

DS 1 Template

My Screenshots/Photos

- Please add 4–6 screenshots or photos of your digital life.
- You can use your phone or laptop.
- For each screenshot, write one or two sentences explaining what it shows.

Screenshot/Photo 1

[Insert Photo/Screenshot below]



This screenshot shows my university portal where i check my timetable and assignments.

[Write what this shows of your digital life]

Screenshot/Photo 2

[Insert Photo/Screenshot below]



This screenshot shows my email account which use for communication with universty staff and academic information.

[Write what this shows of your digital life]

Screenshot/Photo 3

[Insert Photo/Screenshot below]



This screenshot shows the calendar and notes app to manage the task and deadlines it also help me stay organised.

[Write what this shows of your digital life]

Screenshot/Photo 4

[Insert Photo/Screenshot below]

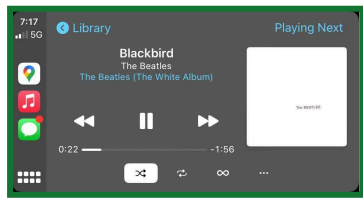


This screenshot a the communication apps that i use to stay in contact with friend , family and classmates.

[Write what this shows of your digital life]

Screenshot/Photo 5

[Insert Photo/Screenshot below]



This screenshot shows the music app that i use in my free time.

[Write what this shows of your digital life]

Screenshot/Photo 6

[Insert Photo/Screenshot below]



This screenshot shows the online shopping app that i use to buy my food shopping .

[Write what this shows of your digital life]

My Short Reflection

- Write 5–8 simple sentences about your digital life.
- You can use the sentence starters below if helpful.

I use digital tools every day for my university work . I often use my laptop and phone to check the emails . I feel confident when I use apps like Google and my university portal . Digital technology helped me stay more organised and out off stress .I also use online platforms like ,tititok,instagram and facebook . sometimes i feel nervous when technology doesnt work properly and i cant fix technical problems . I want to improve my digital skills and become more confident using different softwares. I hope this module will help me develop useful skills for future career.

Sentence starters

- I use digital tools to ...
- I feel confident when I ...
- I want to improve ...
- I often use these tools: ...
- I sometimes feel nervous about ...
- I hope this module will help me ...
- Digital skills are important for me because ...

You can write more if you want.

Submission Checklist

Before you submit, please check:

- ☐ I added 4–6 screenshots
- ☐ I wrote short sentences for each screenshot
- ☐ I wrote my short reflection
- ☐ My work is my own
- ☐ My file opens correctly
- ☐ My file opens correctly