

REFLECTIVE LEARNING



COMMUNICATION

For example:

I need to project my voice more loudly when delivering sessions



ORGANISATION

For example:

I must ensure I rotate my players during my sessions



DEMONSTRATIONS

For example:

I need to make sure I provide high quality demonstrations so my players learn well



FEEDING

For example:

I must ensure my feeding is appropriate for the needs of my group



TACTICS & TECHNIQUE

For example:

I must make sure that I plan tactically and technically for the age, stage, and ability of my players



KNOWLEDGE

For example:

I must improve my knowledge of all areas of coaching to help attract and retain players

