



## CBT and New Cognitive Therapies

### Week One

---

---

---

---

---

---

---

---

1

## Schedule and Aims

- Provide an overview of the Module & Learning Outcomes
- Engaging with Moodle & Leganto Reading List
- Navigating through the weeks
- Assessment Overview
- Journal Article



---

---

---

---

---

---

---

---

2



## GROUP ACTIVITY

### WHAT DO YOU KNOW?

---

---

---

---

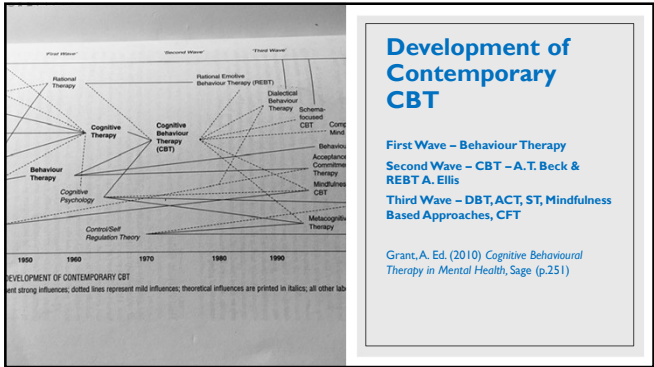
---

---

---

---

3



4

---

---

---

---

---

---

---

---

**Essential Core Text**

[Leganto Reading List – Moodle](#)  
[Journal Articles for the Session](#)  
[You Tube or Panopto Recordings](#)

5

---

---

---

---

---

---

---

---

**Assessment Overview – Moodle**

- Assessment 1: Critical Journal Review
- Assessment 2: Case Study Report

6

---

---

---

---

---

---

---

---



7

---

---

---

---

---

---

---