

Module Code	ECPS4014
Title	History of Counselling
Date	28/10/2022
Level	4
Credits	20
Pre-Requisites	None

AIM(S)

- To provide learners with a history of the Counselling tradition that has informed the diverse practices of contemporary Counselling.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- Recognise the diversity and changing nature of the determinants of care and well-being within the Counselling discourse;
- Recognise the interdisciplinary nature of Counselling in relation to psychological health and social influences;
- Take responsibility for their own learning and skill development including effective personal planning, self-reflection, and project management skills.

INDICATIVE CONTENT

- Early religious or supernatural understanding of madness and mental illness
- The different ways in which diverse global cultures have understood madness and mental illness throughout the centuries
- The diverse mental health treatments provided for men and for women throughout history
- The growth of 'madness', the asylum movement, and its historical controversy
- The grass roots development of the 'talking therapy'
- The impact of the First World War on the understanding of and treatment of mental illness and the early development of the Psychotherapeutic discourse.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	15
Independent learning	170	85
Placement learning	-	-
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐ Written exam ☐ Coursework ☒ Practical

Mode of assessment	Volume	Weighting
Seminar Group Presentation	10 minutes per person (to be assessed individually)	50%

Assessment Component 2

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Essay	1,500 words	50%

Assessment Summary

Activity type	Percentage
Written exam	
Coursework	50%
Practical	50%
TOTAL	100%

INDICATIVE READING LIST

Module Code	ECPS4014	
Module Title	History of Counselling	
Classification	Reading List entry	Electronic*
Essential	Scull, A. (2016). <i>Madness in Civilization: A cultural history of insanity from the Bible to Freud, from the madhouse to modern medicine</i> . Thames and Hudson	☐
Essential	Scull, A. (2022). <i>Desperate Remedies: Psychiatry and the Mysteries of Mental Illness</i> . Penguin Random House UK	☒
Further	Howard, A. (2000). <i>Philosophy for Counselling and Psychotherapy</i> . Palgrave Macmillan	
Further	Horwitz, A. V. (2020) <i>Between Sanity and Madness: Mental Illness from Ancient Greece to the Neuroscientific Era</i> . OUP	☒
Further	Jay, M. (2016) <i>This way Madness Lies</i> . Thames and Hudson Ltd.	☐
Further	McLeod. (2013). <i>An introduction to counselling. 5th edition</i> . Open University Press.	☐
Further	Scull, A. 2011. <i>Madness A Very Short Introduction</i> . OUP	☐