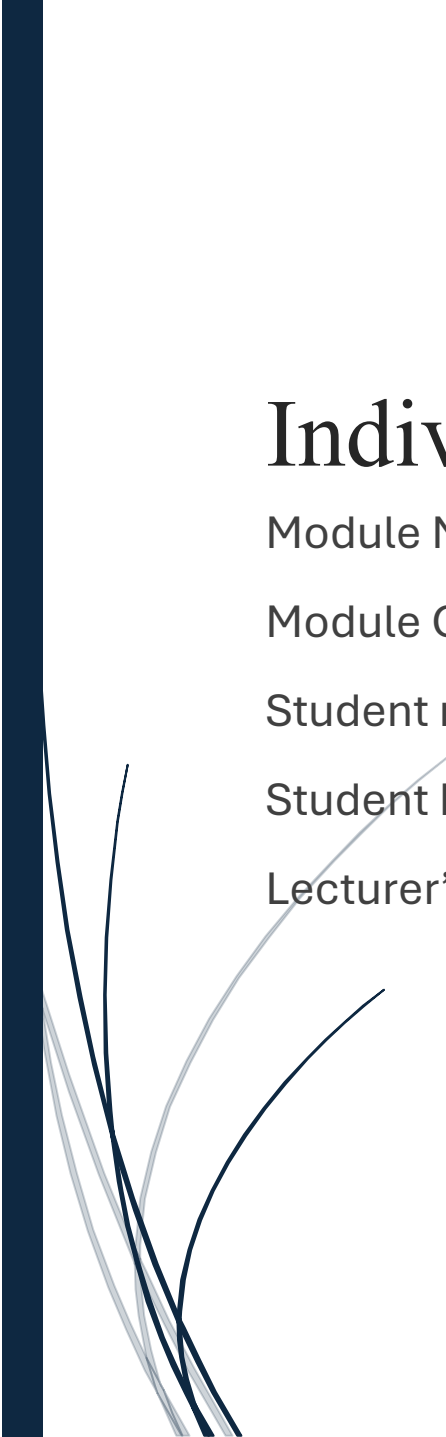




Individual Report

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Section 1: Introducing the Research Paper and Topic Development

Nursing Care Activities Based on Documentation

Nurses are involved in many activities in a hospital from patient admission through discharge. They provide continuous 24-H patient care, which is divided into several shift (Dohan, 2019.) patient care includes performing assessments, stating nursing diagnoses, developing intervention plans, implementing care, and making evaluations to modify or terminate care. (2). Example of nursing interventions include discharge planning and education, the provision of emotional support, self-hygiene and oral care, monitoring fluid intake and output, ambulation, the provision of meals and surveillance of a patients general condition (3).the delivery of nursing care should involve the patient a nurse respectfully communicates, coordinates and integrates nursing care, provides education and information, and considers the comprehensive and continuous physical and emotional comfort at the patient (4). In addition, nurse employs an appropriate strategy to establish a good rapport with a patient and can understand a patient's condition in a such way that can motivate him or her to actively participate in very nursing activity.

Main topic or problem explored in the paper

It was revealed that nursing activities in the delivery of nursing care were insufficient, this activities according to the standard of nursing activities, included the assessment of the functional status of decubitus risk biological status (04%), formulation of a nursing diagnosis (20.8%) identification of patients home needs (41.3%), quality of life nursing activities are very important within the hospital and must solve the problems that the patient needs. Every nursing activity should produce documentation with critical thinking If nursing documents are not clear accurate.

Who is the research about

Research is the systematic process of investigation or study of a particular subject to discover a new information for better understanding using various method and techniques. For this essay the research article being discussed is titled 'Nursing care activities-based Documentation' and was written by Amirante et al (2017). In this study, The authors aimed to identify how nurses deliver care based on the documentation they completed.

Why is this topic important in the UK health and social care

I believe that health and social care is important in the UK because many people in UK are seeking for help especially the elderly for those qualified individual and certified and dedication, reliable as a assistant health care their knowledge and learning regarding health assistant to suite for many people needs, as a health assistant it must be the following dedication and motivation to work, time management such as monitoring the patients on time, give the accurate amount of medicine in take, cleanliness and ensuring that all schedule will be followed through and aside from that I could applied to my family especially to my children.

Section 2: Understanding the Purpose and Research

Understanding the purpose and research is a systematic way of asking questions, gathering evidence and analysing information and reaching well supported conclusions, understanding its purpose helps ensure that the research has a clear direction and produces useful results, is a particular way of knowing something it is a systematic gathering of data and information it is analysis for the advancement of knowledge in any subject. And to create an accurate timely reliable record of patient data.

2.1 Research question or objective

Objective- to maintain complete accurate timely and confidential nursing documentation this help to avoid unnecessary research it also means that my research methods and conclusions can easily be evaluated.

Section 3 understanding the research methods

Review the patient's assessment and existing nursing documentation and collect accurate and relevant patient information in this case all patient history will gathered and give the patient proper first aid if needed. Such as to follow

Record vital sign, symptoms, observations, intervention, patient responses and apply evidence-based nursing intervention where appropriate.

3.1 Overview of Quantitative, Qualitative and mixed methods research

Quantitative research-quantitative research is focused on finding out how often things happen, uses numbers, measurements, survey, or statistics to examine relationships or outcomes. Sample size can be large consisting of many participants; data analysis is done mathematically.

Qualitative research- Data analysis is non statistical by summarizing and categorizing Explore people's experiences, opinion, feelings and perceptions through, interview, observations or discussions and question are open ended, result is expressed in words

Mixed methods research- combines quantitative and qualitative approaches research methods help nurses determine how reliable evidence is collected and how research finding can be used to improve nursing practice and patient care, evaluating a new health intervention with quantitative data on effectiveness and qualitative data on participants experiences.

3.2 Research Methodology used in your chosen paper and why

My chosen paper used a quantitative research method which ensures the reliability of data as the method allows a larger quantity to be assessed and compared more efficiently. This prevents any anomalies within valuable data. Furthermore, by using this method, Dr. Kariadi was able to compare gathered data across a period (from July to September 2016) which ultimately allows the identification of patterns and flaws regarding nursing activities within the institution. In this case, it proved that the 'delivery of nursing care were inefficient'.

3.3 Primary and Secondary Data: Definitions, Differences, and application to your paper

Primary Data refers to information that is collected first hand by the researcher for a specific purpose or study this type of data is original and can be gathered through methods such as survey, interviews observations and experiments. In contrast

Secondary Data is information that was collected by someone else for a different purpose and it is often found in books, articles report, and online database, secondary data provides insight based on existing studies and published worked making easier access and analyse without needing to gather new information.

Section 4 Conclusion:

Nursing care activities are essential for providing safe, effective, and patient centred care. Proper documentation of these activities helps nurses communicate clearly, monitor patients progress, evaluate the care provided, maintain continuity of care, accurate nursing documentation also provides important information for research, quality improvement and professional accountability, therefore my topic Nursing care activities based documentation has helped me understand the importance of proper nursing documentation in providing quality patient care, this will help me improve my nursing care practice and provide safe.

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