

STUDENT NAME: **Tayba Habib**

STUDENT ID: **2026249**

MODULE: **Changemakers: creativity and Value creation**

MODULE CODE: **BMHP5014_BIRM**

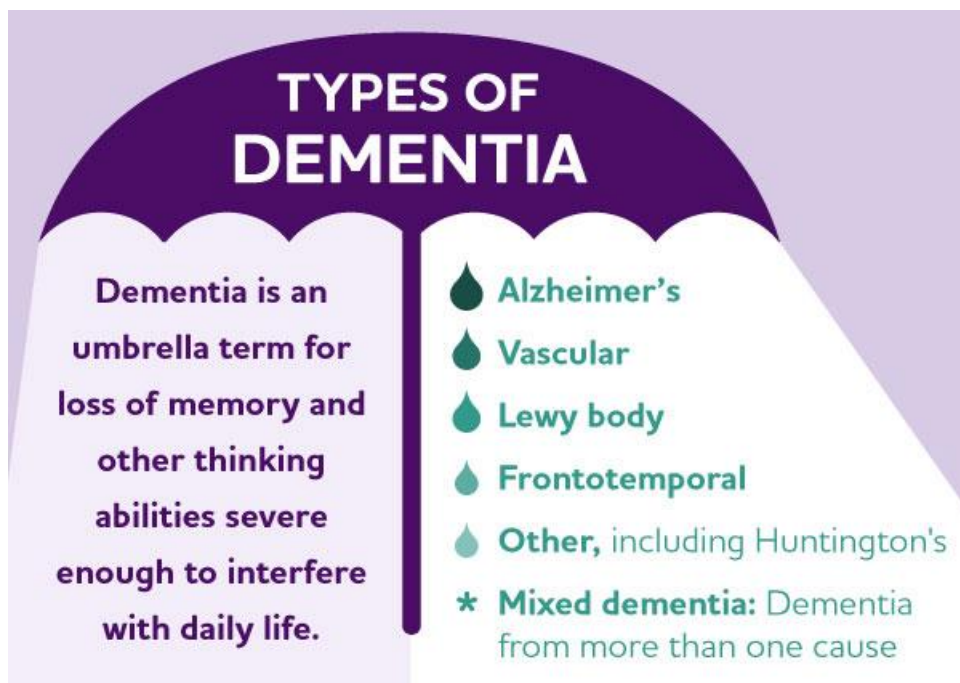
PROGRAMME: **BSc Health and Social Care**

LECTURER: **Robert Nartowski**

ASSESSMENT TITLE: **E-portfolio evidence of learning comprising of 2 separate artefact items**

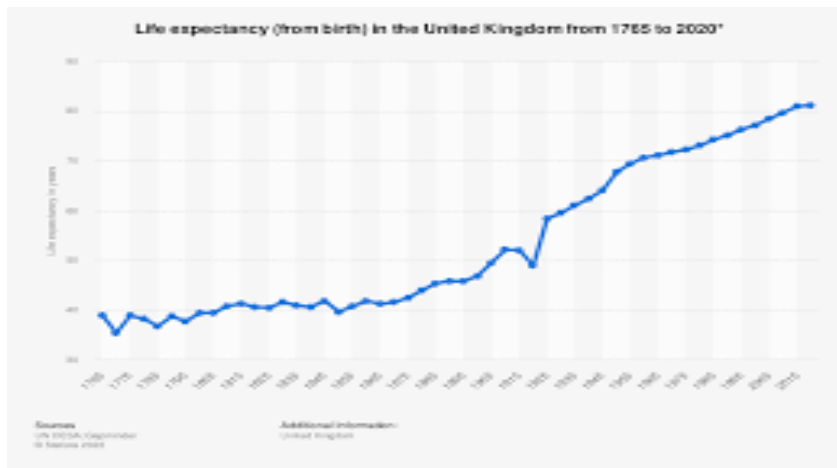
ARTEFACT TASK 2: BLOG ON DEMENTIA IN OLD PEOPLE

Dementia is a disease which results in individuals to have a deteriorated ability to remember things and this acts as an obstacle in people's lives. Dementia mainly impacts older people, leading to them having complex needs. There are also different types of dementia, which many people don't know about.



(Alzheimer's Association, 2016) This diagram summarises the different types of dementia, for more information on dementia go visit <https://www.alz.org/alzheimers-dementia/what-is-dementia>.

Dementia is not only becoming an issue on an individual scale however, on an organisational scale with large organisations such as hospitals now finding it difficult to cater for people suffering with dementia.



(O'Neill, 2020). This graph shows the average life expectancy from 1755 to 2020; it is clearly visible that there is a steady increase in the life expectancy of individuals in the UK on average. The average life expectancy in 1765 was 38.88; this has heightened to 81.15, which is a much longer time to live than in 1765. The graph highlights that the average life expectancy will increase for UK citizens; therefore, there may also be a rise in dementia cases due to people living longer. They may develop brain defects leading to impaired memory and thinking, and they will need to be administered into hospitals and also receive other services.



For more statistics on dementia, make sure to visit <https://www.dementiastatistics.org/statistics-about-dementia/health-and-social-care/>. With the rate of dementia cases displaying continuity in increase, we can expect that the amount spent on dementia will also increase by an astronomical amount (Alzheimer's Research UK, 2013). As we are currently in a recession, facing a global economic crisis, it will become increasingly difficult for government funding for everybody across the UK; this means that dementia patients may not receive a high standard of care in hospitals or care homes. This can be due to economic problems, but also shortages of spaces available in care homes and hospitals, leading to individuals with dementia being cared for by family members or friends who are not professionals. This can be extremely dangerous as old people with dementia require caution when being cared for as they are prone to harming themselves.

We need to take a stand against oppression on vulnerable people, so I am hoping that people will read these statistics and come to a realisation of the severity of the situation at hand. I also wish for many people to come together as a society to tackle societal issues together, because if we come together as a unit, it will enable us to work more efficiently and give a greater quality of service for those facing disadvantages in life.

I have taken it upon myself to make sure I donate to charities involved: in dementia research, care for dementia patients and also the NHS in order to ensure that these vulnerable dementia patients are receiving the care that they require. I hope that those reading this blog realise the danger when dealing with dementia patients and also the possible dangers in the future. This blog is to encourage others to take part in the fight against dementia, as dementia is also preventable however many people are not made aware of this, by raising awareness and money, the quality of life for millions of individuals across the UK can be significantly impacted in a positive manner. I am asking those reading this blog to take part with me and many others partaking in fundraisers and raising awareness campaigns. I and many others will be taking part in a bake sale this Saturday, feel free to join and enjoy some delicious treats, beverages, music and much more, for more inquiries email me: 2026249@uwtsd.ac.uk.

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Alzheimer's Association (2016). *What Is Dementia?* [online] Alzheimer's Disease and Dementia. Available at: <https://www.alz.org/alzheimers-dementia/what-is-dementia>.

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REASON FOR CHOOSING THIS TASK:

The reason for choosing my campaign is because, there is a current and developing issue and it is very much related to health, there are also current and developing problem when dealing with dementia. The current problem being that many cases of dementia are preventable, yet we still have many individuals suffering from dementia. There is therefore a need to make investments into research against dementia and ways to prevent it, as this will help not only to prevent a poorer quality of life for millions but will also help to save governments and hospitals billions of pounds, this many can then in turn be utilised to help support other campaigns to aid more people, for example more money will be available for extensions on hospitals and building new hospitals across the country. More money will also be available for funding schools, universities and many public

services, this is extremely important as the youth is the future and these individuals will be the ones to shape our country, it is therefore imperative that they receive the correct guidance and resources to help them on their journey towards adulthood and a working life. By raising awareness through a blog more people will be intrigued in the problems that are caused by dementia and then may be more obliged to donate, this will be extremely useful not only for dementia but for many other social issues, by raising money for dementia it will then have a domino effect on all the other social issues individuals across the UK are troubled by. In the midst of war and a global pandemic, economic stability is not certain, we are now currently undergoing a global recession with inflation rates being the worst that they have been in over 40 years (Moon, 2022). The government is also beginning to tax more, with warnings that there could be hours of electricity blackouts in the winter depending on how cold it is, in the unprecedented calamitous times it is imperative for us to come together as a unit to aid our vulnerable citizens, it is our responsibility to take care of them, individuals may suffer from things like hypothermia due to freezing temperatures and not being able to afford heating, these facts continue to highlight why my blog is needed, with these current crisis's being faced by the UK population we need to find cost effective ways to deal with these issues through research and also providing charity to care homes and hospitals for our elderly dementia patients to receive a great quality of care and to help them survive this winter.

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ARTEFACT TASK 3: Elevator Pitch on Dementia

At the later stages in life when individuals are already vulnerable and fragile, some are faced with further adversity where they can no longer remember things or people. This is due to a disease known as dementia, where elderly people have language difficulties, impaired memory, struggle with problem solving and a weakened ability for many other thinking abilities. It is very difficult for them to cope with life on a daily basis, it is a hassle for dementia victims to do things such as: grocery shopping, transporting from one place to another and communication with others, also these things are relatively easy for most people it is extremely difficult for dementia patients to do, yet so essential and necessary for the modern-day individual and also one's innate human needs. Social interaction is important for the mental well-being of individuals as humans are naturally social beings, dementia patients may have a lack of social interaction as well as many other things which can be detrimental to their mental health alongside their deteriorated physical health. These insights highlight that people with dementia have complex needs and so therefore need special care subjected to them. This sometimes may be difficult to provide and also can cost the government and services a substantial amount of money, leading to some dementia patients and other people in need of services unattended to. What makes it even more difficult for individuals suffering with dementia is that they may also have another underlying health condition, did you know that 72% of people living with dementia have another health condition or disability. It is also estimates that the number of people with dementia in the UK will quadruple by the year 2040 (Alzheimer's Research UK, 2013). With statistics like these there is a need for general concern for not only dementia patients but also how the government, social services and many families across the UK will be able to cope and whether or not people with dementia will be cared for. In the midst of a global pandemic and economic turmoil it is also currently a calamitous period for many families and dementia patients. I have therefore taken an active role in the fight against dementia, I believe that it is imperative that we come together collectively to take a stance against dementia. Many dementia cases are preventable, it is important for us to help fund things such as: research, charities, hospitals and services to dementia patients. Research can aid in ameliorating our understanding of dementia, which may also help in finding ways to treat it. By giving money to charities, hospitals and services this will then provide better care for dementia patients, the money can be used on things like equipment and also alleviate some financial issues that families with dementia members may have. I am also taking part in a bake sale this weekend and I wish to see familiar faces at the event, there will be delicious treats as well as beverages and much more for friends and families. I hope that you have realised the importance of togetherness against tough challenges like this and also realised the severity of the current and future issue at hand. Thank you for listening attentively, I will now accept any questions or queries you may have.

REASONING FOR THIS TASK:

I chose this issue to talk about as I feel that this is not talked about enough within society, due to awareness not being raised and people not knowing the severity of the situation. This has led to many people unknowingly being ignorant towards the issues that the elderly face, this negative ignorance needs to be stripped from society as it has devastating consequences, for example families may lose their loved ones due to their family members not being looked after correctly. Some services also may be cherry picking who they are treating and this is dangerous as it leaves a surplus amount of people untreated. Social work should be based off of who needs help and not what target population is in need of help. I also feel that by doing this pitch it can inspire others to tackle situations where they see gaps in social services, by tackling more issues there will hopefully be fewer issues within society and this can then allow society as a whole to move forward. This is why I chose this topic as I believe it can have a snowball effect on social issues, for example sexual assault against women is common yet not talked about due to the stigma surrounding it. So, by raising awareness for one subject, a cycle will then follow of social justice, this is definitely needed in the current world we live in as unfortunately it is full of dangers which are not safe for anyone. With crimes such as knife crimes on the rise, it is important that we tackle these issues effectively and efficiently without wasting any time, because if time is wasted and not utilised these issues will just continue to prevail and multiply, it is also important to take into consideration the safety and the mindsets of our children as the future world will be in their hands.

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Alzheimer's Association (2016). *What Is Dementia?* [online] Alzheimer's Disease and Dementia.

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