



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

Changemakers: Creativity and Value Creation

BMHP5014

Assessment 2

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Introduction

Within this assignment I'm going to discuss Identify the various key learning points from the e-learning that I have done within this class. I will go through all the units and discuss the main thing that I have learned from that unit as well as how that will help me in my career in health and social care.

Unit 1 - ideas and values

This unit was all about Innovation and how it can impact the world, as well as all the various commitments that I can make in my daily life to help sustainability and discovering ourselves. The topic from this unit that I think was one of the most important of the whole unit was Topic 3, "Addressing sustainability" I think that taking care of our planet is our duty, we are one the smartest animal in the world yet we are still so ignorant to the effect that our choices can have on our planet. Something as simple as eating plant-based food, recycling and using less plastic would have an incredible impact for the better if all of us did it. This unit made me realise that I can do a lot more, It showed me that it is worth it to take an extra 5 minutes of my day to sort out the recycling or take some time to learn new plant-based recipes that do not use ingredients that are responsible for climate change such as meat, fish and dairy, this are things that I would never have even considered as I thought "What's the point?". This unit made me realise how powerful my choices and I really are it showed that I can do my part in taking care of our home The Earth.

Unit 2 - creative solutions

Unit 2 gave me a lot to think about, I am a somewhat creative person, I like to draw and write from time to time but nothing too serious. I feel like this unit tries to push that creative side of you into something that you can use to create an idea or concept. The unit that really helped me develop my creative side was unit 4, "Seeking solutions in a constantly changing world". This unit showed that now everything has been created or thought of, there

is still a lot of room for creativity and change and I can still be part of that, with the various different needs that this world still needs, Ideas can never run out but the way in which we think of them can. This unit gave me different methods to find creativity such as Going for walks to clear my head and things, learning from my environment, collaboration and many more. Like Maya Angelou said, "You can't use up creativity. The more you use, the more you have". This unit also taught me about tool kits and how useful they can be. I decided to create my tool kit where I have set a specific place in the house where I can sit and be creative. Without this unit it would take me a long time to be creative and start working on Ideas but now I take anywhere from 1 to 2 hours a day to do so.

Unit 3 - mobilising support

This unit truly had so much to offer, it ranged from teaching how to work in a team to how to be confident when sharing your ideas as well how to fund your Ideas and the importance of how to market them. From all that I learned in this unit, I feel like the most important topic of them all was Topic 1 "Collaboration not competition". This topic teaches you the importance of creating a network of supportive people and how you would use this network in order to support the Idea that you have. There are many types of networks for all sorts of different environments such as; family, work and social. I was encouraged to create my own network of people and decided to create a creative network of people who I think could support any Ideas that I may have in the future that I would want to pursue. Later on in this topic I was also shown the importance of Stakeholders when It comes to making your Idea or project come to life. Unfortunately for most of us, we would never have the kind of money necessary to invest in an idea or project or business, here is where a stakeholder comes in. They are the ones who will invest in your Idea and will essentially own a percentage of your business. This is why communication when presenting your Idea to stakeholders is extremely important. Creating what is referred to as a "Stakeholder analysis" is also extremely important in order to assess the usefulness of your stakeholders and decide which will be more relevant to your company.

Unit 4 – evaluation

Last but not least, unit 4, this unit was all about evaluating the many aspects of one's life and career. It showed me the ways in which success can be measured as well as how to look in the mirror and evaluate your own flaws and mistakes and how to move forward from them. I think that all the units were extremely important but to me, the topic that really got to me was Topic 2, "Personal evaluation". This topic gave a whole new understanding of what success is and how it is measured. There are different categories that success falls into when we try to measure it, these are; Success factor, Criteria and Key performance indicator. These are all important and work in conjunction with each other towards your success. This topic also showed me the importance of others' thoughts and Ideas. Before this topic I did not value others Ideas as greatly as I probably should have. It is always fundamental to have someone else's opinion at hand as two minds think better than one all the time and even though we might differ in the way we think it is still fundamental to creating and projecting successful Ideas. This whole Unit also allowed me to look back on all that I learned throughout the course which I think is so useful as repetition makes room for better and more efficient learning.

Conclusion

I truly enjoyed this class and I think that it is one of the most important classes of the whole course. It shows you things that you would never even think of on a daily basis. I feel like this unit teaches you to be a little bit more human which I think we all need to learn how to be in order to succeed in this world. I will be going back to all this units to check what more I can learn and develop.

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