

Contemporary Challenges Portfolio





INTRODUCTION TO MY PORTFOLIO

Welcome, I'm Rhianna. Within this portfolio, I aim to delve into contemporary challenges, drawing from my personal learning experiences that have significantly influenced my perspectives. The primary objective of this portfolio is to enlighten individuals while also sharing my own journey. Throughout this collection, I will address societal, environmental, diversity, and inclusion issues that are relevant to my chosen field of study, which is physical education. Through this exploration, I hope to contribute to a greater understanding of these crucial matters and their impact on our society.

1.)Past and present contemporary challenges issues and their impact on todays society [infographic discussing the categorary + photo collage

2.)International contemporary challenges[short written report]

3.)local wales or uk based [short case study]

4.)Collaborative piece [mind map+evidence of group project]





Society

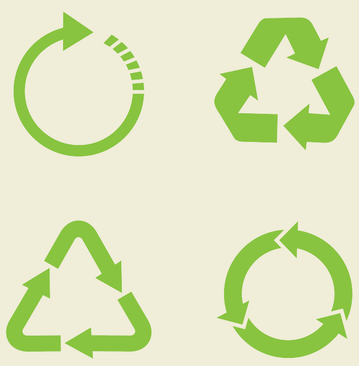


DIVERSITY AND INCLUSION





Diversity +inclusion









Environmental

Politics/leaders in charge

Politics have the authoritie and power to make decisions that effect people or places Such as climate issues,taxes and price increases,laws,transport,medication and more.Meaning are lives are potentially in the hands of politicians and leaders. politicians constantly change are present and future by making decisions.

Present examples of political contemporary challenges

Price increase or change

Rising prices are frequently subject to adjustments by the government and politicians, encompassing changes in food costs, resource availability, tax rates, and income levels. This dynamic environment poses challenges for both individuals and businesses.This can lead to outcomes where individuals can’t keep their company’s alive and are unable to pay there mortgage or bills which could potentially lead them down the wrong pathways.They may even find themselves unable to provide for their families, leading them to poverty and starvation. Big issue (2024)stated that homelessness is at is highest point on record rising in 18% in the last year.This statement makes you think what is the reason for this and could it be linked to the dramatic change in price increase with had in the last year ? Could the government/politicians be the main cause to homelessness? And can we think of more ways to support the people who are willing ?

War

War is a major challenge at the moment and always has been.War has been in place since B.C. states wonderopolis (2007).However yet it still happens,i don’t believe politics,leaders in charge or the government purposely want to start war however I believe words such as 'gain' 'power' and 'greed' explain today society.War all begins with leaders and people in charge for example there are many reasons that war starts such as economic,religious belief,expansion,land and so on.These have been the reason for many previous wars such as world war 1 and world war 2 and could potentially be the reason for world war 3.War creates a huge impact on the environment as well as the human race.leaders in charge aswell as politicians are constantly putting our world at risk of extinction and harm.what are the effects of war? You may ask well the list is never ending but here are some of the most reacuring and awful outcomes

- Mental health issues (ptsd)Depression,anger,anxiousness -This are all major illness that can effect anyone involved in a war such as a soldiers and sivillians this illness has a long lasting impact and can ruin people’s lives and be the cause of their lives ending.
- Death
- Suffering
- Countries abolished
- Hate
- Discrimination

Could war potentially be the cause of certain mental health issues and equality issues as of today?do we lead by example do we gather traits from resentment is this all down to how with seen war, and why we automatically stereotype individuals,countries and constantly use slanderous language that can be hurtfull to others.i believe war impacts todays society by making people fell uneasy just by being alive.

Covid 19 past example

Covid 19 is a major example on how politicians let us down.During Covid 19 people weren’t allowed out and couldn’t see there loved ones in the hospital,meet friends,socialise or feel free.whilst many loved ones died the politicians were partying stated BBC (2022) this impacted many people making them angry and envious,this caused a huge issue within the society and an outburst or rule breakes that put more people at risk.Covid 19 was a massive germ outbreak that the worldwide experienced.Even now 2 years later people have become so cautious on what they touch and eat incase of germs.not only that but covid 19 caused so many job losses and put our world at a massive economy loss .









Politicians



Covid 19





War

Contemporary challenges

Homelessness

Poverty







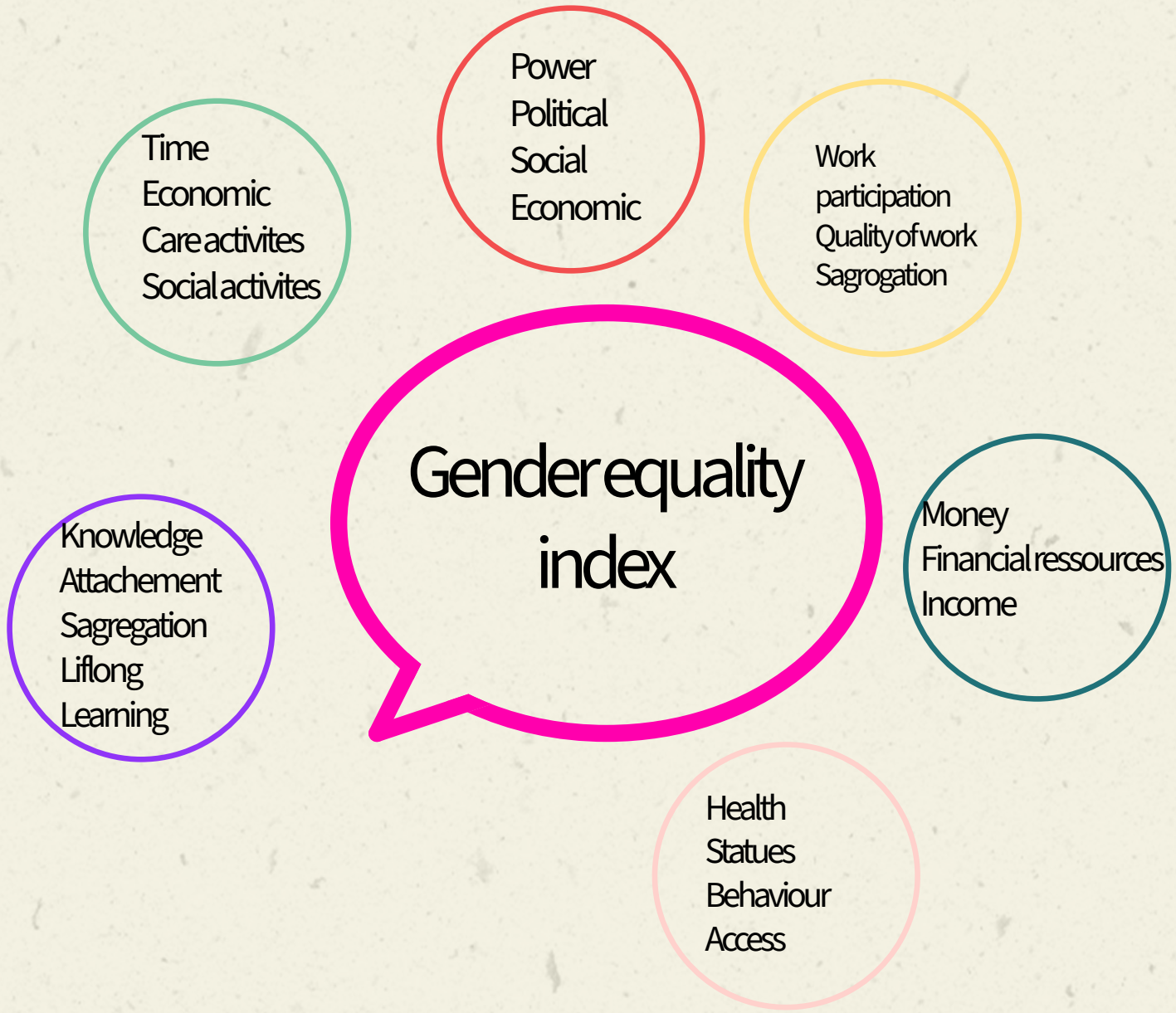






Gender equality

Gender equality consist of treating male and females with the same equal values.This could include equal opportunities ,choice,opinions,pay and respect.
of individuals.this does not depend on whether they are male or female, handicapped or able bodied, young or elderly, white or black, or from rural or urban settings.



Gender equality within sports across the nation

The International Olympic Committee (2023) has emphasized that sports are one of the most influential platforms for advancing gender equality. This assertion underscores the idea that sports serve as a powerful means to express viewpoints, garner respect, and dismantle gender stereotypes. According to the Women's Sports Foundation (2023), an impressive 94% of women in high-level executive positions have a background in sports. This statistic suggests that sports may play a role in empowering girls to challenge societal taboos and assert themselves. Significant strides have been made in the realm of sports, such as the upcoming Paris Olympics Games (2023) aiming for complete gender parity in the 2024 games. Additionally, Iran lifted a 40-year ban in 2018, allowing women to attend men's football matches, marking a historic shift in their sports culture. These developments underscore the transformative potential of sports in promoting gender equality and breaking down barriers. The disparity in pay between male and female athletes remains prevalent in women's sports. Adelphi University (2023) highlighted that male athletes in basketball, golf, soccer, baseball, and tennis earn anywhere from 15% to nearly 100% more than their female counterparts. This observation underscores the persistent gender pay gap in sports, indicating that despite the positive impact of sports on gender equality, it still falls short of achieving true 50/50 equality.

Carmarthen climate and environment centre

INTRODUCTION

This project has created a climate and environment centre in Carmarthen. The centre has a Library of Things, a Repair Café, and a Blue Marble zero waste shop.There aim is to slowly change the world for the better bit by bit.

Repurposing

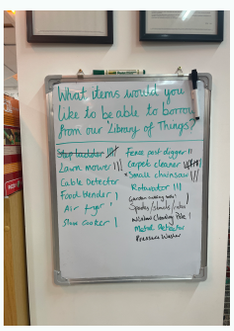
The centre provides an extrdoninary resourceful section where they exchange and give toys,clothes,women's toiletries and more away to people who need it.This solves many challenges such as reusing and recycling many items that may typical be binned and can cause environmental damage by doing so.Also this serves a purpose to help individuals who typical can't afford these items



Repair cafe

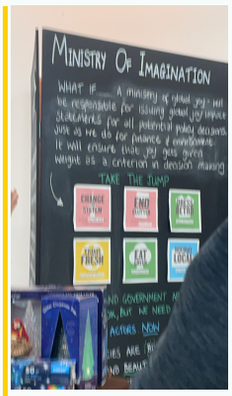
The repair cafe acts as a space for people to socialise fix there iteams and learn how to in the process.Its a great place to get some knowledge about your items.A great thing about the repair cafe would also be that they provide a range of tools such as drills,saws,hammers,carpet cleaners and so on.This is great because they can be rented out for a small fee and can be useful for people who may only needed it once or twice.They also provide a board to write suggestions on what people may want or need.

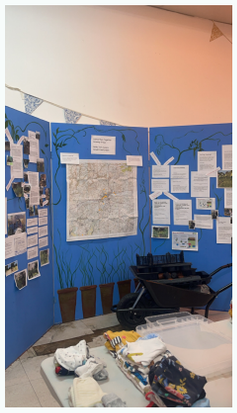




Information/guidance

The centre is filled with boarders and poster full of helpful information.They have a step by step planner on how to make small changes that make a great impact on our environment.They also have information on there available clubs and community's that take part in activity's that make a difference such as picking up litter,supporting small businesses and producing clean water and help stop polution campaigns.





MINISTRY OF IMAGINATION

The ministry of imagination is the guidliance that the Carmarthen centre provides to learn more about ways to help you're environment and change for the better.The Ministry develops people and helps them find their story through interactive and experiential personal development courses



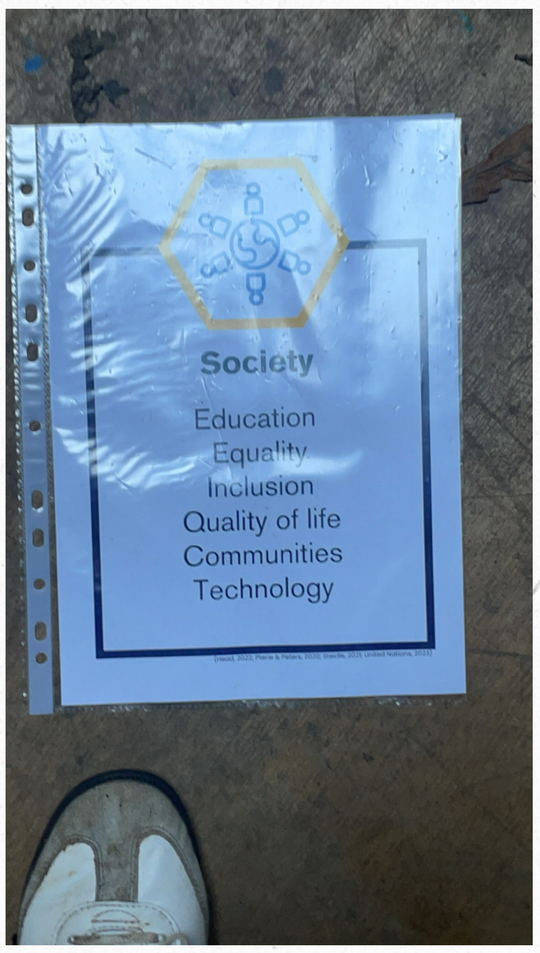
Resources to discover more

https://www.robhopkins.net/2024/04/15/ministry-of-imagination-manifesto-released-as-the-world-goes-to-the-polls/

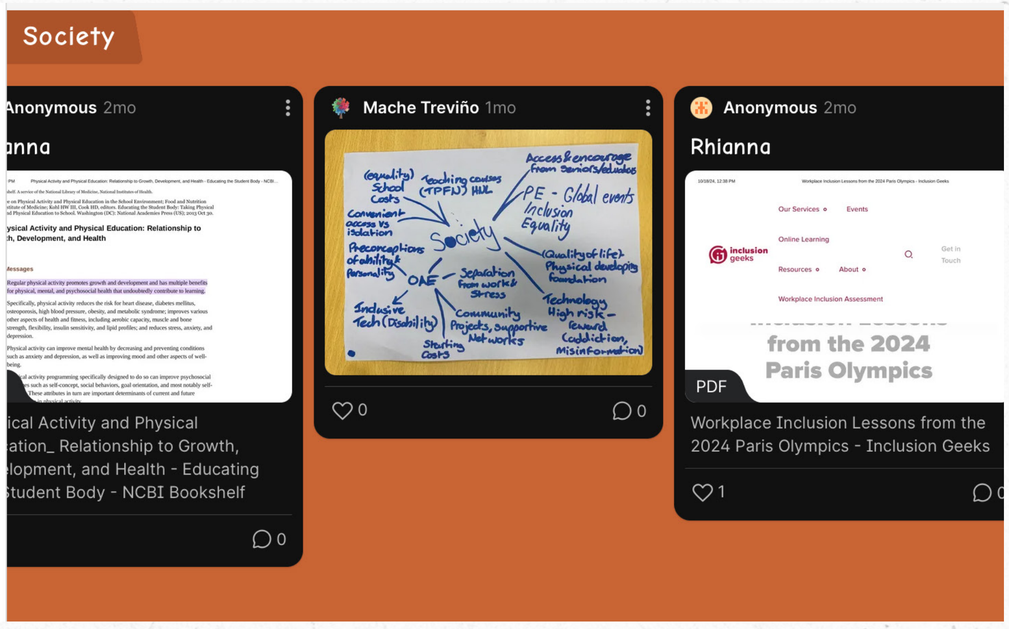
https://www.carmarthenshire.gov.wales/business/uk-shared-prosperity-fund-approved-projects-sustainable-communities/carmarthen-climate-environment-centre-sero/

Collaborative piece on society





In this collaborative project, each of us had the freedom to independently select a topic. I opted to explore the relationship between sports and society, conducting research at home and identifying three relevant resources or articles. During our subsequent session, we formed groups based on shared topics of interest. We engaged in discussions to share and compare our findings, and collaboratively constructed a mind map to visually represent the insights we uncovered.it was a fun way to see what others found.furthermore We then proceeded to find out what other subjects were discussed amongst the class which consisted of climate change, politics,well being,economy.



References

Big issue (2024)
https://www.bigissue.com/news/housing/britains-homelessness-shame-cold-hard-facts/

Wonderpolis (2027)
https://www.wonderopolis.org/wonder/how-long-have-there-been-wars

BBC (2022)
https://www.bbc.co.uk/news/uk-politics-59952395

International Olympic. Omnitel (2023)
https://olympics.com/ioc/gender-equality

Women's sports foundation (2023)

Adelphi university (2023)

https://www.carmarthenshire.gov.wales/business/uk-shared-prosperity-fund-approved-projects-sustainable-communities/carmarthen-climate-environment-centre-sero/

Ministry of imagination (2024)
https://www.robhopkins.net/2024/04/15/ministry-of-imagination-manifesto-released-as-the-world-goes-to-the-polls/