



School Sport Survey 2018

Arrolwg ar Chwaraeon Ysgol

Ysgol Bae Baglan

Neath Port Talbot

6715500 Secondary School Report



Ysgol Bae Baglan: 2018 Summary of Results

Motivation



94% of pupils
would like to do more sport.

Confidence



80% of pupils
confident to try new
activities



59% of pupils
participated in sport
three or more times a week

Awareness



Are pupils aware of the
opportunities to participate
in sport at Ysgol Bae
Baglan?

Opportunity and Resources



96 minutes
of curricular P.E are provided by Ysgol Bae
Baglan per week

The Experience



61% of pupils
enjoy P.E 'a lot'

After a successful 2015 survey, the Sport Wales School Sport Survey was rolled out again in the summer term of 2018. Overall **120,175 pupils** from **1,095 schools** in Wales took part making this the largest survey to date.

This report presents results specific to Ysgol Bae Baglan where 312 pupils took part and shared their voices in relation to physical education (PE), extracurricular sport, and community activity.

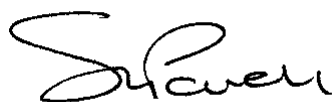
The first section on young people's participation in sport and physical activity provides an overview of how many pupils at Ysgol Bae Baglan frequently take part in sport and what types of activities they do. You'll be able to compare your results with schools that have a similar Free School Meal profile to yours and against the national average.

Following this, results are presented under the Elements of Engagement. These five key areas underpin the likelihood of a young person engaging in sporting opportunities. The evidence provided under each of these areas may help inform actions Ysgol Bae Baglan can take to strengthen the quality of sport it offers. This includes how much pupils currently enjoy taking part in sport and the types of activities they have shown an interest in doing more of. The Elements of Engagement are:

- Motivation
- Confidence
- Awareness
- Opportunity & Resources
- The Experience

Thank you for taking part in the survey. We hope you will find the evidence in this report useful for inspection, planning, and as a tool to aid discussion about sport, activity and well-being with pupils and staff. In doing so you will not only be enhancing the lives of your pupils but also helping Wales to achieve its vision of becoming **An Active Nation Where Everyone Can Have a Lifelong Enjoyment of Sport.**

Yours sincerely



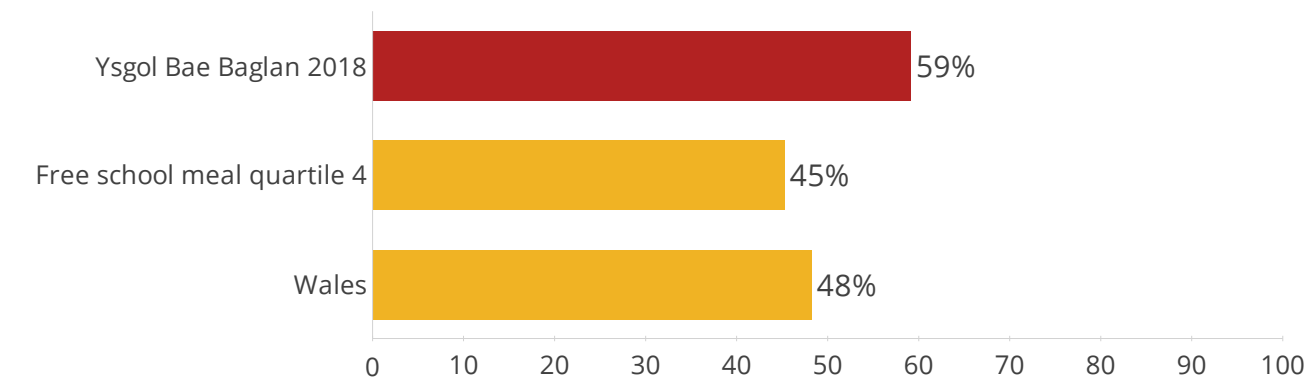
Sarah Powell
CEO / Prif Weithredwr

Section 1: Towards an Active Nation

Overall Participation

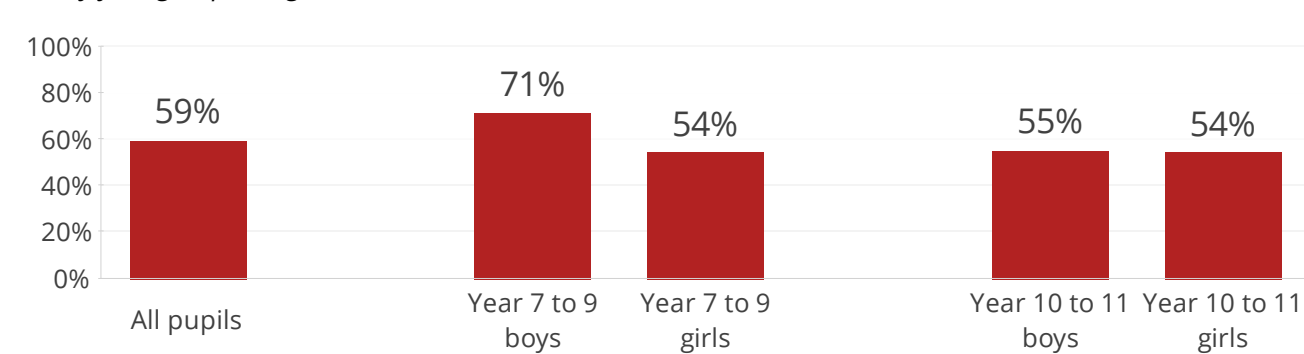
The **Vision for Sport in Wales** calls for an **Active Nation Where Everyone Can Have A Lifelong Enjoyment of Sport**. Since 2011, the School Sport Survey has captured a detailed picture of frequency of participation, allowing us to explore the number of occasions per week pupils take part in organised sport and physical activity outside of the curriculum. The degree to which pupils participate in sport and/or physical activity three or more times per week gives an indication as to whether young people in Wales are contributing to an ‘**Active Nation**’.

Figure 1. Percentage of pupils participating in organised sport outside of the curriculum at least three times a week.



In Ysgol Bae Baglan, **59%** of pupils participated in school-based extracurricular sport, or sport with a club outside of school on three or more occasions per week. Furthermore, **66% of boys** are participating three or more times a week, compared with **54% of girls**. In Wales, **48%** of secondary school pupils participate three or more times a week

Figure 2. Percentage of pupils participating in organised sport outside of the curriculum at least three times a week by year group and gender.



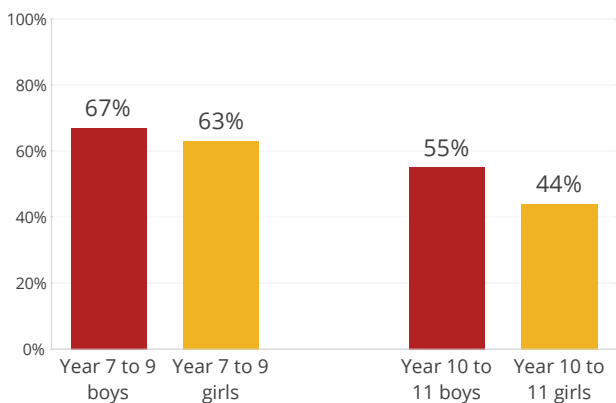
Taking Part in Extracurricular Sport (after school or lunchtime clubs)

60% of Ysgol Bae Baglan pupils participated at least once in extracurricular sport in the 2017/18 school year. This compares with a national participation rate of **60%**.

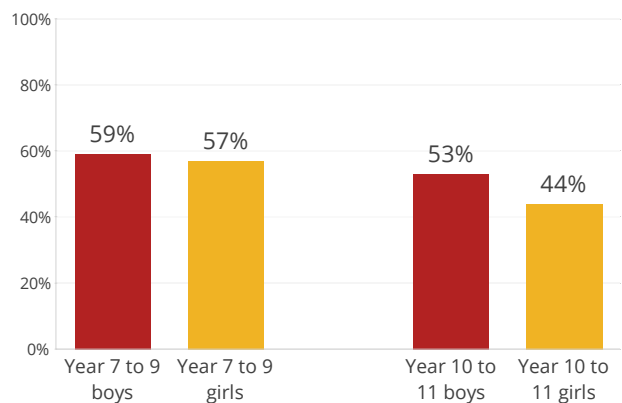
54% of Ysgol Bae Baglan pupils participated frequently (participating at least once a week on average in extracurricular sport in the 2017/18 school year), compared with a national participation rate of **44%**.

Figure 3 & 4. Percentage of pupils participating in any and frequent (at least once a week) extracurricular activity by year group and gender.

ANY extracurricular participation:



FREQUENT extracurricular participation:



The sports that pupils are most likely to take part in during extracurricular time are shown below. A full list is shown in the Appendices.

Figure 5. Popular extracurricular activities in Ysgol Bae Baglan by gender.

Boys	Top 5	Girls	Top 5
	34%		36%
Football		Netball	
	32%		29%
Rugby		Hockey	
	28%		27%
Basketball		Rugby	
	21%		21%
Dodgeball		Rounders/ Baseball/ Softball	
	19%		18%
Cricket		Athletics	

A full breakdown of activities is shown in Appendix B.

Taking Part in Community Sport

74% of pupils from Ysgol Bae Baglan participate in sport at least once a week in a community club compared with **64%** Welsh average.

Popular community club sports that pupils in Ysgol Bae Baglan take part in are shown in the table below:

Figure 6. Popular community activities in Ysgol Bae Baglan by gender.

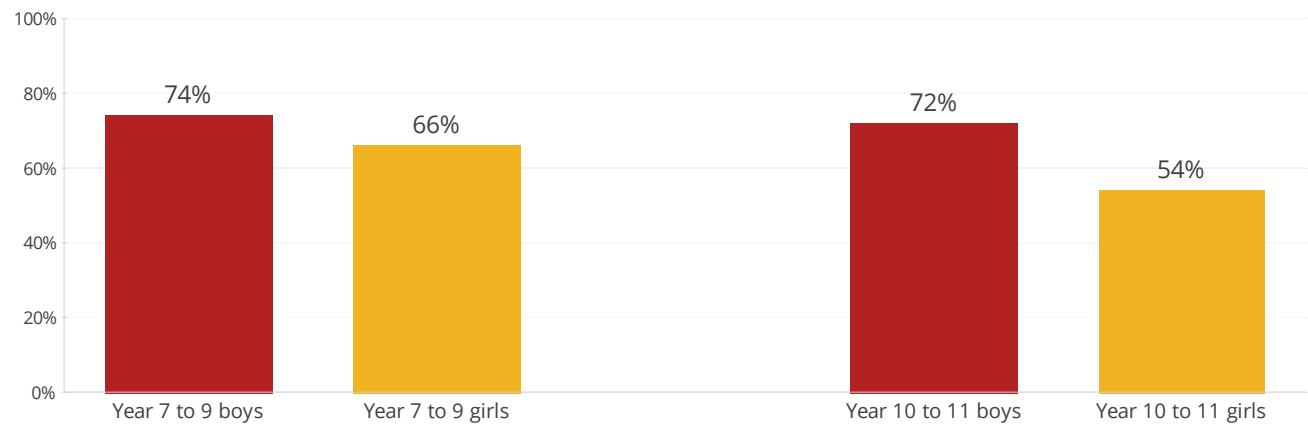
Boys	Top 5	Girls	Top 5
	46%		34%
Football		Netball	
	45%		25%
Rugby		Swimming	
	17%		21%
Cricket		Dance	
	15%		20%
Swimming		Gymnastics	
	14%		18%
Running or jogging		Fitness classes	

A full breakdown of activities is shown in Appendix C.

Volunteering and Sports Club Membership

68% pupils at Ysgol Bae Baglan said that they were a member of a sports club. The breakdown by year group and gender is shown below:

Figure 7. Percentage of pupils with sports club membership by year group and gender.



Pupils were also asked if they volunteer or help with a sport at school or in their community.

36% of pupils within Ysgol Bae Baglan stated that they volunteer within or outside of school in some way (**36% boys** and **37% girls**).

This compares with the national average (**30%**), for boys (**31%**), and for girls (**30%**).

Section 2: Motivation - 'I want to take part'

Motivation relates to a pupil's inner desire or drive to participate in sporting activities. **94%** of pupils at Ysgol Bae Baglan reported a desire to participate in more sport of some kind, compared with **95%** in Wales.

In Ysgol Bae Baglan, **42%** of pupils said that they would like to do more Swimming, compared with pupils in Wales in general where the greatest latent demand was for Swimming. In Ysgol Bae Baglan the greatest demand amongst boys was for Football, whereas for girls the greatest latent demand was for Swimming.



Figure 8. Top five sports pupils would like to do more of by gender.

Boys	Top 5	Girls	Top 5
	52%		49%
Football		Swimming	
	50%		43%
Mountain biking		Netball	
	42%		41%
Rugby		Cycling	
	34%		41%
Swimming		Trampolining	
	32%		34%
Cycling		Athletics	

A full breakdown of activities is shown in Appendix D.

Section 3: Confidence - 'I can take part'

Young people's **belief in their own ability**, and their **confidence to engage in new sporting opportunities** is also likely to affect whether they become active.



Analysis from the 2015 School Sport Survey revealed that those pupils that are very confident in trying new activities without worrying are twice as likely to participate in sport three or more times per week.

Overall, **80%** of pupils at Ysgol Bae Baglan are very or quite confident to try new activities.

Figure 9. How confident are pupils in trying new activities?

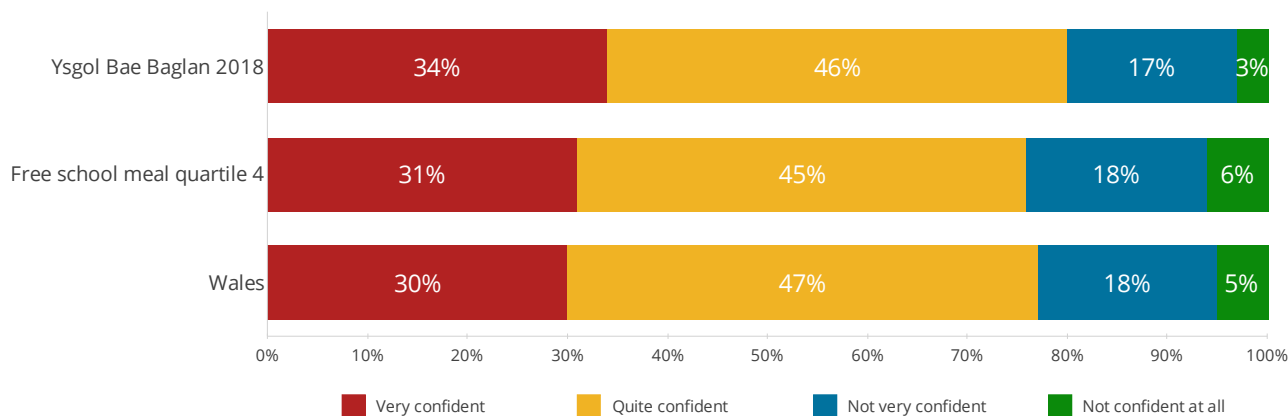
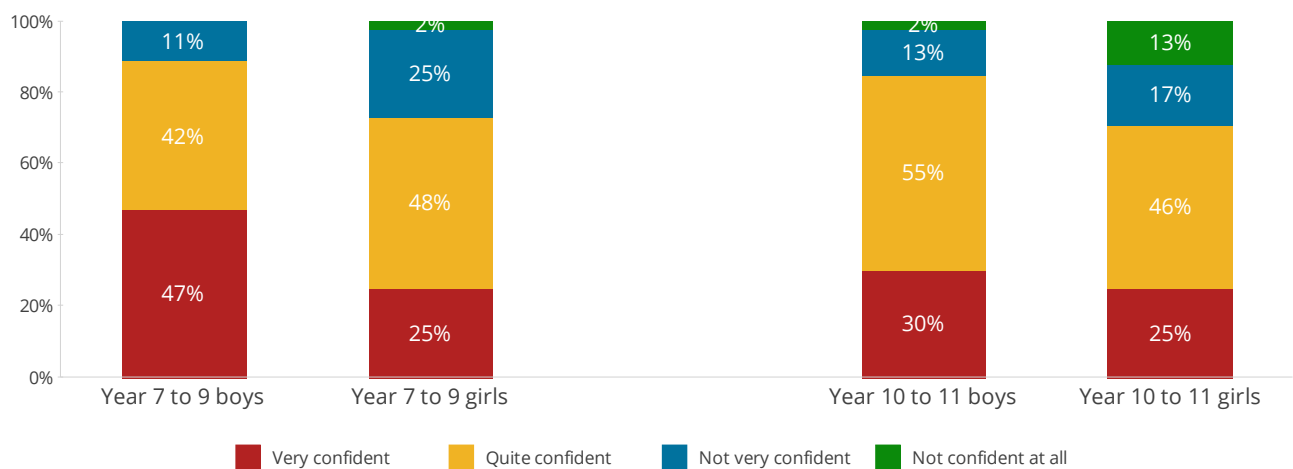


Figure 10. How confident are pupils in trying new activities? (by year group and gender)



By gender, **88% of boys** are very/quite confident, compared with **73% of girls**. **19%** of pupils also stated that they 'would do more sport if they were more confident', while **17%** of pupils would do more sport if they 'were better at sport'.

Section 4: Awareness - 'I know where to take part'

Knowing when, where and how to take advantage of relevant opportunities is essential if we want more young people to be active and have a lifelong enjoyment of sport in Wales.

Schools can take several steps to increase pupils' awareness of local and school run opportunities. The infographic below illustrates a few of these possible measures.

School Sport Survey 2018 Arolwg ar Chwaraeon Ysgol

"Without awareness of an opportunity, accessing it is impossible"

How is your school making pupils **aware** of sporting opportunities?

Are sports opportunities announced within the **school assembly**?
If not, could pupils announce these?

Does your school use **social media** to promote sports opportunities for pupils?

Does your school have a **newsletter**? Is it used for making pupils aware of opportunities to take part in sport?

How could **parents or your school's PTA** help to spread the word about sports opportunities at the school?

Does your school have a **website** which could be used to promote sports opportunities?

Do you have **young ambassadors** or a **sports council** at your school?
How could they be promoting sport within your school?

sportwales
chwaraeocymru

Visit our website / ewch i'n gwefan
schoolsportsurvey.org.uk

Section 5: Opportunity & Resources – ‘It’s easy for me to take part’

For more young people to be able to participate in sport more frequently, it is important that opportunities are available and easy to access. The following section describes what is available in terms of curricular and extracurricular provision within Ysgol Bae Baglan.

Curricular PE



The Welsh Government set out in Climbing Higher a target for all primary and secondary schools to provide a minimum of 2 hours of curricular based sport and physical activity per week. Ysgol Bae Baglan provides **96 minutes of curricular PE per week** on average compared with **95 minutes** in secondary schools across Wales.

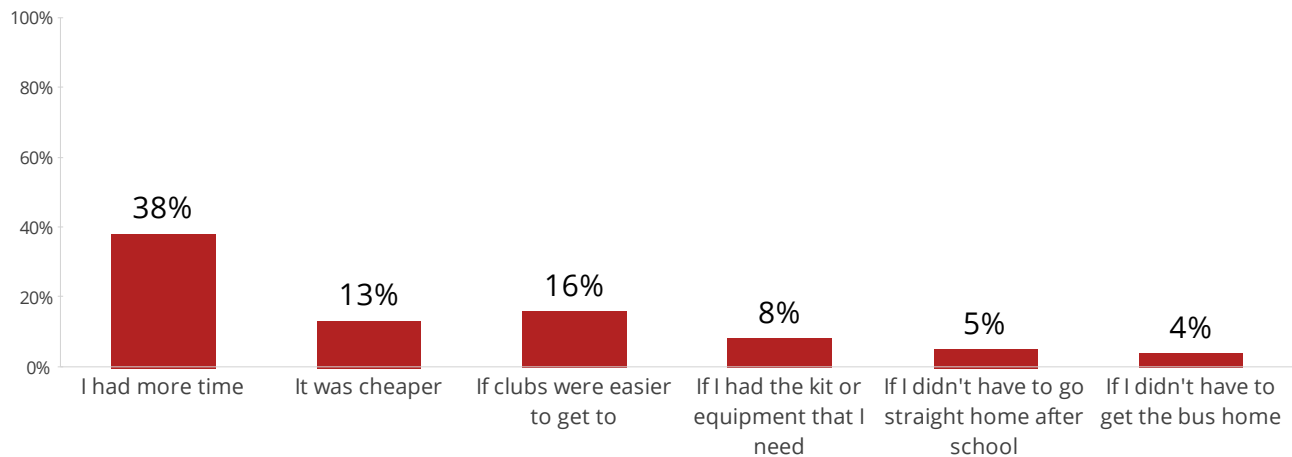
On average, Ysgol Bae Baglan offer **120 minutes per week** to pupils in Years 7 to 9, and **60 minutes per week** to pupils in Years 10 and 11. This compares with a national average of **112 minutes** in Years 7 to 9, and **69 minutes** in Years 10 and 11.

Extracurricular Sport



Providing a range of activities can help schools engage with all pupils and give them the opportunities to develop a range of different skills and competencies. **21** different activities are provided at Ysgol Bae Baglan, compared with the national average of **15** activities. Comparing the activities your school provides alongside the latent demand figures reported in the ‘motivation’ section may help your school identify potential areas for greater engagement in sport.

Figure 11. What ‘opportunities and resources’ would encourage Ysgol Bae Baglan pupils to do more sport?



Section 6: The Experience – ‘I love taking part’

In 2015, the School Sport Survey demonstrated that pupils were almost twice as likely to participate in sport on three or more occasions a week if they enjoyed school sport ‘a lot’.



Pupils were asked whether they enjoy their PE lessons and whether they enjoy taking part in sport in after-school or lunchtime clubs (our measure of extracurricular sport).

In Ysgol Bae Baglan, **61%** of pupils enjoy PE ‘a lot’ and **43%** enjoy extracurricular sport ‘a lot’.

Figure 12. How much do you enjoy PE lessons? (by year group and gender)

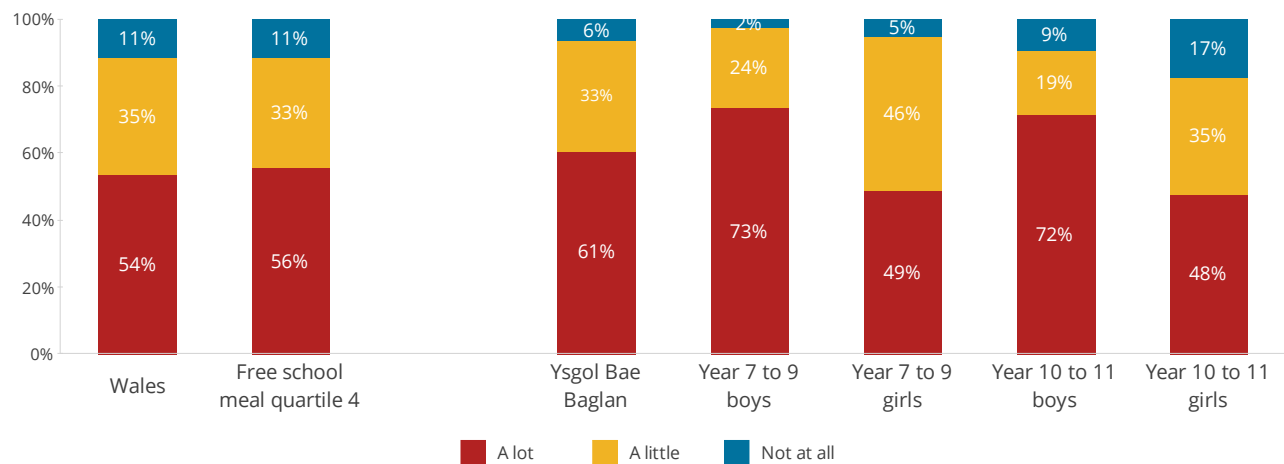
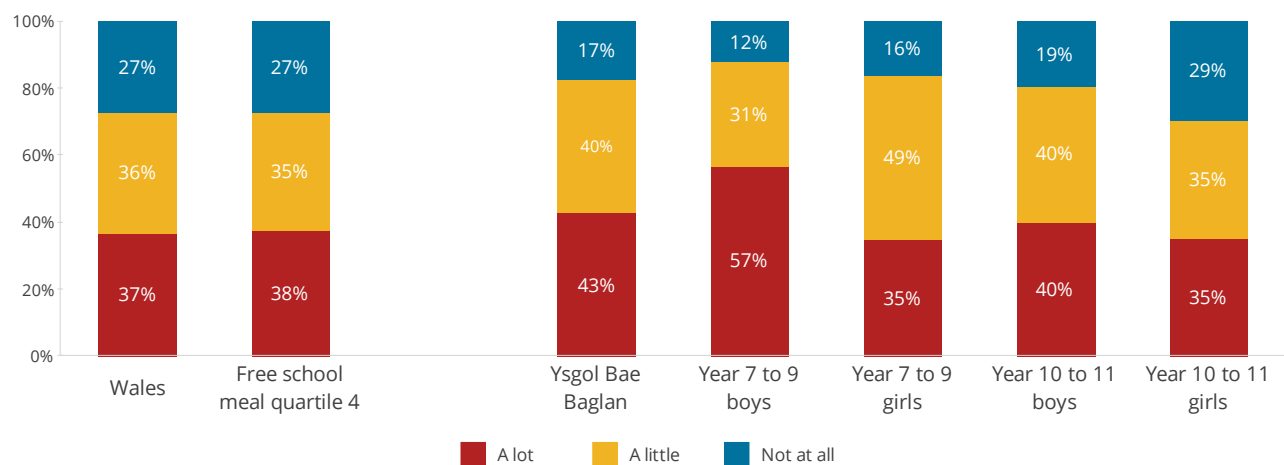


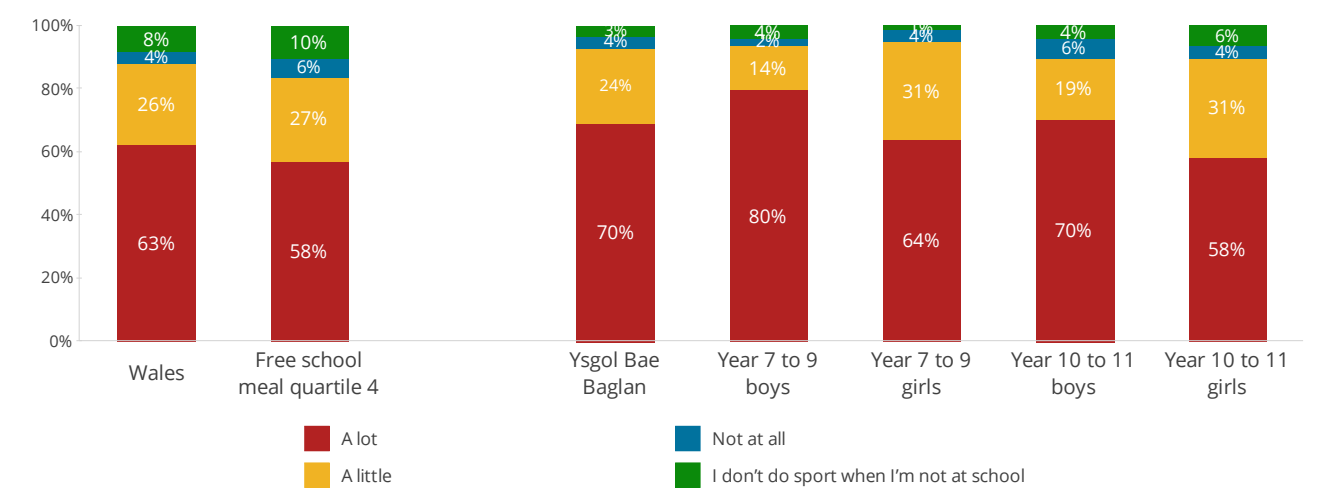
Figure 13. How much do you enjoy extracurricular activity? (by year group and gender)



Enjoyment and good experiences of sport in school can lead to participation outside of school and help build a habit of a healthy and active lifestyle.

70% of pupils in Ysgol Bae Baglan told us that they enjoy doing sport ‘a lot’ when they are not at school.

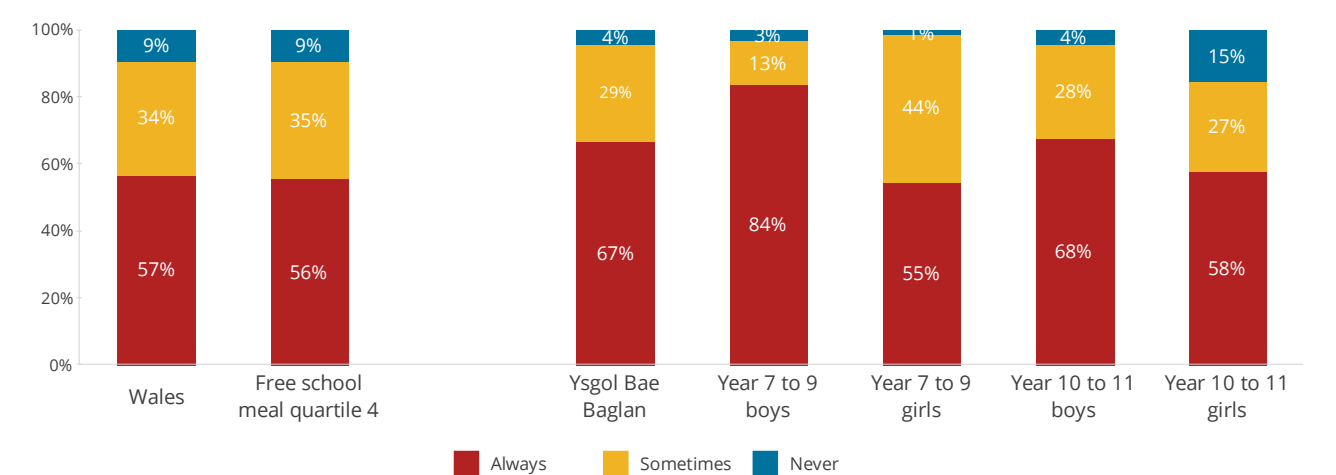
Figure 14. How much do you enjoy organised sport outside of school? (by year group and gender)



The 2015 survey showed that there was an increased likelihood of pupils participating in sport three or more times a week if they said they ‘always’ felt comfortable doing PE and school sport.

In 2018, **67%** pupils in Ysgol Bae Baglan said they **always** felt comfortable in PE lessons and school sport.

Figure 15. How often do you feel comfortable taking part in PE lessons and school sport? (by year group and gender)





Listening to pupils and shaping provision to meet their different needs can help to increase their enjoyment of sport and physical activity. Across Wales, pupils who feel their ideas are 'always' listened to are more likely to participate in and enjoy sport at school.

In Ysgol Bae Baglan, **31%** of pupils (**39%** of boys and **26%** of girls) said their ideas were 'always' listened to.

5% of pupils also articulated that they'd do more sport if school sport facilities were better, and **12%** stated that they'd do more sport if they enjoyed the experience more.

Section 7: Conclusions

Compared with the results for Wales, evidence from the School Sport Survey shows that Ysgol Bae Baglan has:

59% of pupils participating in school-based extracurricular sport, or sport with a club outside of school on three or more occasions per week, compared with a national average of **48%**.

1. Motivation:

94% of pupils stated that they would like to more sport of some kind, compared with **95%** in Wales.

2. Confidence:

80% of pupils state that they are either very or quite confident in trying new activities, compared with **76%** of pupils in Wales.

3. Awareness:

How aware are pupils at Ysgol Bae Baglan of opportunities to take part in sport?
What steps can be taken to ensure that all pupils are aware of the offers available to them?

4. Opportunity & Resources:

Ysgol Bae Baglan provides **96 minutes of curricular PE per week** and **21 extracurricular activities**, compared to Welsh secondary schools who provide **95 minutes of curricular PE** and **15 extracurricular activities**, respectively.

5. The Experience:

61% of pupils stated that they **enjoy PE 'a lot'** and **43%** stated that they **enjoyed extracurricular activities 'a lot'**, compared with Welsh pupils in general who reported **enjoying PE 'a lot' (54%)** and **extracurricular activities 'a lot' (37%)**.

Sport Wales encourages schools to make use of their report as a source of robust evidence for making continuous improvements in PE and sport, helping children to become physically literate and improving levels of wellbeing.

For examples of schools that have used School Sport Survey findings to improve PE and sport and develop healthy, confident and active pupils, please go to our website:

www.schoolsportsurvey.org.uk

To find out more about physical literacy and the resources that are available please go to:

<http://physicalliteracy.sportwales.org.uk/en/>

Appendix A: My Local School Information

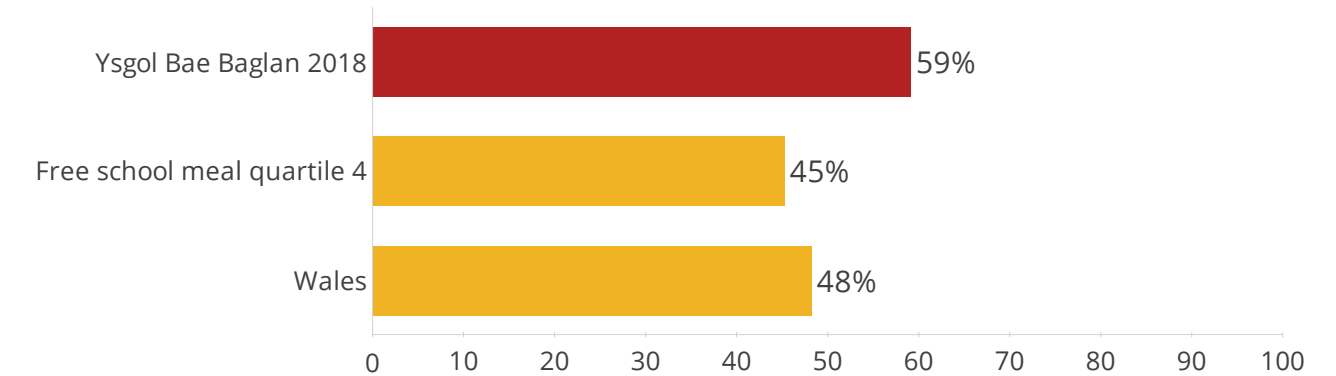
This information was collected by Ysgol Bae Baglan through Sport Wales' School Sport Survey 2018.

Key indicators from the School Sport Survey are presented on Welsh Government's My Local School website:

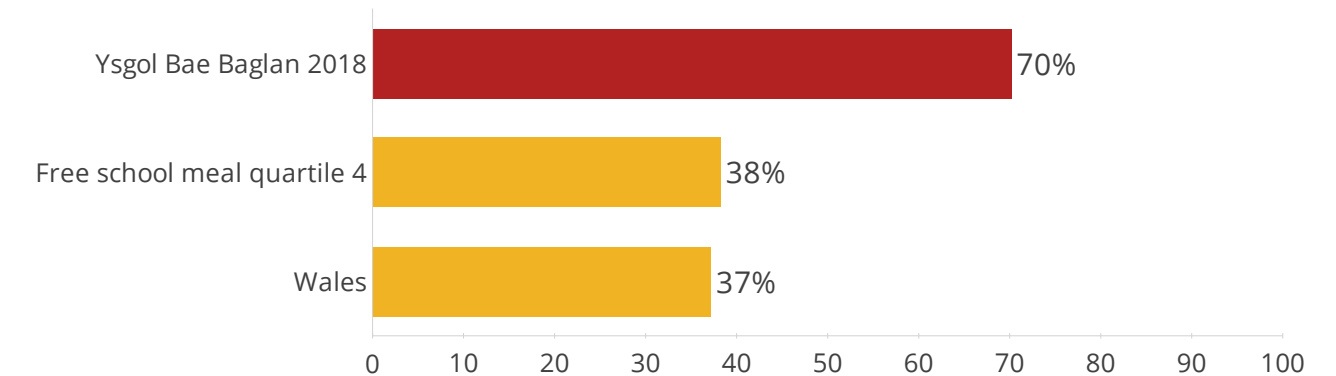
<http://mylocalschool.wales.gov.uk/?lang=en>

Indicator	2018 score
% of pupils at school participate in sport three or more times per week	59%
% of pupils in the school enjoy doing sport in after-school or lunchtime clubs 'a lot'	43%
% of pupils in the school 'always' feel comfortable taking part in PE lessons and school sport	67%
% of pupils in the school are confident in trying new activities	80%
% of pupils in the school enjoy PE lessons 'a lot'	61%
% of pupils in the school think PE lessons and sport help you to have a healthy lifestyle 'a lot'	62%
% of pupils in the school feel that pupils' ideas about PE and school sport are listened to 'always'	31%
Average number of minutes per week allocated for curricular PE	96

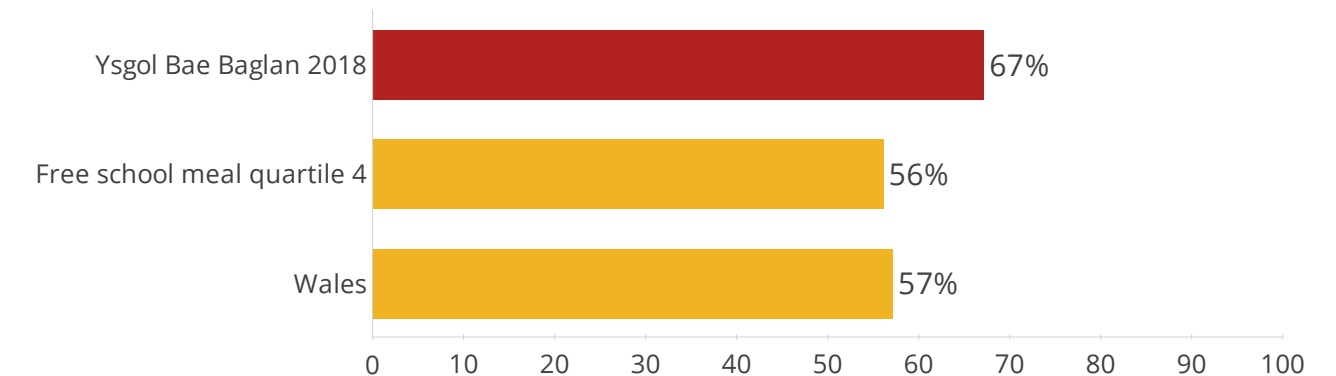
Pupils that participate in sport three or more times per week



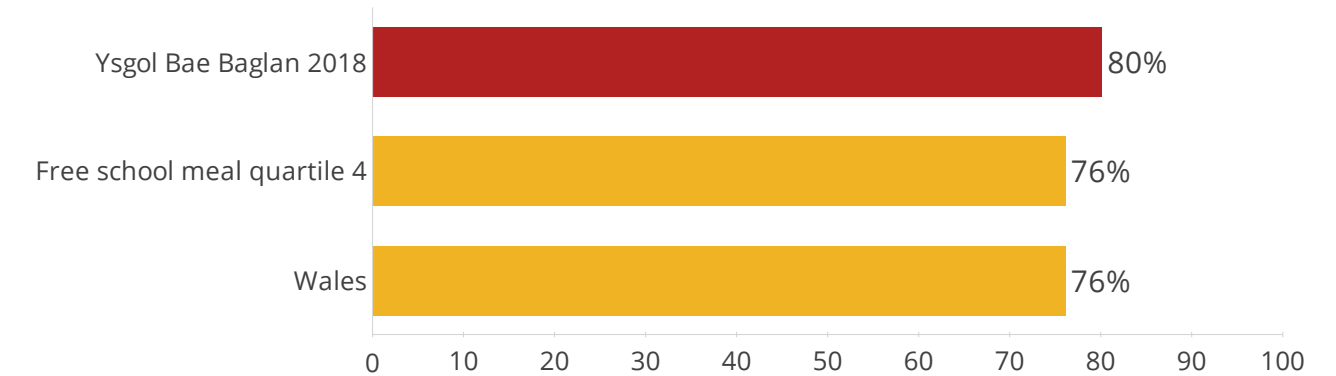
Pupils who enjoy doing sport in after-school or lunchtime clubs 'a lot'



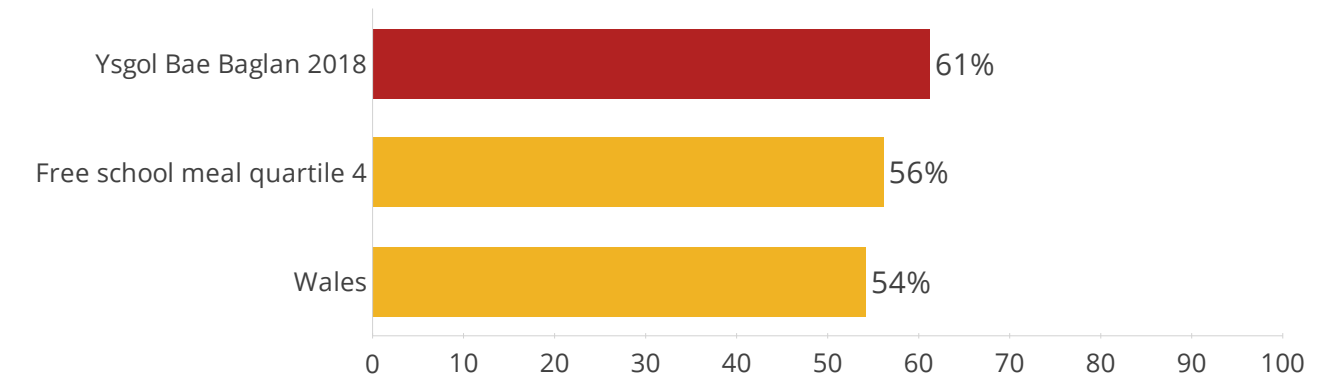
Pupils who 'always' feel comfortable taking part in PE lessons and school sport



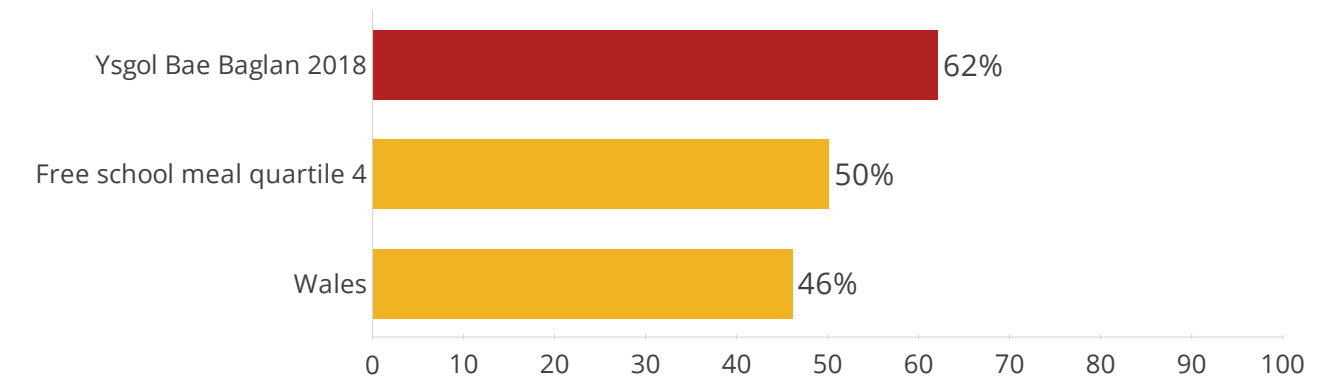
Pupils who are confident in trying new activities

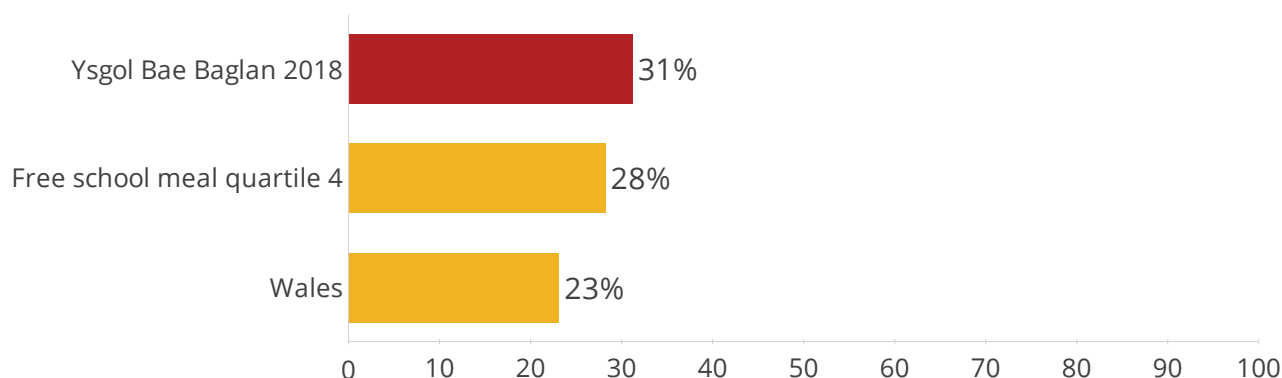
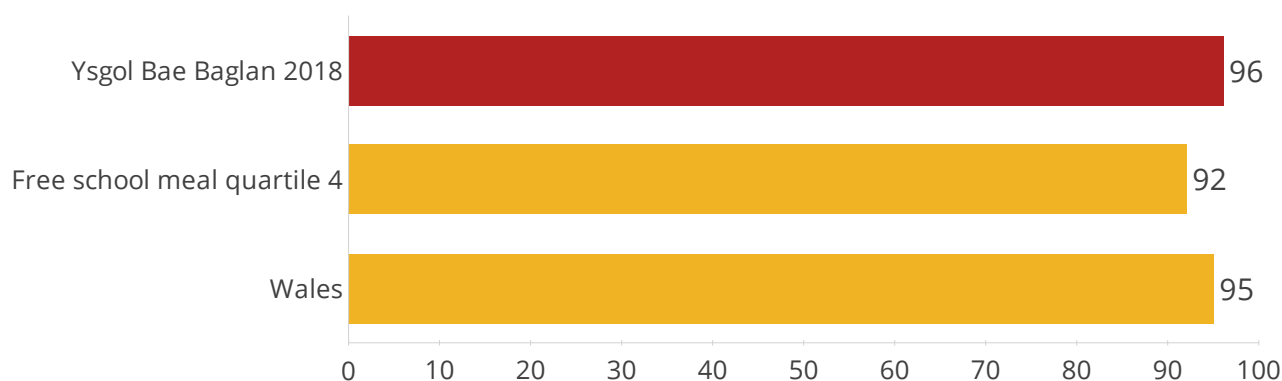


Pupils who enjoy PE lessons 'a lot'



Pupils who think PE lessons and sport help you to have a healthy lifestyle 'a lot'



Pupils who feel that pupils' ideas about PE and school sport are listened to 'always'**Average number of minutes per week allocated for curricular PE**

The content of the School Sport Survey has been informed by the following resources and documentation:

- Estyn (2010) *Guidance for the Inspection of Primary Schools from September 2010*. Estyn: Cardiff.
- Estyn (2010) *Guidance for the Inspection of Secondary Schools from September 2010*. Estyn: Cardiff.
- Qualifications and Curriculum Authority (2005) *Do you have high quality PE and sport in your school? A guide to self-evaluating and improving the quality of PE and school sport*. QCA: Annesely.
- Sport Wales (2010) *Guidance Notes for Completing PESS Self-evaluation*. Sport Wales: Cardiff.
- WAG (2006) *Physical Activity in School Assessment School: a tool for monitoring and evaluating a whole school approach to physical activity*. WAG: Cardiff.

Sport Wales has run surveys of primary and secondary school pupils, in school years 3 to 11, for over 17 years. All schools which collect a sufficient number of survey responses from their pupils receive unweighted results from the survey. For the 2018 Survey, Ysgol Bae Baglan surveyed 312 pupils.

Appendix B: Extracurricular Sports

The following table shows the percentage of pupils participating in extracurricular sport in Wales and in your school:

	Wales	Your school	Male pupils at your school	Female pupils at your school
Adventurous activities	6%	3%	3%	3%
Archery	2%	1%	1%	2%
Athletics	23%	18%	17%	18%
Badminton	13%	11%	10%	11%
Basketball	16%	16%	28%	5%
BMX	1%	-	-	-
Boccia	1%	-	-	-
Bowls (not ten pin bowling)	1%	0%	-	1%
Boxing	2%	3%	4%	2%
Canoeing or kayaking	2%	0%	-	1%
Cheerleading	2%	0%	-	1%
Climbing	3%	1%	1%	2%
Cricket	12%	11%	19%	4%
Cycling	3%	4%	2%	5%
Dance	6%	3%	-	6%
Dodgeball	17%	19%	21%	16%
Fitness classes (like aerobics, yoga or circuits)	9%	8%	6%	8%
Football	25%	25%	34%	15%
Goalball	1%	0%	-	1%
Golf	2%	1%	-	1%
Gymnastics	10%	9%	4%	13%
Hockey	11%	18%	6%	29%
Horse Riding	1%	0%	-	1%
Life saving	3%	3%	1%	4%
Martial Arts (like Judo or Karate)	2%	3%	2%	3%
Mountain biking	2%	1%	2%	1%
Netball	17%	20%	2%	36%
Parkour	2%	1%	1%	1%
Roller sports	1%	1%	-	1%
Rounders/ Baseball/ Softball	19%	17%	11%	21%
Rowing	2%	-	-	-

Rugby	21%	30%	32%	27%
Running or jogging	17%	16%	16%	15%
Sailing	1%	-	-	-
Skateboarding	1%	-	-	-
Snowsports (like skiing or snowboarding)	2%	2%	1%	3%
Squash	2%	0%	-	-
Surfing	1%	0%	1%	-
Swimming	9%	6%	5%	7%
Table tennis	7%	6%	11%	2%
Tennis or short tennis	10%	8%	8%	8%
Trampolining	4%	3%	1%	6%
Triathlon	2%	4%	2%	5%
Volleyball	3%	4%	1%	6%
Water polo	2%	1%	1%	1%
Weightlifting	4%	3%	2%	3%
Wheelchair basketball	1%	1%	-	1%
Wheelchair rugby	1%	0%	-	1%
Wheelchair tennis	1%	0%	-	1%
Other sports	7%	4%	4%	4%

Appendix C: Community Sport

The following table shows the percentage of pupils participating in sport at clubs outside of school, for Wales and for your school:

	Wales	Your school	Male pupils at your school	Female pupils at your school
Adventurous activities	7%	7%	10%	4%
Archery	5%	3%	2%	4%
Athletics	12%	9%	9%	9%
Badminton	5%	2%	3%	1%
Basketball	6%	5%	10%	1%
BMX	2%	1%	1%	1%
Boccia	1%	0%	1%	-
Bowls (not ten pin bowling)	2%	3%	5%	1%
Boxing	9%	8%	10%	6%
Canoeing or kayaking	4%	3%	3%	2%
Cheerleading	3%	2%	1%	3%
Climbing	7%	5%	5%	6%
Cricket	7%	10%	17%	4%
Cycling	6%	4%	8%	2%
Dance	12%	11%	1%	21%
Dodgeball	5%	4%	5%	4%
Fitness classes (like aerobics, yoga or circuits)	14%	13%	7%	18%
Football	25%	27%	46%	9%
Goalball	1%	1%	1%	-
Golf	4%	3%	4%	2%
Gymnastics	9%	11%	1%	20%
Hockey	6%	4%	3%	6%
Horse Riding	5%	4%	1%	7%
Life saving	6%	5%	5%	6%
Martial Arts (like Judo or Karate)	10%	10%	9%	11%
Mountain biking	4%	5%	8%	3%
Netball	10%	18%	1%	34%
Parkour	3%	4%	4%	3%
Roller sports	2%	2%	2%	1%
Rounders/ Baseball/ Softball	5%	3%	3%	3%
Rowing	3%	2%	3%	1%

Rugby	16%	25%	45%	7%
Running or jogging	14%	15%	14%	16%
Sailing	2%	2%	3%	2%
Skateboarding	2%	0%	1%	-
Snowsports (like skiing or snowboarding)	3%	1%	2%	1%
Squash	2%	2%	3%	1%
Surfing	3%	4%	2%	5%
Swimming	21%	21%	15%	25%
Table tennis	5%	3%	4%	2%
Tennis or short tennis	6%	4%	4%	3%
Trampolining	7%	4%	3%	4%
Triathlon	2%	3%	4%	1%
Volleyball	2%	1%	1%	1%
Water polo	3%	1%	-	1%
Weightlifting	5%	4%	6%	3%
Wheelchair basketball	1%	0%	1%	-
Wheelchair rugby	1%	0%	1%	-
Wheelchair tennis	1%	0%	1%	-
Other sports	9%	10%	11%	8%

Appendix D: Latent Demand

The following table shows the percentage of pupils that would like to do more sport, in Wales and in your school:

	Wales	Your school	Male pupils at your school	Female pupils at your school
Adventurous activities	27%	28%	21%	34%
Archery	25%	21%	17%	24%
Athletics	25%	29%	24%	34%
Badminton	21%	23%	16%	28%
Basketball	27%	26%	31%	19%
BMX	16%	17%	26%	8%
Boccia	3%	3%	3%	3%
Bowls (not ten pin bowling)	6%	5%	3%	6%
Boxing	28%	26%	28%	25%
Canoeing or kayaking	18%	13%	9%	18%
Cheerleading	14%	17%	5%	29%
Climbing	28%	25%	26%	24%
Cricket	19%	24%	26%	21%
Cycling	33%	37%	32%	41%
Dance	21%	19%	5%	33%
Dodgeball	34%	30%	28%	31%
Fitness classes (like aerobics, yoga or circuits)	23%	23%	12%	34%
Football	37%	41%	52%	29%
Goalball	5%	6%	10%	3%
Golf	14%	14%	16%	13%
Gymnastics	20%	20%	5%	33%
Hockey	17%	17%	9%	25%
Horse Riding	20%	21%	5%	34%
Life saving	17%	17%	9%	26%
Martial Arts (like Judo or Karate)	21%	20%	20%	19%
Mountain biking	27%	35%	50%	21%
Netball	23%	24%	6%	43%
Parkour	25%	25%	32%	18%
Roller sports	12%	13%	6%	19%
Rounders/ Baseball/ Softball	24%	20%	14%	24%
Rowing	11%	7%	7%	7%

Rugby	29%	35%	42%	28%
Running or jogging	28%	28%	27%	29%
Sailing	11%	11%	9%	11%
Skateboarding	13%	11%	9%	12%
Snowsports (like skiing or snowboarding)	17%	12%	10%	14%
Squash	10%	9%	7%	9%
Surfing	21%	23%	16%	29%
Swimming	43%	42%	34%	49%
Table tennis	25%	21%	24%	17%
Tennis or short tennis	20%	16%	17%	16%
Trampolining	33%	30%	18%	41%
Triathlon	9%	13%	10%	16%
Volleyball	14%	14%	6%	21%
Water polo	14%	10%	6%	14%
Weightlifting	17%	15%	16%	14%
Wheelchair basketball	6%	5%	6%	6%
Wheelchair rugby	5%	5%	8%	4%
Wheelchair tennis	5%	4%	5%	4%
Other sports	17%	15%	17%	14%

Appendix E: 'I would do more sport if...'

The following table shows the percentage of pupils that 'would do more sport if...':

	Wales	Your school	Male pupils at your school	Female pupils at your school
There were more sports that suited me	36%	41%	39%	43%
My parents went with me	4%	5%	6%	3%
My friends went with me	38%	38%	22%	53%
I had more time	37%	38%	34%	41%
It was cheaper	19%	13%	7%	19%
If the clubs were easier to get to	20%	16%	10%	23%
If the school sports facilities were better	16%	5%	6%	6%
If the community sports facilities were better	10%	4%	3%	5%
If the changing rooms were nicer	13%	8%	6%	9%
If the kit was nicer	13%	8%	5%	11%
If I had the kit or equipment that I need	10%	8%	6%	11%
If I was fitter	23%	18%	16%	19%
If I was better at sport	23%	17%	12%	22%
If girls and boys did sports at different times	9%	11%	6%	16%
If I didn't have to go straight home after school	7%	5%	3%	6%
If I didn't have to get the bus home	8%	4%	2%	6%
If I didn't have other things to do after school	15%	13%	8%	18%
If I enjoyed it more	16%	12%	7%	15%
If I was more confident	24%	19%	12%	27%
I already do enough sport	8%	10%	14%	6%
I don't want to do more sport	4%	1%	-	2%
Other	10%	11%	14%	9%

Appendix F: Healthy Lifestyle

62% of pupils said that PE lessons and sport contributed a lot towards a healthy lifestyle, compared to a national average of **46%**.

63% of boys and **62% of girls** at Ysgol Bae Baglan believed that PE lessons and sport will help them achieve a healthy lifestyle, compared with national average for boys (**51%**) and girls (**41%**), respectively.

Figure 16. How much do PE lessons and sport help you to have a healthy lifestyle?

