

Assignment Task2.

Title: Coronavirus Comparison Between UK and Nigerian.

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Table of Contents

Introduction	3
History of coronavirus (Covid-19)	3
Controlling the Incidence UK Vs Nigerian	3
Public Health Approaches UK Vs Nigerian	4
Models and Theories of Health Behaviour Change	6
Impact of Legislation and Policies on Health and Wellbeing	6
Ethical Considerations.....	7
Recommendations	8
Conclusion.....	8
references	8
References	Error! Bookmark not defined.

Introduction

The aim of this assignment will be to make comparison of coronavirus more specifically Covid-19, between United Kingdom and Nigerian, the difference strategies, and approach used to contain the virus in both countries and their similarities in the whole procedures will be analyses. Brief background and history will discuss and the report we move furthermore to emphases on the measure being taken by the two nation, in their various national, state and local level.

This report is still going to highlight the present policy approach been carried out by Public Health England (PHE) and Nigeria Centre for Disease Control (NCDC) to reduce the incidence to smallest possible amount in minimising the harm to the society, jobs, economy and livelihoods. The route, life back to normality of both countries and the ethical considerations of the vicine and a proposed explanation of the behaviour change of the people of England and my choosing country will all be subject of debate in this report.

The influence of legislation on the wellbeing and health of individual in social care or health setting in United Kingdom and Nigeria will still fell under the scope of this assignment for subject of discussion. Finally, a recommendation will be made to shows how I feel more effectives and appropriate measure can be taken by the different government to minimise the damage of the epidemic on their inhabitants.

History of coronavirus (Covid-19)

The office of World Health Organisation in China was informed on 31st of December 2019 of a cases of pneumonia like symptoms discover in the City of Wuhan, Hubei region of China. Of which a few numbers of 44 peoples with pneumonia like symptoms, 11 of them are severely ill while the rest 33 peoples are in stable condition, as of 3rd January 2020 has been reported to World Health Organisation by China national authority.

WHO, on the 11th and 12th of January 2020 receive another detailed information regarding the outbreak from National Health Commission, the proved highly subjective that the outbreak is connected with exposures in one seafood market in Wuhan (WHO, 2020).

At the end of 2019, the outbreak had already been identified by scientist as coronavirus, experts called the newly discover virus severe acute respiratory syndrome coronavirus 2 (SAR-CoV-2) while the sickness that it causes is coronavirus 19 (COVID-19) there are difference type of coronavirus. Some might result to mild illnesses, like normal cold, fever while other can also result to Middle East respiratory syndrome (MERS) or severe acute respiratory syndrome (SARS) which can be life threatening (Felman, 2021)

Controlling the Incidence UK Vs Nigerian

United Kingdom: on the 23rd of January 2020, a 50 years-old female UK national with no past medical history and she as not be place on any regular prescription either, entered the country from China, in Hubei province. Not until three days later, after arriving the country from Hubei she started developed symptoms of malaise and fever, accompanied by dry cough and sore throat.

By 28th of the same month a close household of the lady a resident of UK as well, developed the same symptoms of fever and within 24 hours, followed by dry cold and diffuse myalgia. After being assessed by National Health Services and assessment shows that they are being possible at risk of Covid-19 and they were sends to the Castle Hill Hospital, in the unit of regional infectious diseases, Hull University Teaching Hospital for isolation, diagnostic sampling and assessment (Lillie et al., 2020)

Strategy: the UK governments issue these three objectives as a guided. Firstly, to stop the spread of infection, secondly looking for a new and more effective ways of enabling life returned closer to his formal place. Thirdly, reducing the effect as smallest as possible to the society, economy livelihoods, jobs and to also make sure, education is protected in colleges, schools, nurseries and universities.

Sanitization, wash hand for 20 seconds, wearing a face mask in enclosed surrounding, reducing the quantity of people you meet, maintain social distancing and if meeting someone try to so outdoor and isolate yourself if you and another member of your household tested positive or has symptoms (GOV.UK, 2020)

Nigerian: on the 25th of February, an Italian citizen who works and lives in Nigerian returned from Milan in the city of Lagos and was screened when he arrived at the Airport with out showing any symptoms of the diseases, according to the health authority (BBC NEWS, 2020)

According to the government the Italian man spend the night a hotel close to the airport before continuing his journey to is place of work in the neighbouring state. And was treated at the company medical facility, the health practitioners there later called the government biosecurity officer who later transfer him on 27th February 2020 to a containment facility in Lagos state, with no serious symptoms and clinically stable (Burke and Rourke, 2020).

Measure: to identify all the possible contacts of the Italian citizen since his returned to the country, alcohol-based hand sanitiser, thoroughly and regularly hand wash with water and soap.

Maintain at least 1 and haft metres distance from any body who is sneezing or coughing.

And anyone with persistent sneezing or cough should stay indoor or not mix with people or keep a social distance.

To make sure everyone follows best respiration hygiene, meaning when you sneeze, you need to protect your nose and mouth with tissue, either into your sleeve at the bent elbow of yourself or tissue when you sneeze or cough and then dispose the used tissue as soon as possible.

Stay at home if you feel sick with symptoms like cough, fever and difficulty in breathing with NCDC telephone help line available 24 hours.

As the government also advice all member of the public to stay informed on the development about the outbreak through recognize channel on television and radio including Federal Ministry of Health and Lagos State Ministry of Health (Ehanire, 2020)

A multisectoral National Coronavirus Preparedness body (CPG) was inaugurated by Nigeria Centre for Disease Control and they also went on in building the health care workers on control and infection prevention, clinical management of Covid-19 including testing and sample collection.

Lead a table-top Logistic Capacity Assessment for the outbreak and activation of interim Medical Countermeasure Plan, reviewing of Response Plan and Nigeria's Pandemic Influenza Preparedness. the government still went on to inaugurate the inter-Ministerial Coordination Committee by the Minister for Health and announcing three Molecular Laboratories designation for Covid-19 testing (Nwafor et al., 2020)

Public Health Approaches UK Vs Nigerian

United Kingdom: SAGE must keep out all political advisers and employ more public health professionals. Secondly, a transparent population strategy based on the actual state of the finding

that is required for each of the 4 nations, contact tracing, isolation, testing and to justify and inform later decisions how the lockdown can be securely relieved.

The plans for all the communities must be adequately decentralised, resourced and to be led by local public health officers who understand their localities and the elements of the outbreaks in the communities. NHS and Public Health England must uphold these plans and implementation of date monitoring, testing and reporting must be optimised from all sources: social care, hospital and primary.

Testing for someone showing symptoms of Covid-19. School to remain closed. Everyone is required to stay at home. Economic relieve package for lost income (50%) Gathering limited for every citizen. International arrivals from high-risk region quarantined. Internal movement mostly prohibited. Comprehensive contact tracing for every cases. (BMJ, 2020)

Meeting Family and friends. For example, leaving your home and travelling within the country, the citizens were advice to continue to work from home and try and cut down on the number of they take and to try and stay local as mush as possible. 6 person or 2 households may meet outdoors. No act of coming together indoors with other households separately from support bubble.

Nurseries and schools. Early years, childminding, early years settings and nurseries remain open, while secondary and primary schools will open from 8th of March (INSTITUTE FOR GOVERNMENT, 2021)

Covid-19 enforcement power for local authorities- this was an additional force to help the local government efforts to sustain Covid-19-secure surrounding in their area, with the ability to take decisive action against any business premises that do not act accordance with the Covid-19 -secure rules. This will be allowed officers to issue restriction and improvement notices to business premises that did follow the COVID-secure business obligations. These will consist of the following, Coronavirus Improvement Notice (CIN), Coronavirus Restrictions Notices (CRN) and Coronavirus Immediate Restrictions Notice (CIRN) (GOV.UK, 2021)

Media- the strong emphasis on social isolation and social distancing in the government policy response to the virus has put an increasing people reliance on the social media and tradition ways of getting information for sources of information. This has set a goal for newsworthy health policy stories to direct government policies and to shape public opinion.

Pharmaceutical industry- at the beginning of the outbreak one of the aims of the government policy was to reduce the transmission of the disease and to create a space for pharmaceutical industry to develop an effective treatment or vaccination.

Influence of the medical experts- the main attention here will be on the keys players, as with other areas of health policy making in the country has been the medical profession, public health advisers have been particularly standing out in shaping this through recommendation (Calnan, 2020).

Nigerian. The government has taken a lot of different social, health, and economic measure to cushion the influence of Covid-19. Moreover, lots of the policy response have taken together and weaknesses are not corresponding with amount of magnitude of the crises.

The Economic Stimulus Bill 2020. This bill was passed by The House of Representatives to provide support to every citizens and businesses of the country.

Cash transfer. The government promise to make bank transfer payment of \$56.00 (20.000 Naira) to vulnerable households and poor Nigerian registered under the National Social Register (NSR) which had only about 11 million people register on its platform.

Food assistance. This after the President the country had imposed the lockdown measure in the state, announced through the Federal Ministry Development that because of the impact of lockdown which has led to citizens facing hunger in some part of the nation, they will help with food rations to vulnerable people in these regions. However, the support has not be able to get across to people who need it because of opaque accountability and corruption by the government. (Dixit et al., 2020)

Models and Theories of Health Behaviour Change

United Kingdom. The lockdown measure that was put in place by UK government to contain the spread of the virus had enforced important constraints and changes on daily life, such as limits on citizens leaving their houses and social distancing which already led to behaviours change like, alcohol consumption, physical activity, dietary choices, tobacco and substance use that may have direct influence on immediate and long-term health result, according to findings.

The research went on to subject that, after a week of the full lockdown that came into force on the 26th of March 2020, sales figures indicated consisting of regular increase in alcohol consumption, while the sales of alcohol within social venues, clubs and pubs stopped completely as venues remain closed. This suggests that absolutely, patterns of alcohol use and alcohol consumption may have changed (Naughton et al., 2021)

Foreigners. Analyses also find out that, with the continuous threat of Covid-19 the citizens have aggravated intolerance and ethnic prejudice toward stigmatized some set of people, especially the Chinese origin. Although the finding claims is not unprecedented in history, just as the Black Death is believed to be linked with the people of Jewish. More also, the western African population was discriminated against the Ebola pandemic.

It is possible that the novelty of the disease and the state of being uncertain regarding its potential results in different spheres of the country have triggered anxiety and fear that encourage the xenophobia behaviour in political and social contexts that a lot of Chinese restaurants having to closed due to reduced in number of costumers.

Stressors. During this pandemic stressor must be considered in the evaluation of the neuropsychological and emotional impact, such as loss of loved ones and potential exposure to the virus, as well as secondary adversities owing to unavailable of food, economic difficulties, disruption of future, psychosocial effects and underlying psychological and physical problems (Pedrosa et al., 2020)

Impact of Legislation and Policies on Health and Wellbeing

United Kingdom. There was a lot of help from NHS England, such as free access to wellbeing and mental health apps, a committed care staff and health support serving with confidential help via text message and phone with a lot of others support from this organization.

Treatment and psychological help. Employers should make sure that all their workers have access mental health support.

Flexibly working. To become a model and modern worker the needs to build on the flexible working transform that emerged through the Covid-19. This allowed staffs to work from home for at least

some of the times, this can have a great impact of support in tense of managing stress and save commuting time and the risk of contracting the virus (NHS, 2020)

Coronavirus Job Retention Scheme. This a support set up by government to allowed employers claim up to some certain amount if their workers put on temporary leave ('furlough') due to Covid-19.

Test and Trace Support Payment. You might be able to get a cash of £500.00 from your local council as a result of self-isolation if you are on low-income, you cannot work from home and you leave here in England.

Covid-19 Corporate Financing Facility. The purpose of this scheme is to support big businesses affected by the pandemic through the buying of their short-term debt by the Bank of England. This will help company that is experiences financial difficulties because of coronavirus finance their short-term liabilities as is going to support over all corporate market and ease the supply of credit to all organization (GOV.UK, 2020)

Nigerian: wearing of face masks mandatory in all public gathering bill. The President signed this Coronavirus Disease Health Protection 2021 law, to make sure everyone is required to wear face masks in public places and gives a 2meter distance between people and not to allowed more than 50 persons in an enclosed space or failing to comply will be arrested and prosecuted.

ATM machines. This regulation also directs the Banks to always clean the button and the surfaces of their door and ATM to avoided people contacting the virus from their premises.

Isolation. Anyone that is confirmed to be positive to covid-19 and refused admission or isolation will face the law. Any body found break any of these will be punish by either fine, summary conviction or up to 6 months in imprisonment in accordance with section five of the quarantine Act (BBC NEWS, 2021)

Ethical Considerations

United Kingdom: Reduction in clinical services. Due to the shortage of workforce because of the virus, this had led to less recreational activities and therapeutic on offer, blanket restrictions to all patients and few communications with relatives, cares and family member and reduction of inpatients beds (RCPSYCH, 2021)

Immunity certificate for COVID-19. According to research finding which subjected that immunity certification either reliable or available should never be used as the focus for decreasing the impact of the Covid-19 crises, that everyone can still lead their various lives to varying degrees with present public health procedure for secure assembly and movement (Voo et al., 2020)

Nigerian: the country has experience socioeconomic impact of Covid-19 on Nigerians. As a result of the pandemic the country transportation, economic and movement of the citizens has all been shut down. The finding highlighted, that lockdown of every activities will make it hard for some sections of the people to lives and not everyone is a civil servant or public either that will get their wages at the end of month some earn the salary by going to the market or park which as shows the lockdown has crippled the survival of those who depend on daily work.

The social life has been affected as well because of the social distancing derived pressure from attending party all have short down. With the high level of unemployment and high price of commodities has increase the rate of crime (Ajibo, 2020)

Recommendations

My recommendation will for UK government to always try being proactive as much as possible when it comes emergency and for them to invest in more research so that a more suitable and reliable cure can be found and to start training of emergency response teams in some bigger than this happen again so that they will be enough workforce to handle the situation.

And for Nigeria my recommendation will be for the government to stop depending on international support and try to stop the corruption among the government official so that they can save money for better project and emergency period, accountability and direction in anything they are doing.

Conclusion

This report had made me to realise that in any crises planning, proactive and enforcement of law is very important as in the assignment. These had really help me to understand when it come to this type of emergency period again, there is a lot of ways to cope with the situation, that coming together to fight a single course that a lot will be achieved and that impossible can be came possible.

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