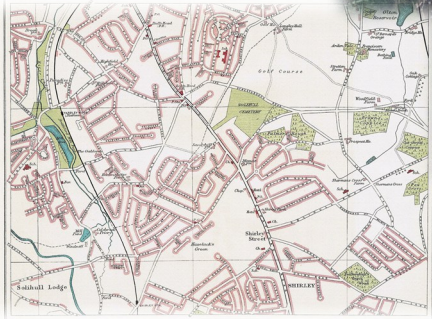


ECEY Sustainability
in the Early Years,
Scrap book



Palmers Rough and Sustainable Landscaping

Discover

Palmers Rough

Palmers Rough is a local nature reserve and park located in Shirley, Solihull. It covers an area of approximately 7.3 hectares and consists of two separate woodland blocks; Palmers Coppice to the east, and Squires Coppice to the west. They are separated by open grassland and includes two football pitches and a small children's playground.



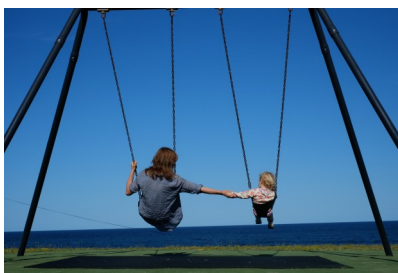
A little bit of history about Palmers Rough

Jacey park ,was the original name of the woodland until the year 2000, this is when the woodland became a nature reserve. Palmers Rough is home to a wide range of plants and animals, which makes Palmers Rough an important urban space and was therefore granted local nature reserve status in the year 2000. The presence of Palmers Rough is noted within the Domesday Book and suggests that the woodland dates back over 900 years. The map above is an old map of Shirley showing the location of Palmers Rough in 1939.

Why I chose Palmer Rough

I chose Palmer Rough nature reserve, because the woodland was a huge part of my life as a child, I would frequently visit and play here, although growing up we called this woodland Jacey Park. I would walk or ride my bike along the natural trails. My dad would tell me the names of the trees, plants and flowers and also the names of the wild mushrooms that we would see. I used to carry a little nature book that had all of the names of the plants and wildlife we could see and I would regularly refer to it, when I was unsure of the name of something. We would try to spot the wildlife and I would regularly climb the trees. I had a favourite tree that I would climb, I remember this tree being huge and I would always get as close to the top as I could, this tree was located next to a field full of long grass that would reach over my head and I would sit in the grass for hours making daisy chains and just being and enjoying being outside. This was a special place for me as I always felt content and safe when I was there. As I grew up, I would still visit the woodland by myself and spending hours of my time there, eventually bringing my own children to play and explore the nature reserve.

There are many people from the local area that come and enjoy this outdoor space, from families and people of all ages enjoying the outdoors including lots of dog walkers.



Explore



What does Palmers Rough looks Like ?



Palmers Rough is home to native wildlife

Palmers Rough is home to different types of native wildlife such as squirrels, Voles, bats, owls and foxes, badgers also rabbits have been spotted here. There is a variety of birds such as robins, blackbirds.



Palmers rough has many different plants all year round , from blue bells in the spring, to wild flowers that attract many insects. The trees and hedges that travel across the



Palmers Rough is home to different types of native wildlife such as squirrels, Voles, bats, owls and foxes, badgers also rabbits have been spotted here. There is a variety of birds such as robins, blackbirds and woodpeckers.

There are many tree in the wood land and they connect the two separate woodlands together . The trees stretch from the Plamer Coppice to the east, to the Squires Coppice to the west. Creating as safe passage for the wildlife to pass through without been seen protecting them from dogs and people that may be curious.

Even with this woodland I see many foxes around where I live, and I always wonder about the wildlife and how they survive. I think to myself that people should do more to look after the natural wildlife around them .

Conservation

Palmer's Rough Recreation Ground and Local Nature Reserve received an amount of £117,603 of funding for improvements. Local residents voted for improvement to footpaths through the wood, trails and the clean up and restoration of the pond. Trees and hedges have been planted that join the two woods to protect wildlife and allow them to pass between the two woods unseen. New trees and wild flowers have been planted through out different parts of the



This family of coots are living in the pond, which also provides refuge for duck and other rare plants such as sphagnum moss and marsh cinquefoil.



There are lots of bees are busy at work looking to pollinate as well as other in-



The woodland is home to a variety of flowers and trees.



The trees line that connects the two woodlands together

New trees



Changes made to the woodland

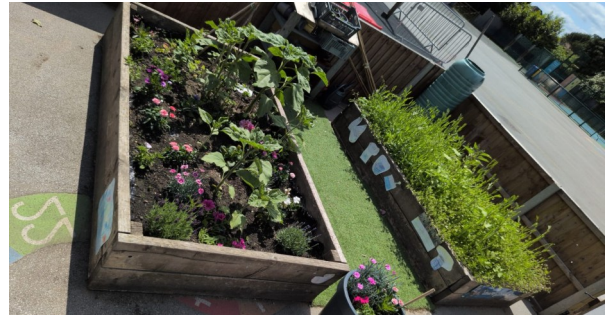
What changed at the woodland while I was growing up, allotments replaced the large field , where I liked to sit in the grass



New expensive houses were built around the woodland.

Sustainable Landscaping

These are the out door gardens at my setting , also the schools forest school used by reception and nursery. As a setting the space can be explored by the children to create a sustainable landscape.



The school allotment and eco garden need more attention .

As a practitioner I could work with groups of children to plant more seeds, flowers and grow food . Throughout the school there could be gardening clubs.

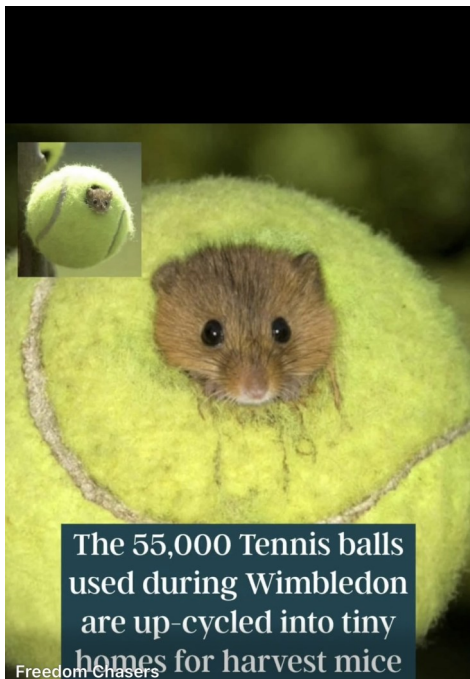
Forest school can provide opportunities for activities for making bird feeders and bird boxes, wild flowers could be planted.



Creating a sustainable landscape

There are many different ways of reusing and recycling to create the sustainable landscape by creating the enabling environment for the wildlife.







Share

Sunlight through the trees feeds the soul

As a Child, I'd sit and contemplate, in the forest's beauty, my soul found peace. Branches swayed, winds whispered, a fate, it seemed the wood called to release me,

As I grew, they became my retreat. The woods my world, a realm to explore. Imagination, creativity. So sweet, In their embrace, I found so much more.

My sanctuary, problems dissipate, The



I saw this poem and it reminded me about how I felt as a child spending time at Palmers Rough.

A true story

Every evening I take my dog for a walk I have a fox that follows me, in fact the fox will actually run towards me! I know that this fox is asking me for food, So I always bring out extra treats just for the fox, it's funny how myself and this fox seem to have an understanding. Every night at 10:00pm we meet in the same spot and sometimes the fox will have a friend. I always look forward to seeing my fox!

John Muir (1838 –1914)

Was the founder of the modern conservation movement. He was passionate about nature and believe and campaigned to protect it.

He believed in the protection of wild places for the sake of nature itself , for the well being of people and wildlife.



“The clearest way into the universe is through a forest of wildernesses”

John Muir

David Attenborough (1926-present)

As a conservationist he continues to raise awareness of environmental changes and climate change , Bring awareness in the homes of people through his documentaries, inviting people to see the natural world in its true form.



“ The future of life on earth depends on our ability to take action”

“ Never before have had such awareness of what we are doing to the planet , and never before have we had the power to do something about that”

David Attenborough

Sustainable landscaping has an important value to protect wildlife and their eco-systems . Education and pro –action is key for future generations . Early years is the foundation of providing that education for sustainability.