for advice



UWTSD AI Guidance



Follow Academic Rules

AI use must comply with UWTSD regulations.



Your Work, Your Responsibility

You are accountable for all your submissions.



Don't Replace Your Work

AI must not do the work for you.



Misuse = Misconduct

Improper use may lead to penalties.

Any Questions?

