

Why is psychology important when working as a paediatric nurse?

Module name: Psychology in Health and Social Care

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Introduction

Paediatric nurse supports children in all stages of development

All paediatric nurses are familiar with psychology and they use it daily

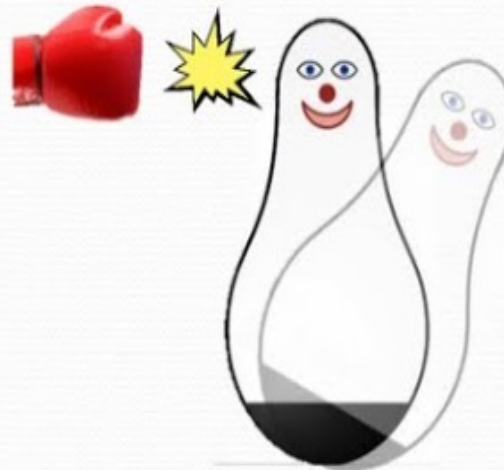
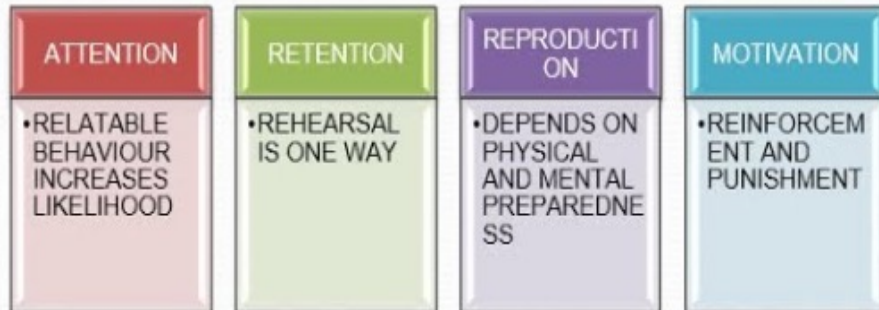
Key factor is having the right approach towards children

Empathy and building friendships

Understanding childrens' behaviour



BANDURA'S SOCIAL LEARNING THEORY



Albert Bandura's Theory suggest that children learn best from role models.

His famous experiment is called "Bobo Doll Experiment"

It shows how children are treating a Bobo Doll reflecting their parents' behaviour.

The social learning theory says that individuals learn by adapting a role models behaviour. Role models can be good or bad.

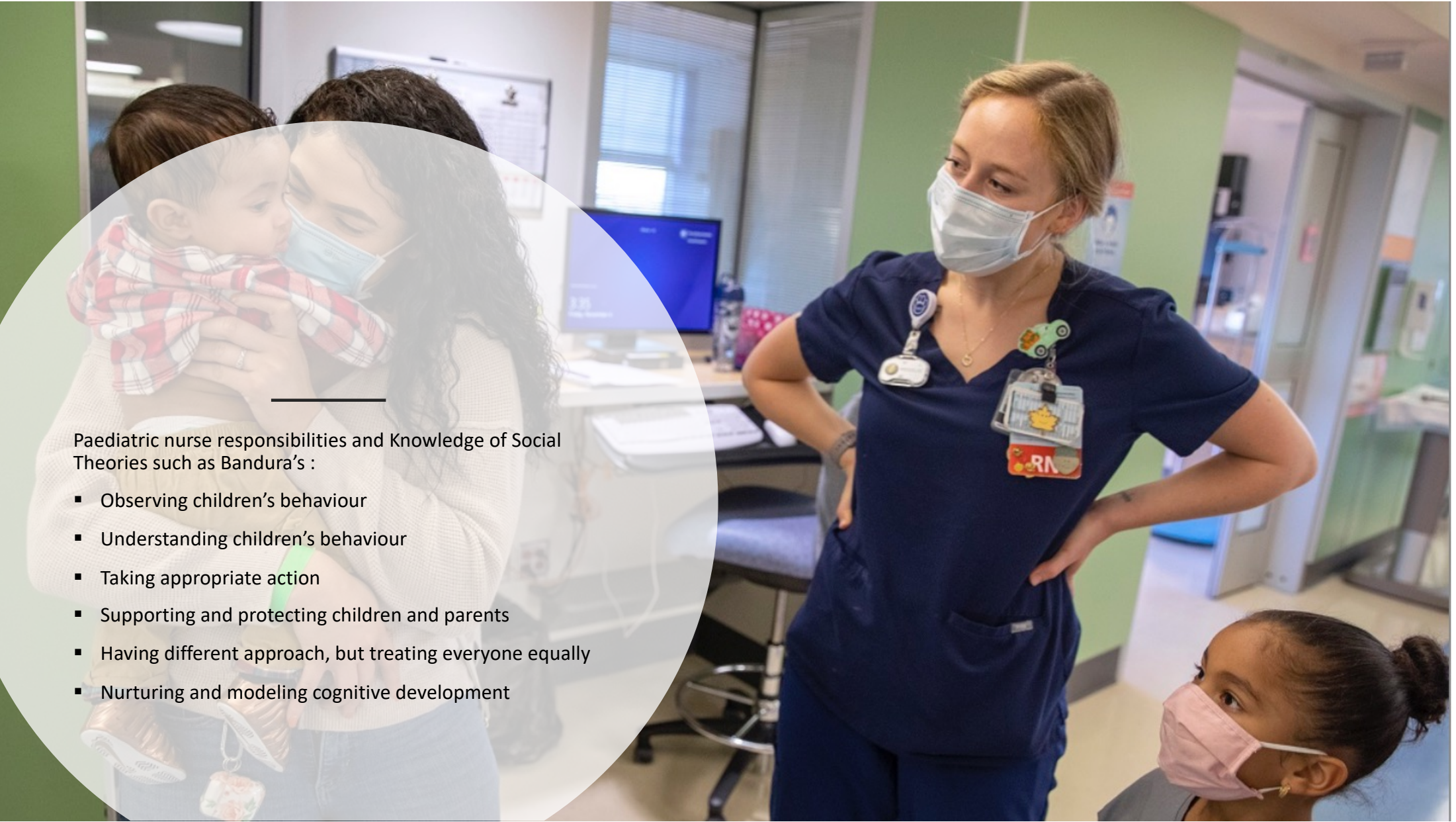
Children are easily influenced by their surroundings.

Bobo Doll Experiment

concept of observational learning

- Observation of adult behaviour
 - Choosing role model
- Retaining the information
- Mimicking the behaviour / mirroring
- Absorbing





Paediatric nurse responsibilities and Knowledge of Social Theories such as Bandura's :

- Observing children's behaviour
- Understanding children's behaviour
- Taking appropriate action
- Supporting and protecting children and parents
- Having different approach, but treating everyone equally
- Nurturing and modeling cognitive development

Conclusion

“Most human behaviour is learned observationally through modelling: observing others, one forms an idea of how new behaviours are performed and on later occasions this coded information served as a guided attention” (Social Learning Theory, 1997)

The role of the paediatric nurse is significant in every child's development via observing, recognising patterns and providing the right support for young patients and their families using social cognitive theories.

Reference:

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