

GHAZANFAR HUSSAIN

STUDENT NUMBER 2513364

ACADEMY AND EMPLOYMENT SKILLS LCHS4001

LECTURER MARKUS KLINGUS

I CAN SEE HOW MUCH I HAVE GROWN BOTH ACADEMICALLY AND PERSONALLY AT THE BEGINNING I FOUND THE RESEARCH IN THE HEALTH SOCIAL CARE SECTOR QUITE CHALLENGING BECAUSE I WASNT FULLY CONFIDENT IN SELECTING CREDITABLE SOURCES OR UNDERSTAND DIFFERENT RESEARCH METHODS THROUGH MY JOURNEY I DEVELOPED STRONGER CRITICAL THINKING AND ANALYTICAL SKILLS THAT IS NEEDED ASWELL AS A BETTER UNDERSTANDING OF HOW RESEARCH CONTRIBUTE TO IMPROVE REAL CARE PRACTICE.

MY CHOSEN TOPIC AS MENTAL HEALTH CARE WORKER TAUGHT ME THE IMPORTANCE OF EMPATHY AND AWARENESS READING ABOUT PRESSURES FROM PROFESSIONAL WHO DECIDATE THEIR LIVES TO HELP OTHERS.GAVE ME A DEEP APPRECIATION FOR THE HUMAN SIDE OF HEATHCARE.

I LEARNED HOW RESEARCH IS NOT JUST ABOUT COLLECTING DATA ITS ABOUT GIVING A VOICE TO PEOPLES EXPERIENCES AND USING INFORMATION TO MAKE A CHANGE ANOTHER KEY AREA OF GROWTH FOR ME WAS UNDERSTANDING RESEARCH LEARNING THE DIFFERENCE BETWEEN QUALITATIVE AND QUANTITATIVE RESEARCH HELPED ME HOW BOTH WORDS CAN COMPLEMENT EACH OTHER.

I BECAME MORE CONFIDENT IN DEVELOPMENT A CLEAR RESEARCH QUESTION AND IDENTIFYING THE RIGHT ANSWER TO BUILD ON CURIOSITY STRUCTURE AND INTERGRITY OVERALL COMPLETING THIS PORTFOLIO HAS STRENGTHENED MY ABILITY TO REFLECT ORGANIZE INFORMATIONS AND COMMUNICATE IDEAS CLEARLY.

ITS HAS SHOWN ME THE VALUES OF BASED PRACTICE IN HEALTH SOCIAL CARE HOW THOUGHTFUL RESEARCH CAN IMPROVE BOTH PATIENT OUTCOME AND STAFF WELBEING MY PROGRESS AND MOTIVATED TO CONTINUE DEVELOPING MY SKILL AS A HEALTH SOCIAL CARE PROFESSIONAL WHO VALUES REFLECTION AND CONTINUE LEARNING FURTHER TO LEARN MORE OF THIS ROLE.