

- Module Title: ***Professional Career Development within H&SC***
- Module Number: ***LCHS 4009 (LON)***
- Assignment No: ***ASSIGNMENT 1***
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Acknowledge use of AI

On this page, I acknowledge that I have not used AI.

Introduction

- **Presenting :**
- **Importance of working in Team within health and social care.**
- **Gibbs theory and Framework.**
- **The impact of working in team in health and social care.**

My chosen skill is Working in Teams

- The common definition of team is “a number of persons associated together in work or activity” (Groups vs Teams, 2016)
- The terms '*group*' and '*team*' are used synonymously when describing a number of people working or sharing a common purpose.
- In everyday practice, this is shown through completing work together and involving your colleagues or mates, if you are in study.

- This skill can be exercised in various places, such as:
 - Schools
 - Workplace
 - Training camps

Importance of working in Team in professional practice

Working in a team is essential for health and social care because it helps to deliver an effective work for an organisation.

This supports:

- Safe and effective care for patients
- Good quality outcomes for service users

This benefits:

- Service users / patients
- High quality and trustworthy service
- Staff and colleagues
- Collaboration to complete tasks
- The organisation with good reputation and revenue

(West and Borrill, 2023)

If working in teams is not done effectively, this puts:

- Patients' safety at risk
- Teamwork standard decreases, and professionalism decreases
- Communication errors, which brings disputes between colleagues and affects quality of care.



Model or framework linked to your chosen skill

My chosen model is Gibbs' Reflective Learning Cycle.

- This model aims to evaluate incidents to understand the experience and learn from it and endeavour for the future.
- The key stages involve description of the incident, the feelings processed from it, evaluating the situation, analysing what can be done in similar incidents, conclusion on what could have been done and action planning for the future.
- This supports good teamwork as we collaborate to make good decisions for the benefit of the patients.
- Sometimes, in critical circumstances, it becomes challenging if there is no effective teamwork, which can affect the patient and the organisation negatively.



Applying this skill in practice

Where would you use this skill?

I practice working in teams within health and social care, as a support worker.

What might be the situation? Working within health and social care, the situation is not the same daily. Sometimes you can find positive and negative situation.

Positive situations:

- The team has a good understanding
- Helping each others to finished the task

Negative situation:

- Bad listening
- Ignoring your colleagues when giving you task and suggestion or advice.

What is the impact on care?

This can have both positive and negative impact:

- This is more likely to guarantee patient's and/or the user's happiness + safety and trust from the service
- This also increases the quality of care from the team, the colleagues trust each other too because of this

How does this skill support my future career?

Why working in teams is important:

- Increases employability rate – most fields require working in a team
- Helps make good decisions in challenging situations – everyone contributes ideas
- In health and social care, a team can be managed by a coordinator
- Working in teams is a skill that I am advantageous in, as I am working in collaboration with my colleagues. I do my best to have a good understanding and communicate what is needed, effectively
- I would like to develop more skills to go further in the future

Conclusion

In conclusion, working in teams in health and social care is important as it is standard in this field. To have an excellent team work, we must respect each others, be good listeners and have good communication skills in benefit for patients, organisations and the NHS.

References List

Armstead, C., Bierman, D., Bradshaw, P., Martin, T. and Wright, K., 2016. Groups vs. teams: which one are you leading?. *Nurse Leader*, 14(3), pp.179-182.

West, M. and Borrill, C. (2023) 'The influence of team working', *CRC Press eBooks*, pp. 106–122. Available at: <https://doi.org/10.1201/9781846197062-8>.

Assignment 1 – MARKING

1) Evidence of research

- *A minimum of two sources of published information must be included and be correctly referenced using UWTSD Harvard referencing style.*

2) Knowledge and Understanding Skills

- *Students need to demonstrate an understanding of the chosen skill.*

3) Analytical and Cognitive Skills

- *Students need to coherently structure their presentation and expand on the points made in their slides.*
- *Students need to justify the relevance of the skill in relation to professional practice within health and social care.*

4) Practical skills

- *At least one practical example of how a chosen key skill(s) can be used in a chosen job role (for example, understanding how effective communication can impact patient care)*
- *Students should include one relevant model relevant to a chosen key skill (for example, Tuckman's model of team development or Fishbone, etc)*

5) Transferable Skills for Life and Professional Practice

- *Presentations should be engaging in their design, organisation and style.*
- *Students should use a professional tone to present and answer any questions from their assessor*