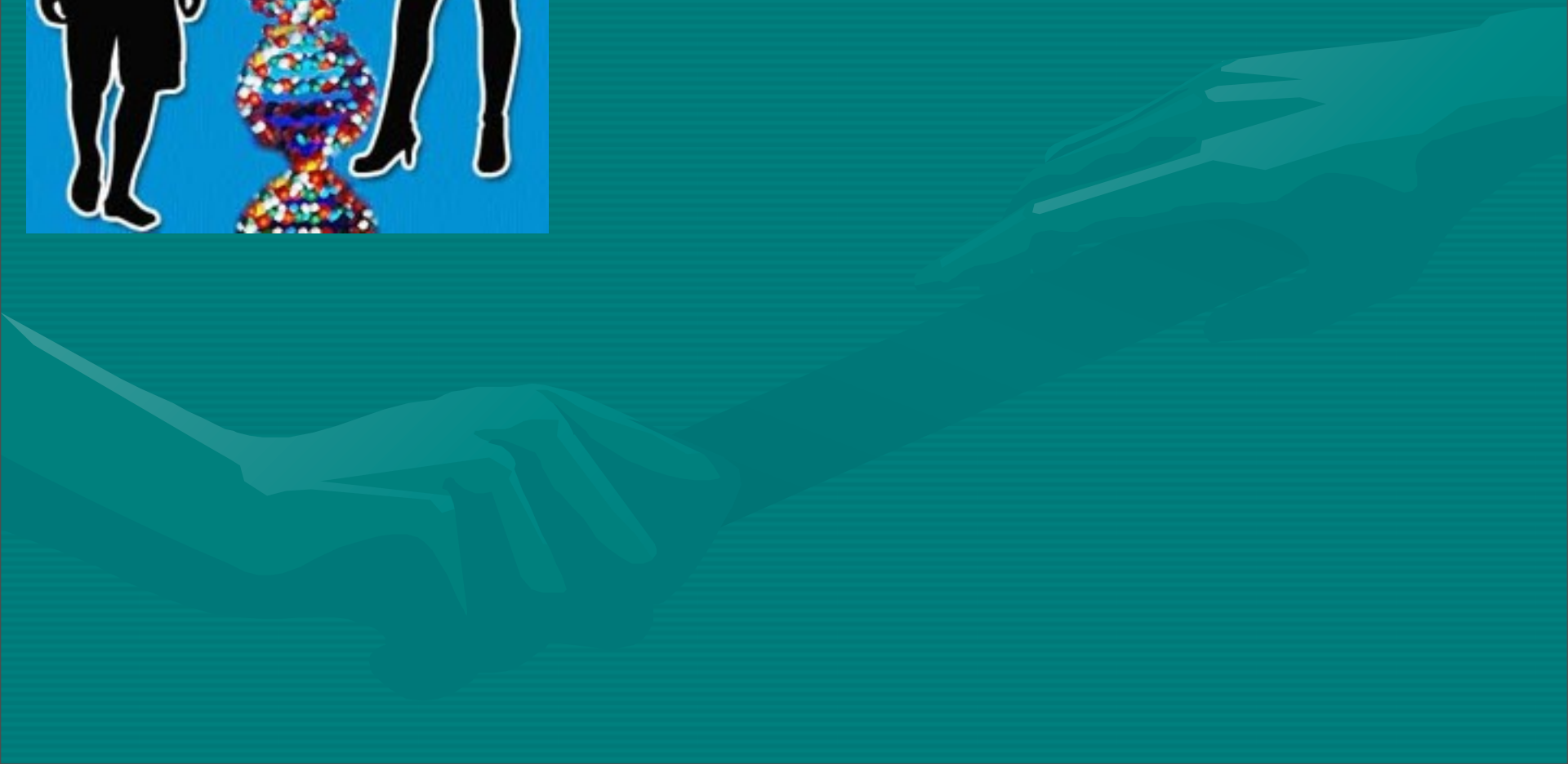
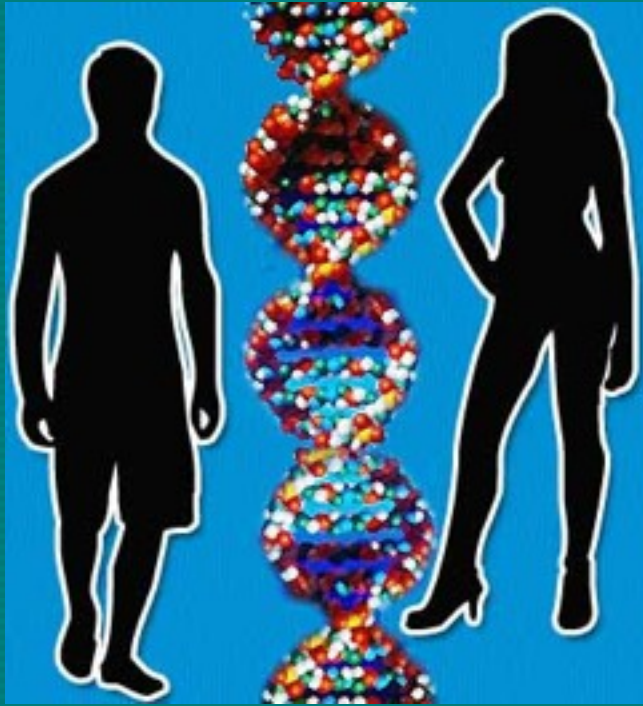
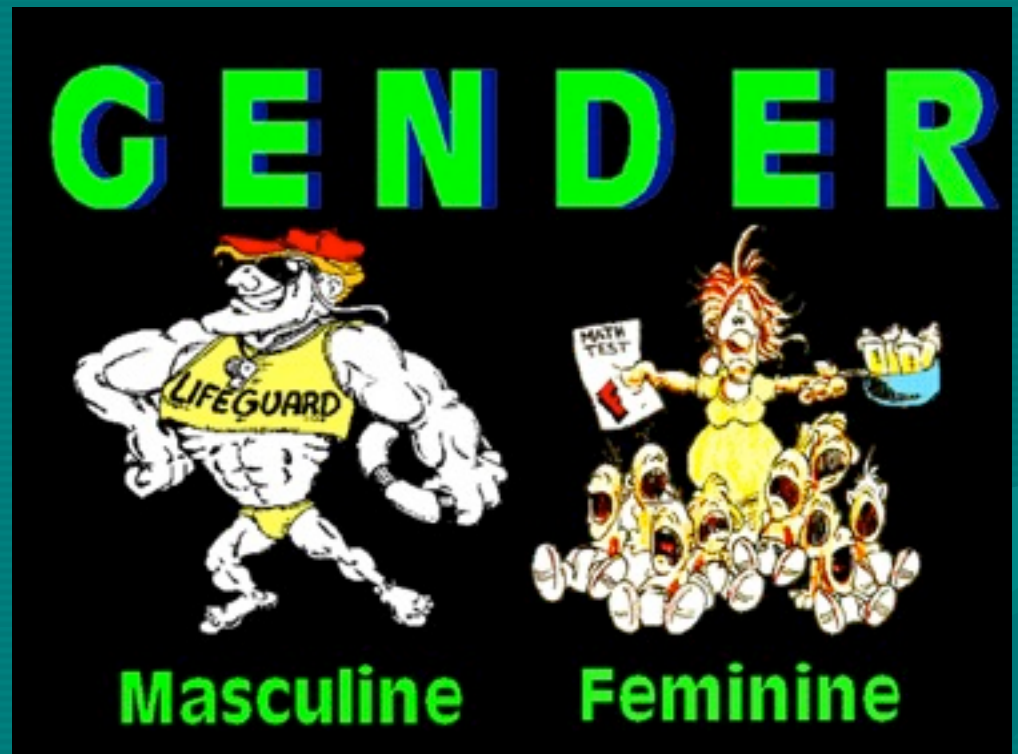
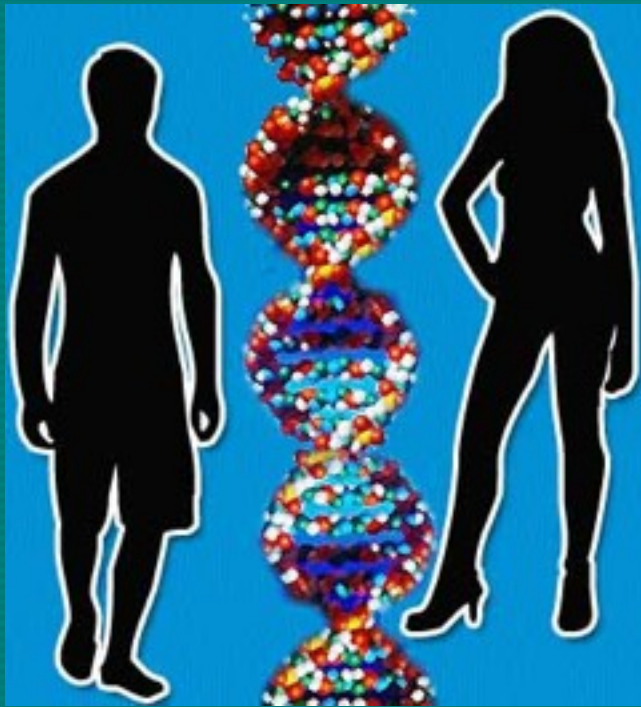


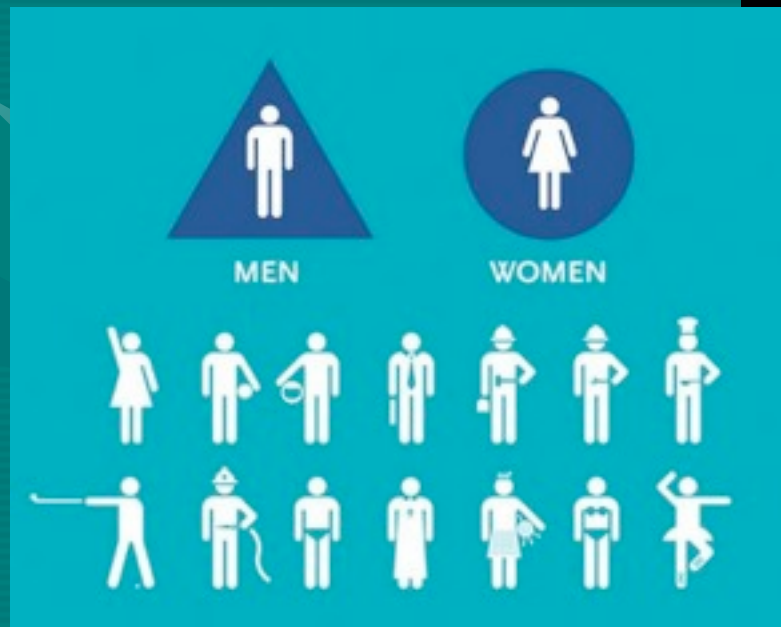
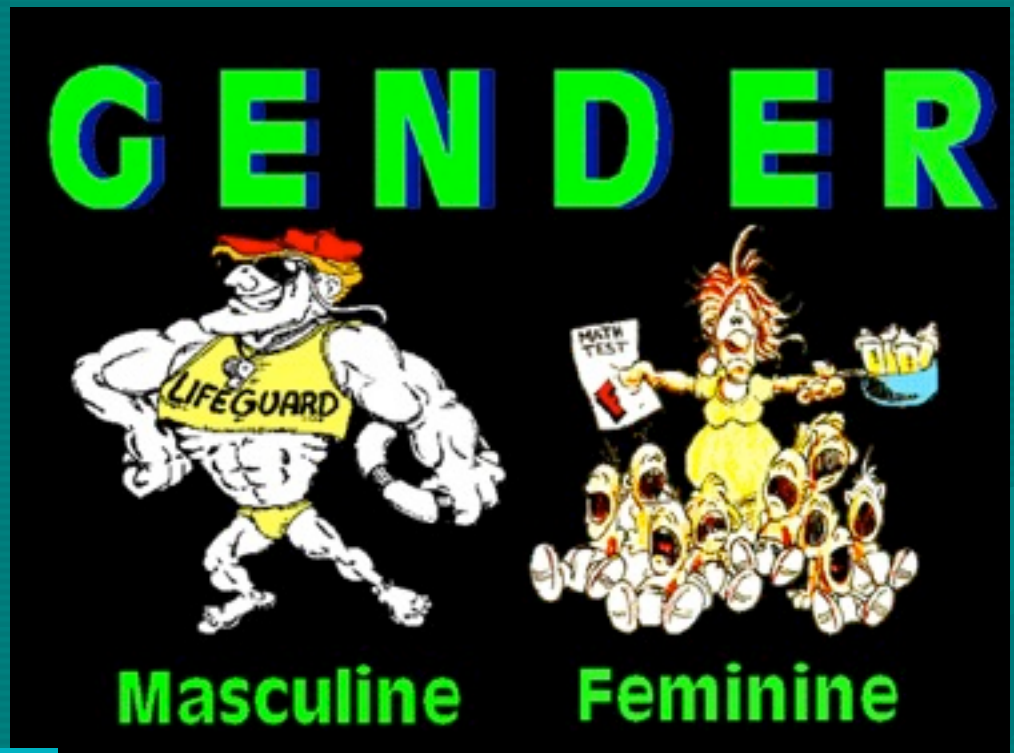
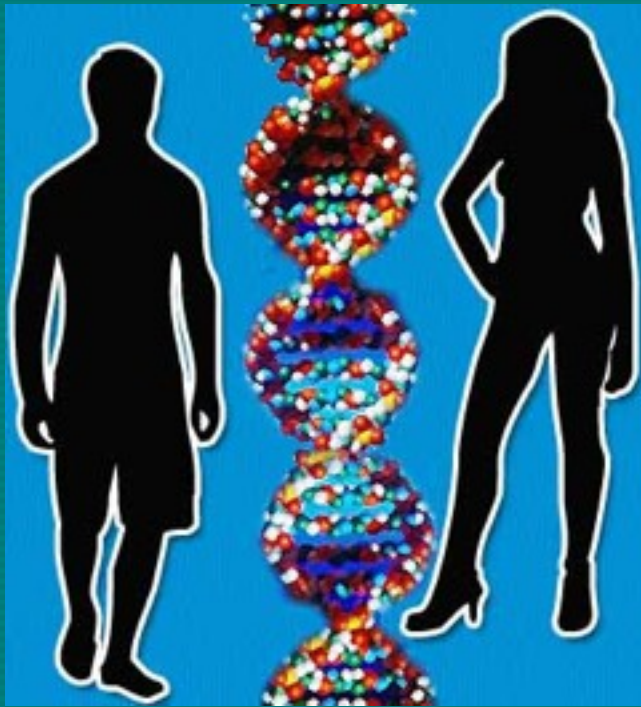
Queering Therapy

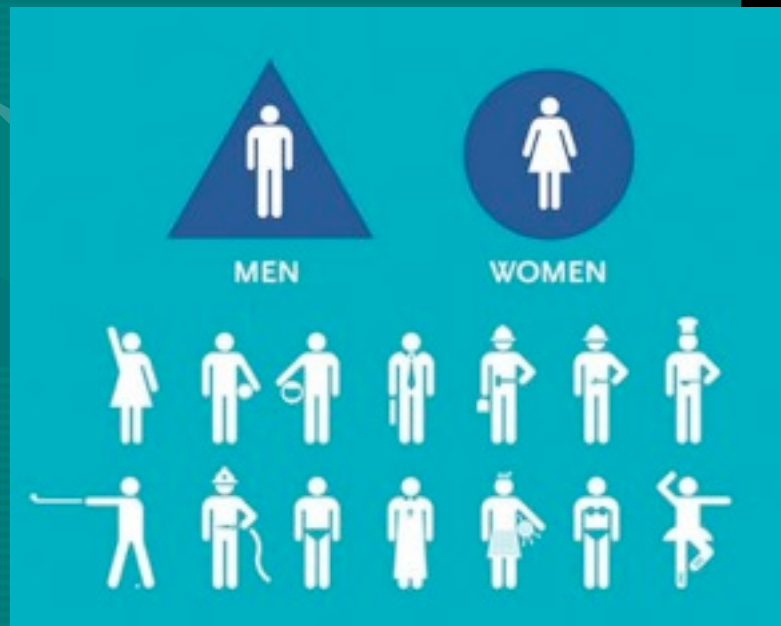
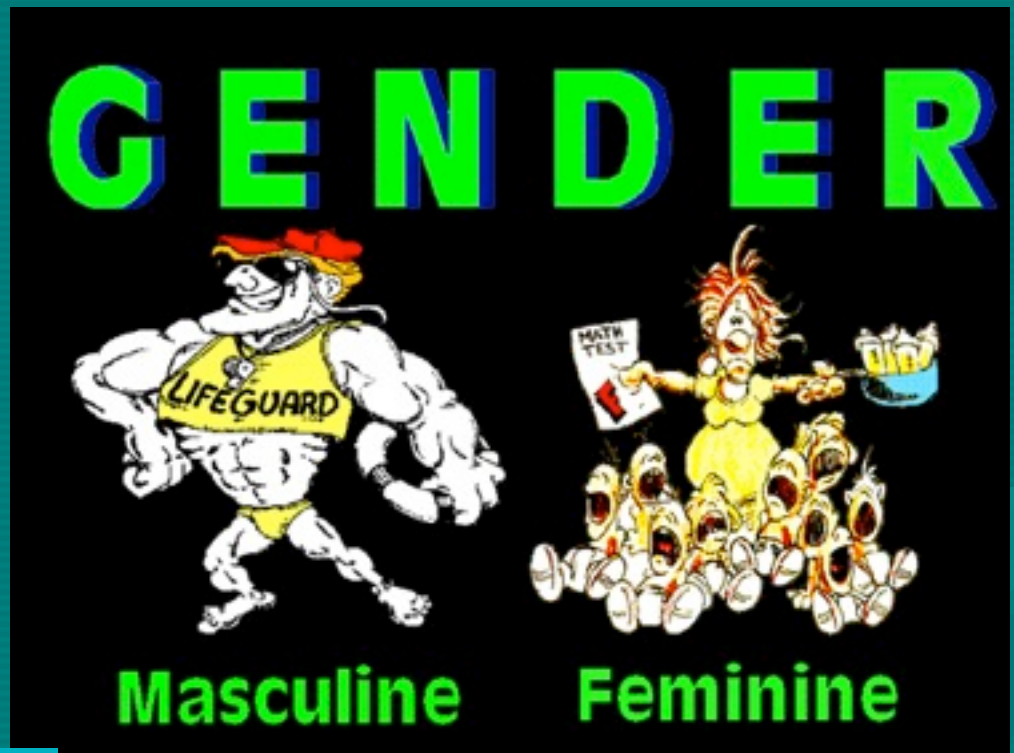
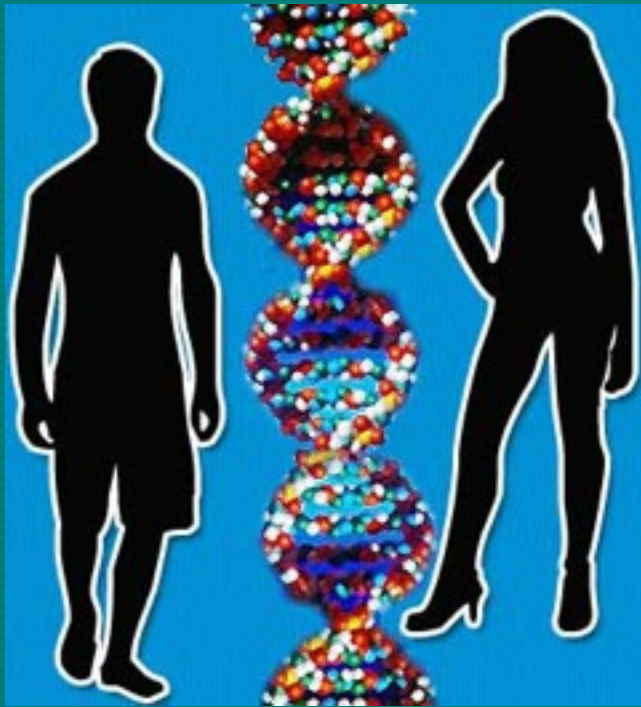
David Nylund
dknylund@csus.edu











Gender/Sex Traditional View



Gender/Sex Traditional View

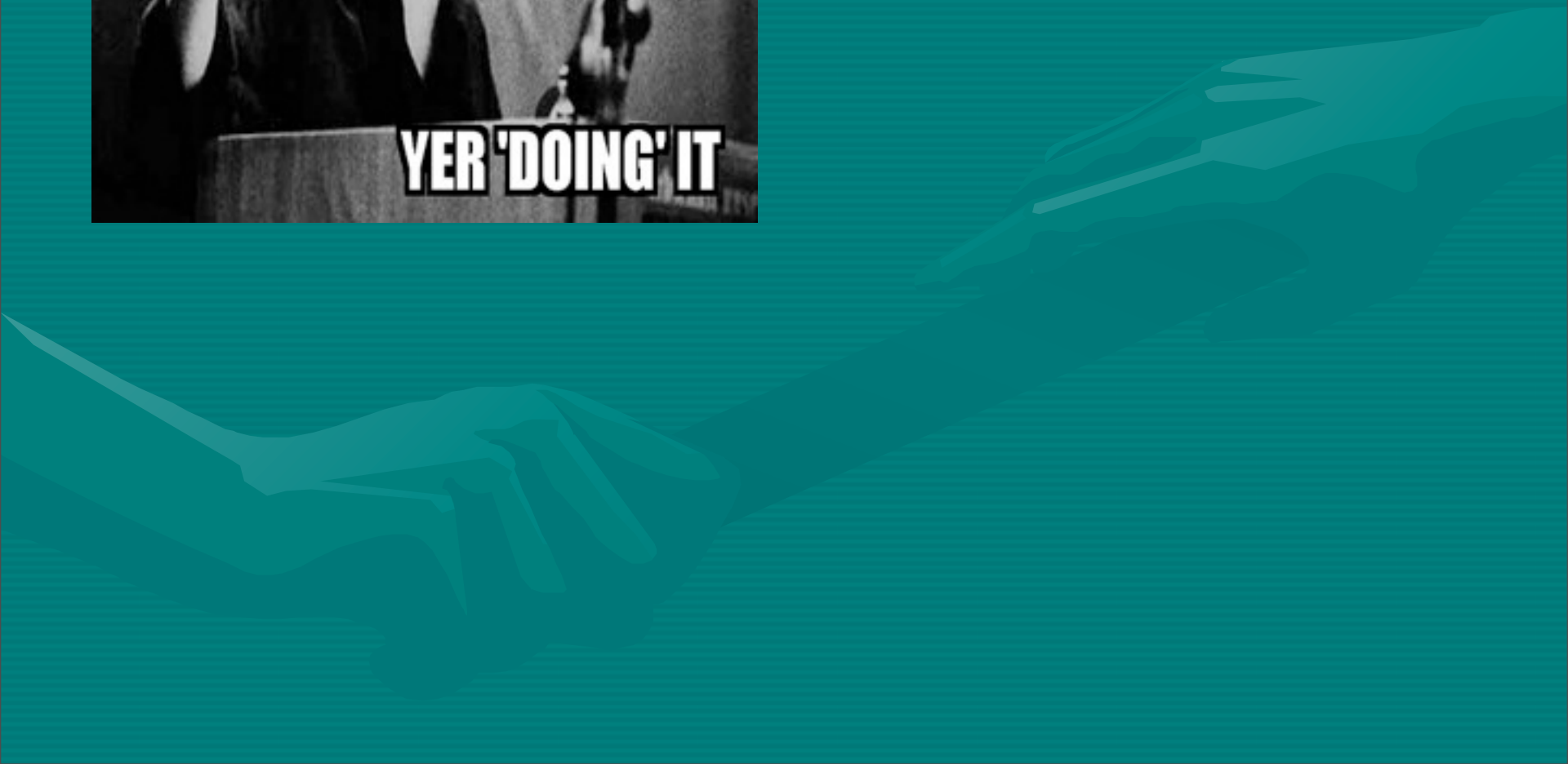
- Sex (male, female) is seen to cause gender (masculine, feminine) which is seen to cause desire (towards the other gender)

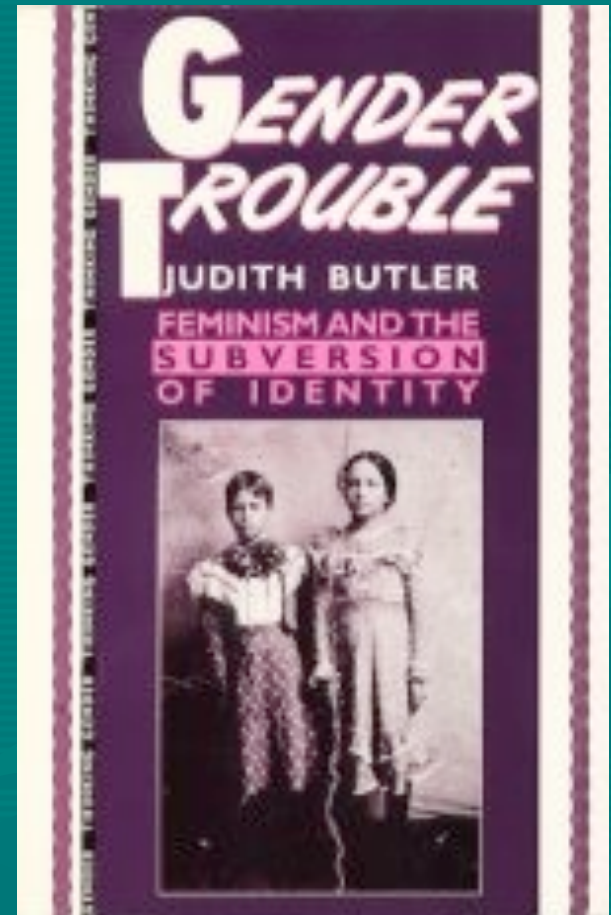
Gender/Sex

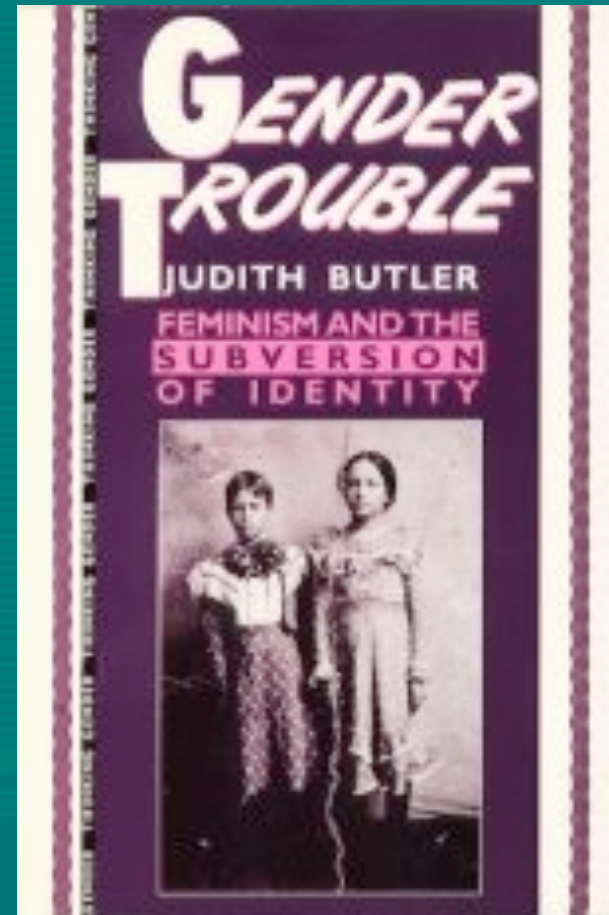
Traditional View

- Sex (male, female) is seen to cause gender (masculine, feminine) which is seen to cause desire (towards the other gender)
- Sex is a biological category; gender is a cultural/social category
 - A binary









Heteronormative Matrix



Heteronormative Matrix

You have a
fixed sex
(male of
female)...



Heteronormative Matrix

You have a
fixed sex
(male or
female)...



Heteronormative Matrix

You have a
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...upon which
culture builds a
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...upon which
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...which
determines your
desire (towards
the 'opposite'
sex).

Butler: Critiques Binary



Butler: Critiques Binary



Is Your Baby Boy or Girl?

AN ULTRASOUND EXAMINATION WILL TELL YOU.

The ultrasound is safe and effective, we do not use needles. There is no risk or harm to the unborn baby. We let you see your unborn baby on a T.V. screen and give you photographs to keep.

- You are told the sex immediately.
- There is no waiting.
- Privacy and confidentiality guaranteed.

Call Now : _____

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Call Now





- Gender is not natural; socially constructed



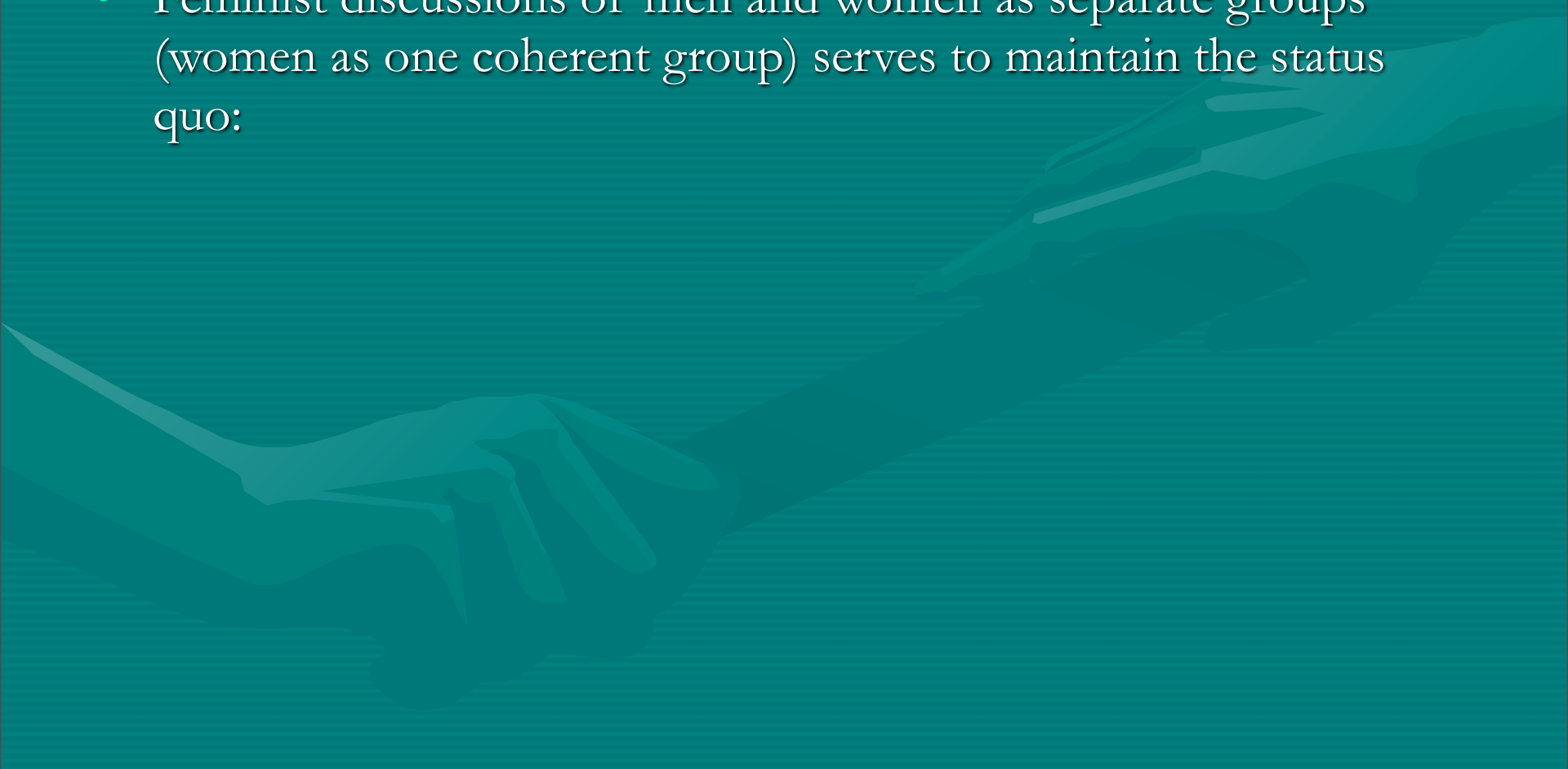
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- Also critiques the idea of biological sex as two separate groups (male/female)



- Gender is not natural; socially constructed
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- Biological sex is just as socially constructed as gender is



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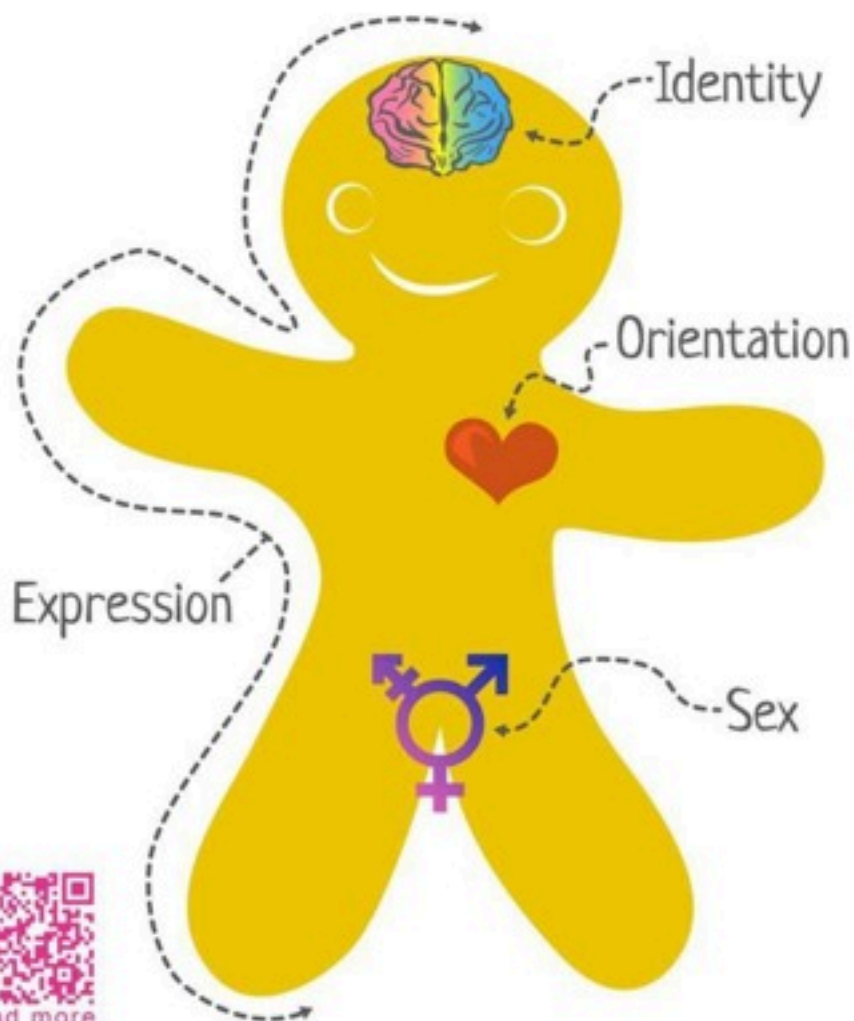


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- Heterosexism

The Genderbread Person

by www.ItsPronouncedMetrosexual.com



Gender Identity

Woman

Genderqueer

Man

Gender identity is how you, in your head, think about yourself. It's the chemistry that composes you (e.g., hormonal levels) and how you interpret what that means.

Gender Expression

Feminine

Androgynous

Masculine

Gender expression is how you demonstrate your gender (based on traditional gender roles) through the ways you act, dress, behave, and interact.

Biological Sex

Female

Intersex

Male

Biological sex refers to the objectively measurable organs, hormones, and chromosomes. Female = vagina, ovaries, XX chromosomes; male = penis, testes, XY chromosomes; intersex = a combination of the two.

Sexual Orientation

Heterosexual

Bisexual

Homosexual

Sexual orientation is who you are physically, spiritually, and emotionally attracted to, based on their sex/gender in relation to your own.



Butler: Shatters the Heteromormative Matrix



Butler: Shatters the Heteromormative Matrix

You have
a body



Butler: Shatters the Heteromormative Matrix

You have
a body

You may
perform an
identity (or
identities)

Butler: Shatters the Heteronormative Matrix

You have
a body

You may
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You may
have
desires

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You have
a body

You may
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identities)

You may
have
desires

Sex, gender and desire are flexible,
free-floating and not 'caused' by
other stable factors

Performativity

- Gender (along with sex and sexuality) is a performance
- It's what you *do* at particular times, rather than a universal *who you are*.
- Certain expressions of gender have seized a hegemonic hold (seen as natural)
- Gender, sex, desire are limited by 'regulative discourses' (Foucault)

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Butler's Vision

- Subversive action to the sex and gender system
- Proliferate genders, sexes, sexualities
- Change gender norms and the binary understanding of masculinity and femininity.

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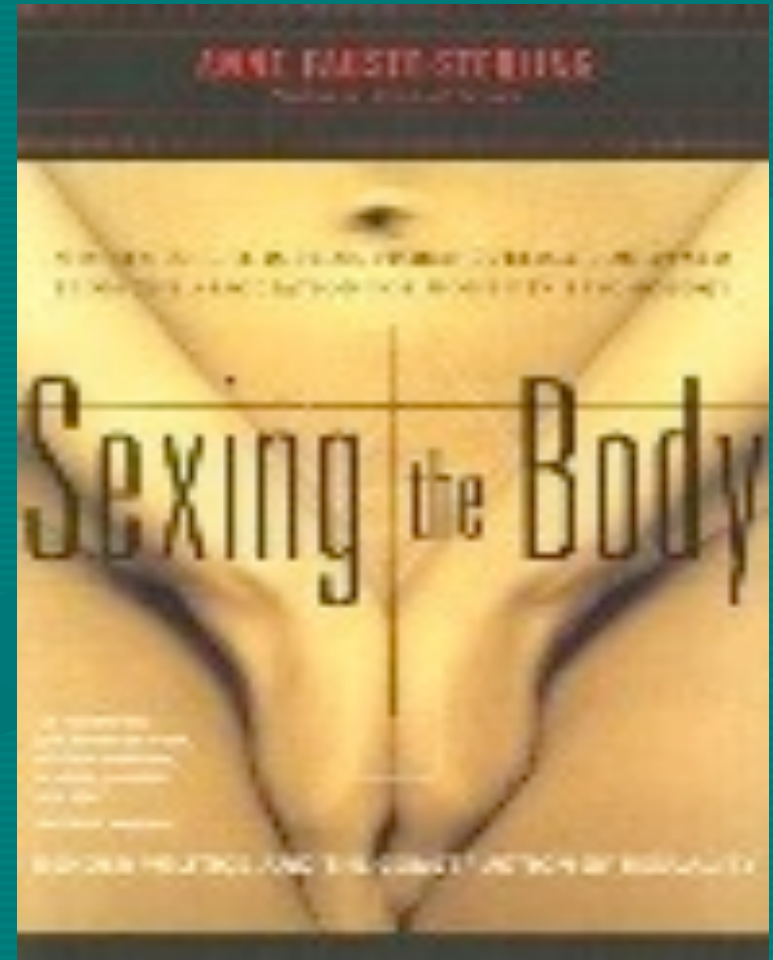


Anne Fausto-Sterling

- Feminist Dynamic Systems Biology
 - “permits us to understand how cultural difference becomes bodily difference.”
- Study of gender differences, gender identity, human sexuality
- At least five sexes
- “Rather than arriving preformed, the sexed body acquires neural networks and muscular and emotional responses as a result of a give and take with its physical, emotional and cultural experiences
- Perhaps sex and gender is not necessarily socially constructed but..
- Socially Exaggerated

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Queer Theory



Saturday, November 16, 2013

Queer Theory

- Challenges the taken-for-granted binaries of gender and sexuality



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- Open up for debate and discussion the very notions of what constitutes maleness and femaleness as well as sexualities

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- Challenges the taken-for-granted binaries of gender and sexuality
- Open up for debate and discussion the very notions of what constitutes maleness and femaleness as well as sexualities
- Contest the categorization of gender and sexuality; identities are not fixed

Limitations of Identity Categories



Limitations of Identity Categories

- Identity categories/politics and social movements
- But also operates to *contain, regulate*, and these identities
- Once such categories are formulated, various institutions—parents, families, medicine, social work, the law, mental health and criminal justice systems—regulate and police them

Queer Theory's Project



Saturday, November 16, 2013

Queer Theory's Project

- Destabilize identity categories; the binary



Queer Theory's Project

- Destabilize identity categories; the binary
- Critique specifications for gay and lesbian identity development
 - “Coming out”
 - Homonormativity



Queer Theory's Project

- Destabilize identity categories; the binary
- Critique specifications for gay and lesbian identity development
 - “Coming out”
 - Homonormativity
- Support non-heteronormative sexual “identities” and practices
 - All sex is good sex as long as its consensual

Gayle Rubin

Binary of good/healthy/normal vs



Gayle Rubin

Binary of good/healthy/normal vs

Good sex



Gayle Rubin

Binary of good/healthy/normal vs

Good sex

- Married sex for procreative purposes

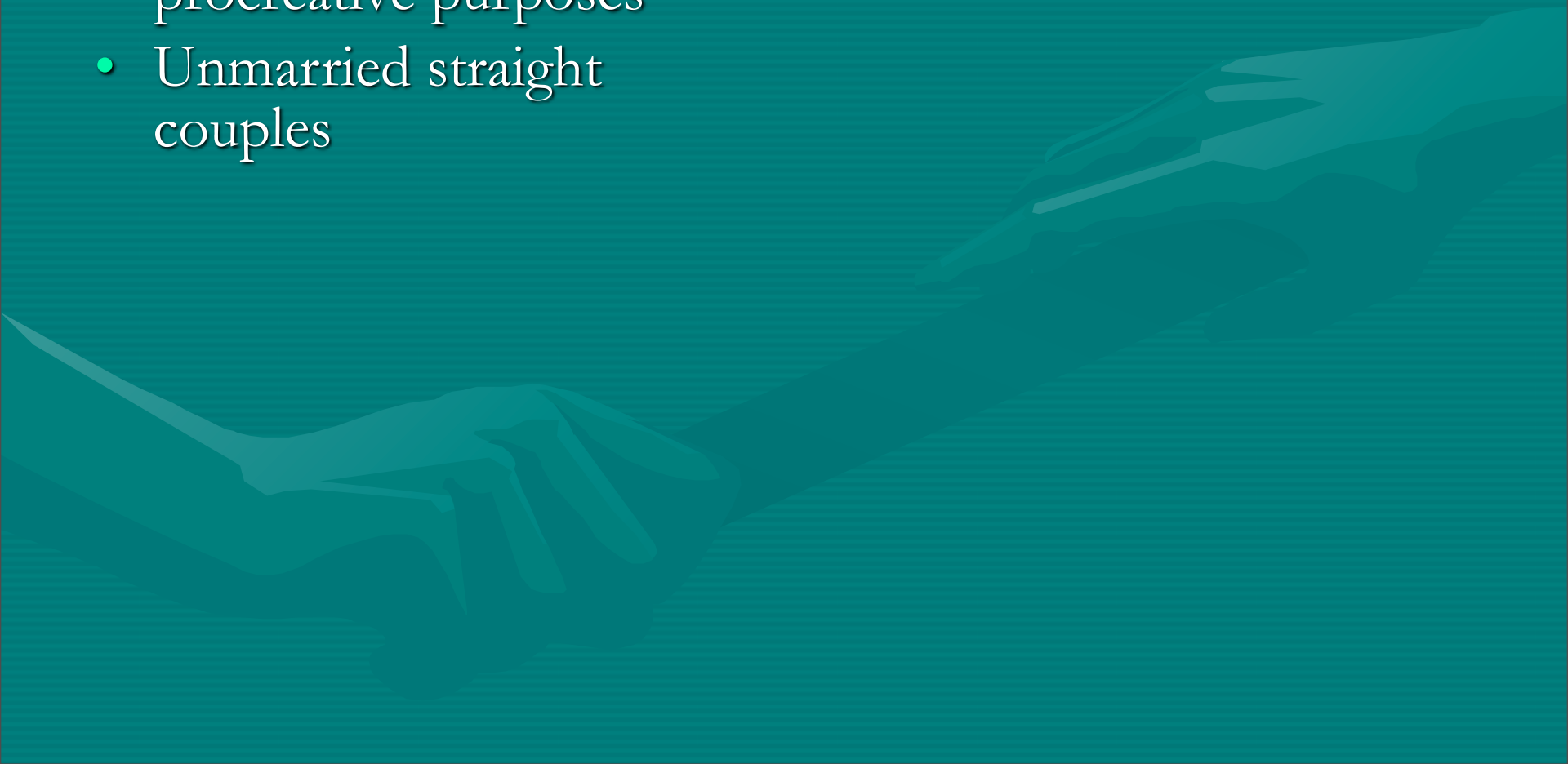


Gayle Rubin

Binary of good/healthy/normal vs

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- Married sex for procreative purposes
- Unmarried straight couples

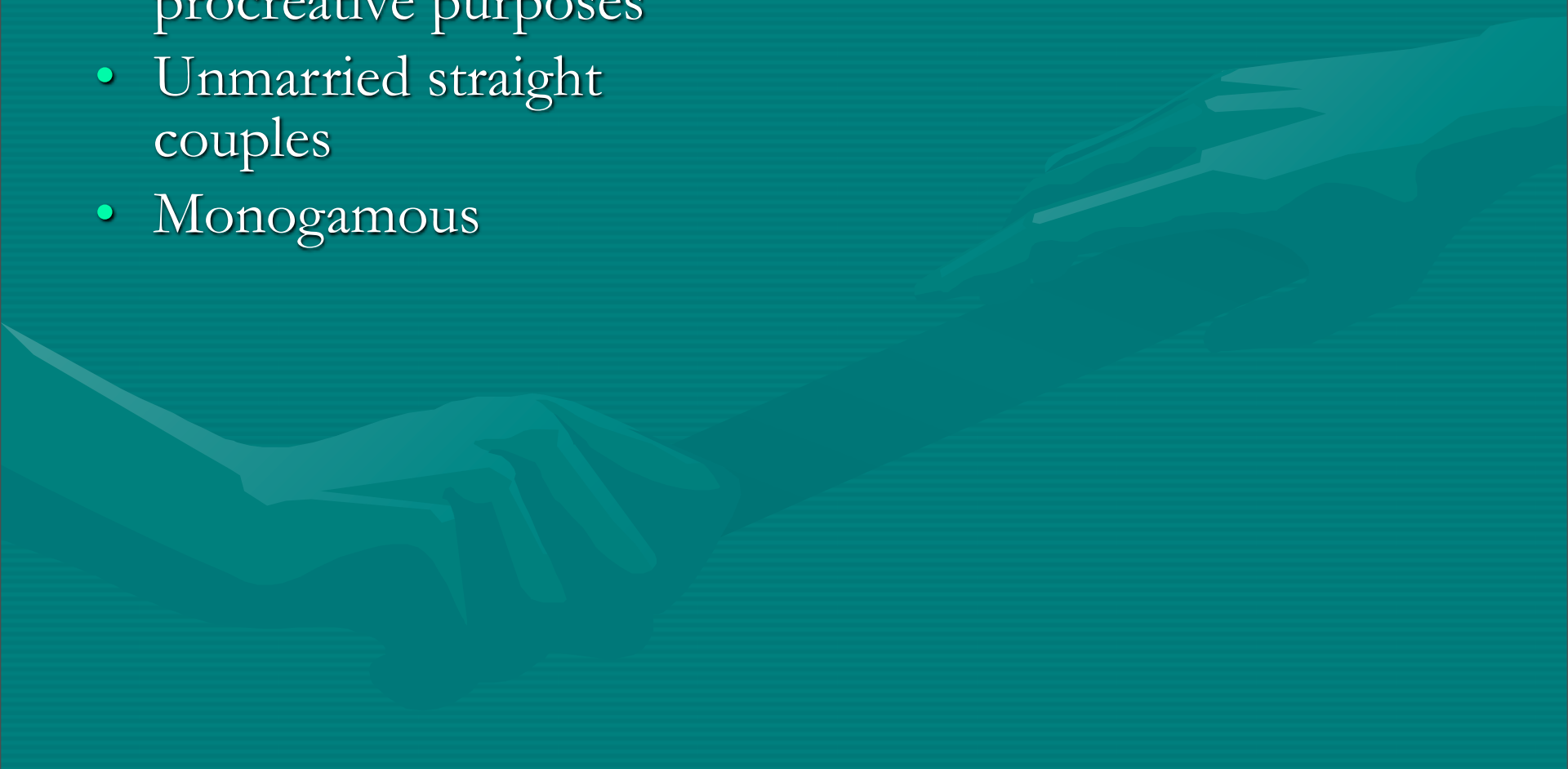


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- Unmarried straight couples
- Monogamous

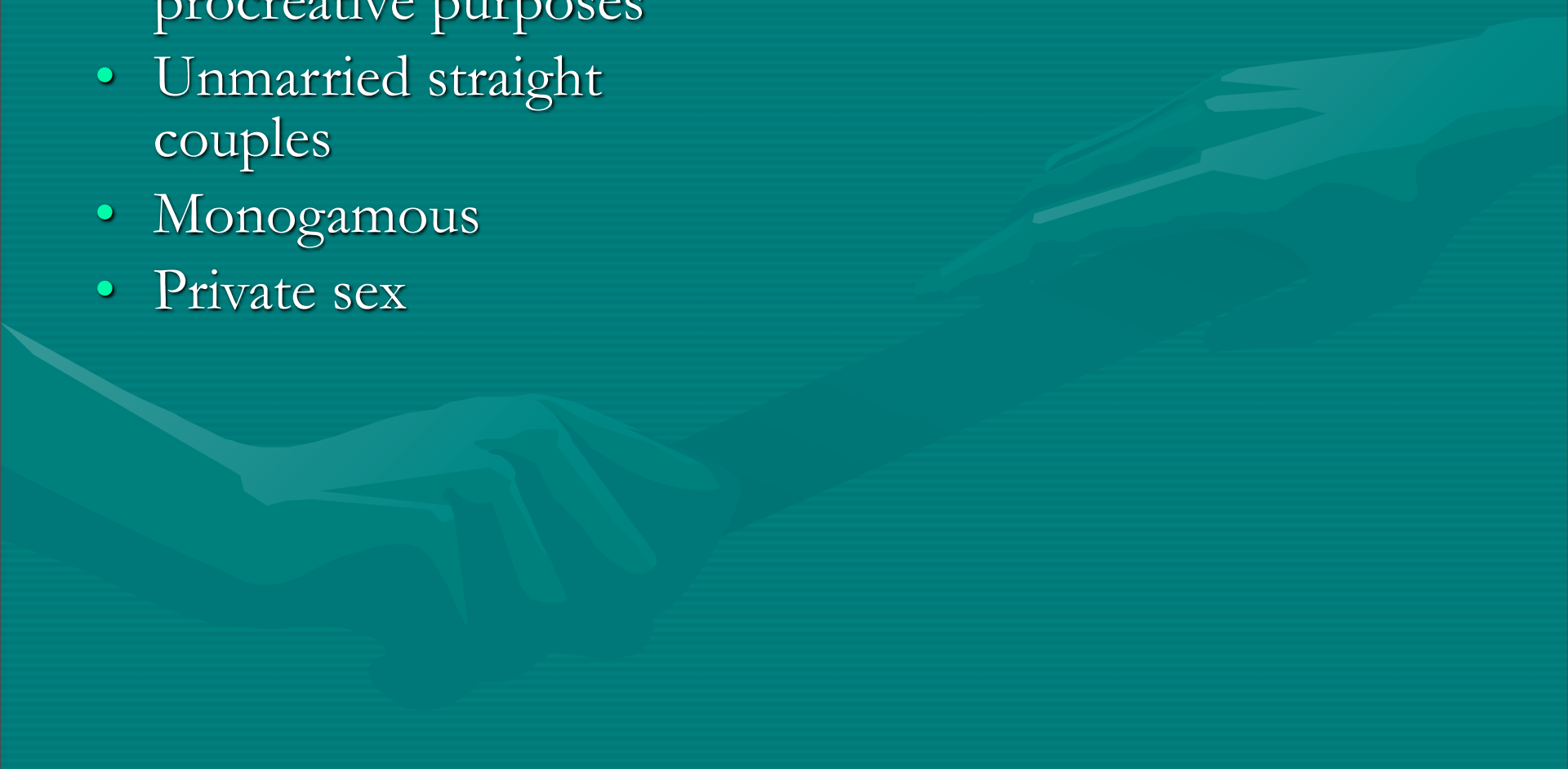


Gayle Rubin

Binary of good/healthy/normal vs

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- Married sex for procreative purposes
- Unmarried straight couples
- Monogamous
- Private sex



Gayle Rubin

Binary of good/healthy/normal vs

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- Vanilla sex, missionary position; sexual intercourse

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- Public sex
- Bar and bed hopping

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- Group sex

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- Public sex
- Bar and bed hopping
- Gay & lesbian
- Sex with a vibrator
- Group sex
- Polyamory

Queer

“Being queer is not a matter of being gay, then, but rather of being committed to challenging that which is perceived as normal. There is no fool-proof membership criteria for queerness other than the willingness to seek out sites of resistance to normalcy in any possible location”

Queer as a mode of political critique and resistance



Queer as a mode of political critique and resistance

- Living on the margins of safety and respectability



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- Living on the margins of safety and respectability
- “To fail if success is offered by people like George W. Bush and Mitt Romney as models of success.”



Queer as a mode of political critique and resistance

- Living on the margins of safety and respectability
- “To fail if success is offered by people like George W. Bush and Mitt Romney as models of success.”
- Refuse domesticity, marriage, consumption and aspirations to middle-class prosperity

Heteronormativity



Heteronormativity

Body of lifestyle norms that hold that people fall into distinct and complementary genders (man and woman) with natural roles in life. It asserts that heterosexuality is the only sexual orientation or only norm

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Homonormativity



Homonormativity

“A politics that does not contest dominant heteronormative assumptions and institutions, but upholds and sustains them, while promising the possibility of a demobilized gay constituency and a privatized, depoliticized white gay culture anchored in domesticity and consumption” (Duggan 2003)

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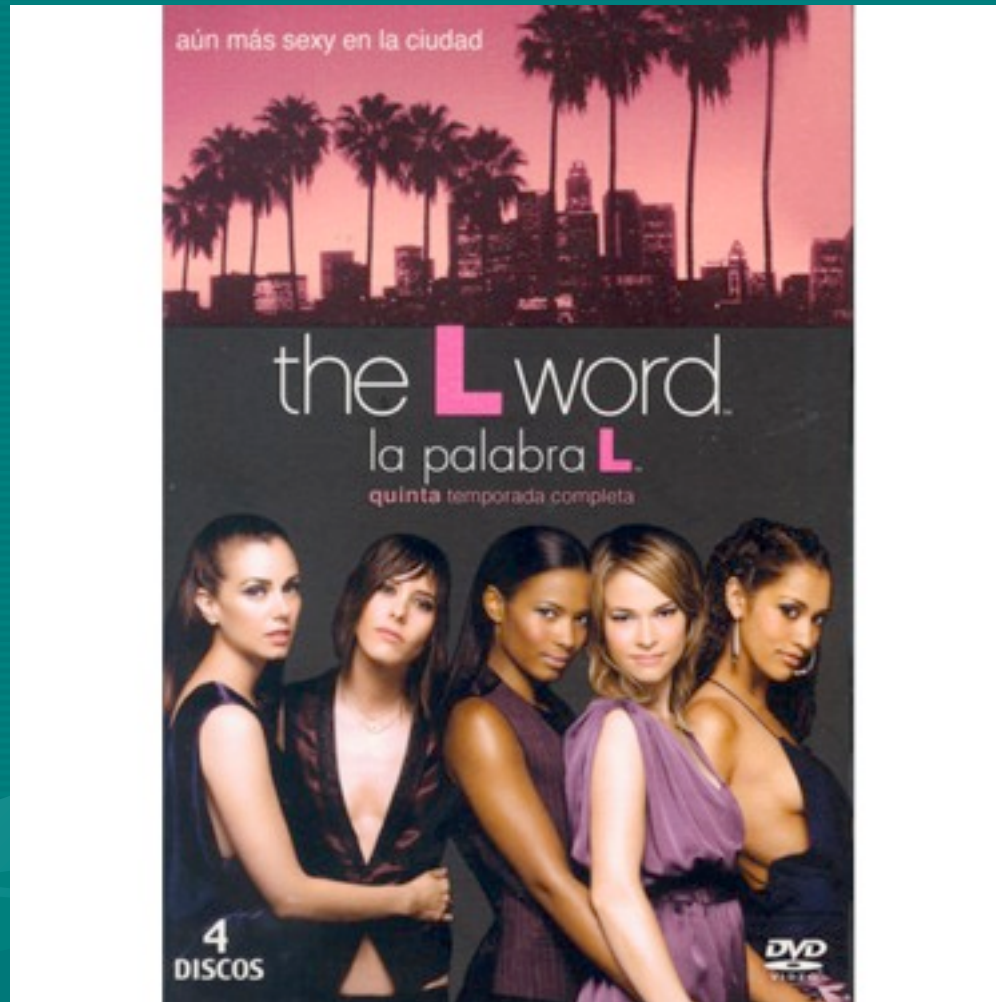
LOVE
conquers
HATE

Barack Obama signs into
law, hate crimes
legislation









Mattilda Bernstein Sycamore

“A gay elite has hijacked queer struggle, and positioned their desires as everyone's needs -- the dominant signs of straight conformity have become the ultimate signs of gay success. Sure, for white gays with beach condos, country club memberships, and nice stock portfolios with a couple hedge funds that need trimming every now and then, marriage might just be the last thing standing in the way of full citizenship, but what about for everyone else?”

Even when the "gay rights" agenda does include real issues, it does it in a way that consistently prioritizes the most privileged while fucking over everyone else. I'm using the term "gay rights," instead of the more popular term of the moment, "LGBT rights," because "LGBT" usually means gay, with lesbian in parentheses, throw out the bisexuals, and put trans on for a little window-dressing. A gay rights agenda fights for an end to discrimination in housing and employment, but not for the provision of housing or jobs; domestic partner health coverage but not universal health coverage. The gay rights agenda fights for tougher hate crimes legislation, instead of fighting the racism, classism, transphobia (and homophobia) intrinsic to the criminal "justice" system.

*Transgender, (Inter)sex, and Bisexuality:
The Lived Challenges to the
Gender and Sexuality Binaries*

- Transgender persons challenge the very notion of stable, concrete identities and sexualities
- Illustrate the limitation of binary







- **Transgender**-gender identity does not match up with the gender role assigned at birth



- **Transgender**-gender identity does not match up with the gender role assigned at birth
- Transsexual



- **Transgender**-gender identity does not match up with the gender role assigned at birth
- Transsexual
- Cross-dressing
- Genderqueer

- **Transgender**-gender identity does not match up with the gender role assigned at birth
- Transsexual
- Cross-dressing
- Genderqueer
- **Cisgender**-non-trans person
 - Gender assigned at birth and gender

Therapy and Queer Theory



Saturday, November 16, 2013

Therapy and Queer Theory

- Does not mean abolishing identity categories



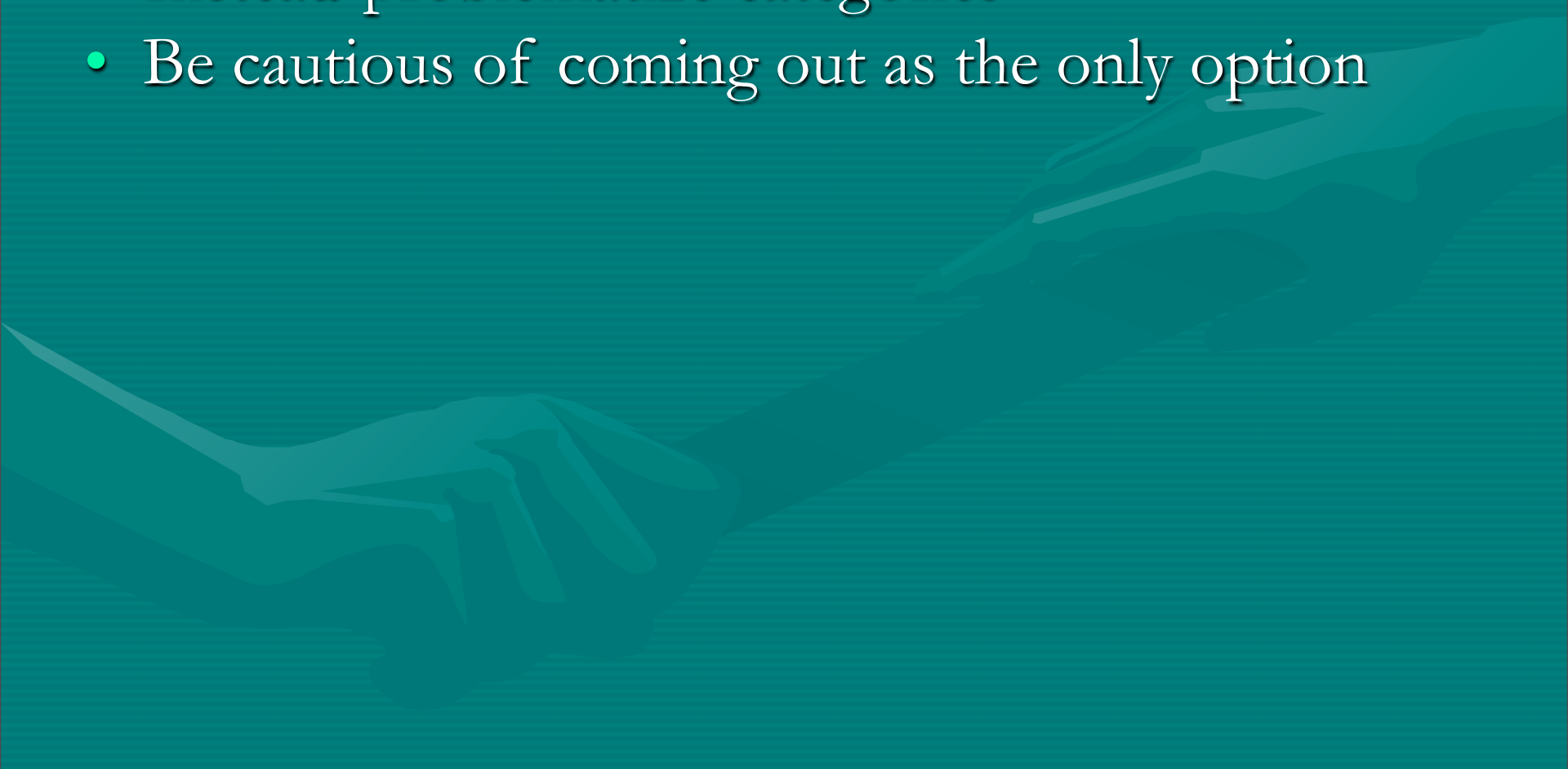
Therapy and Queer Theory

- Does not mean abolishing identity categories
- Instead-problematize categories



Therapy and Queer Theory

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- Be cautious of coming out as the only option



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- Speak more hesitantly and conditionally with sexual and gender identity
- Pay particular attention to sex and gender minorities who are marginalized within the gay and lesbian community
- Be comfortable with sexual practices that fall outside what society (medicine, law, religion) deems “normal”, healthy

7 Ways To Be A Trans Ally

<http://thoughtcatalog.com/2013/7-ways-to-be-a-trans-ally>



7 Ways To Be A Trans Ally

<http://thoughtcatalog.com/2013/7-ways-to-be-a-trans-ally>

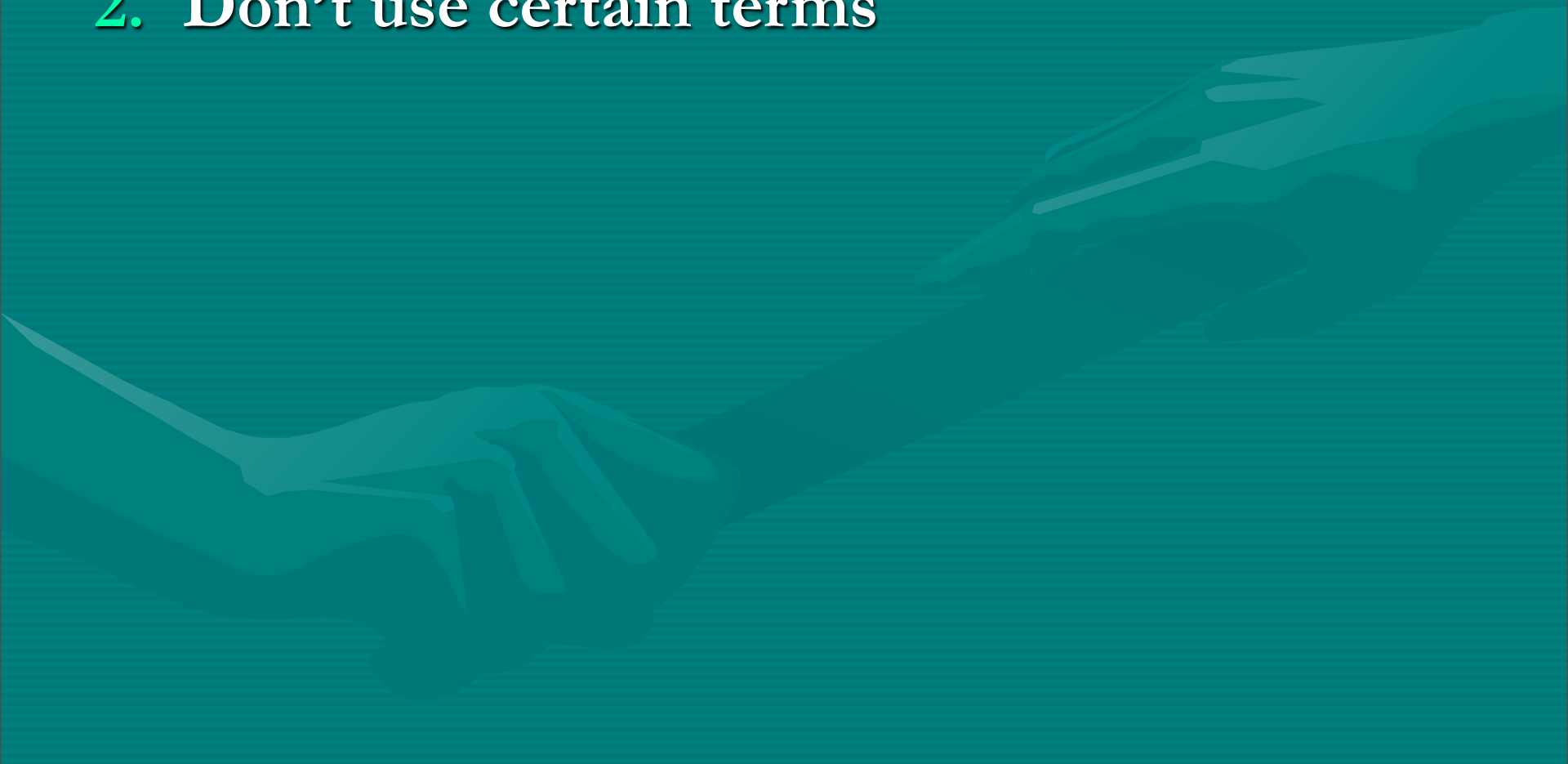
1. Learn some basic vocabulary



7 Ways To Be A Trans Ally

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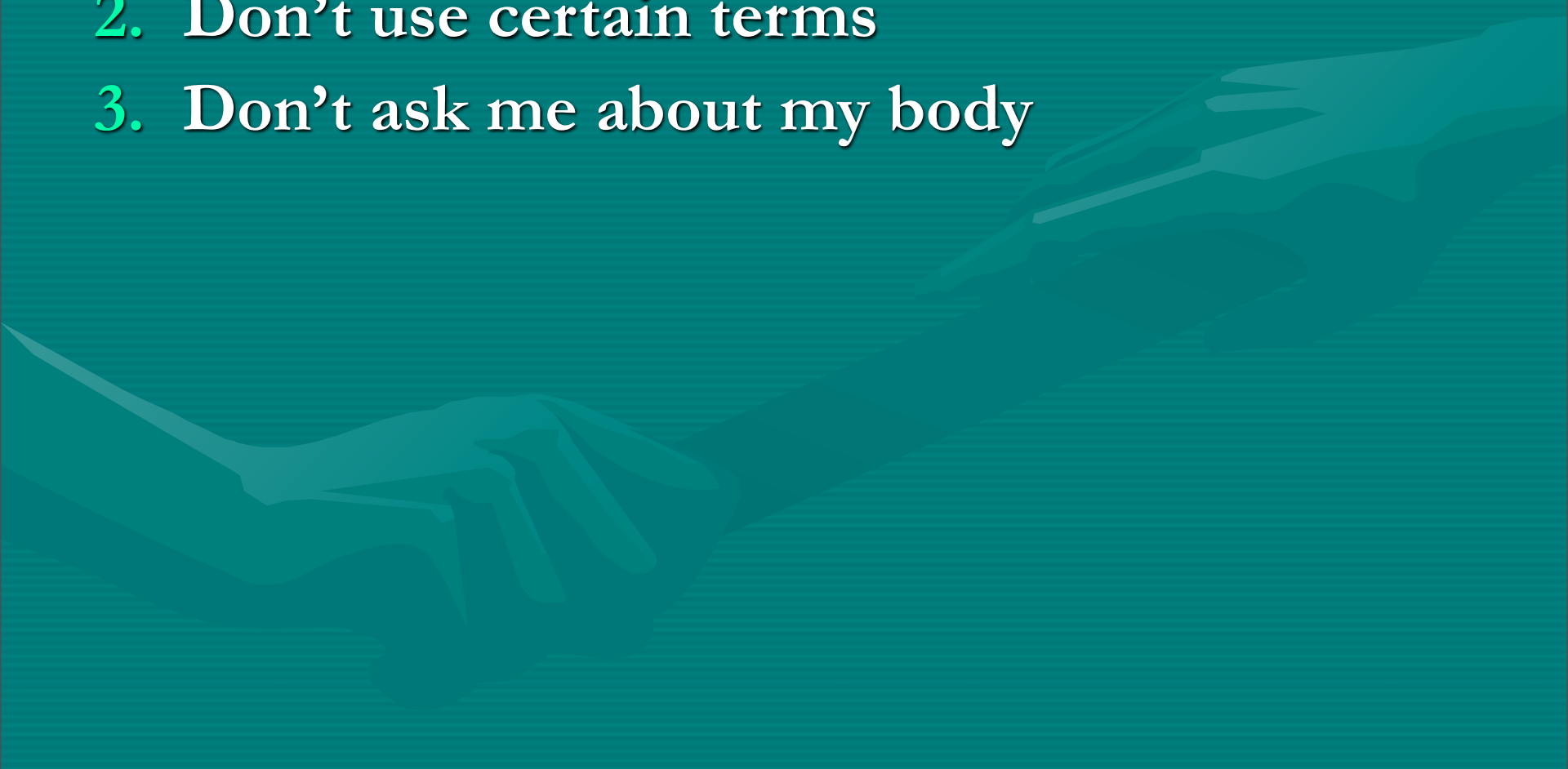
1. Learn some basic vocabulary
2. Don't use certain terms



7 Ways To Be A Trans Ally

<http://thoughtcatalog.com/2013/7-ways-to-be-a-trans-ally>

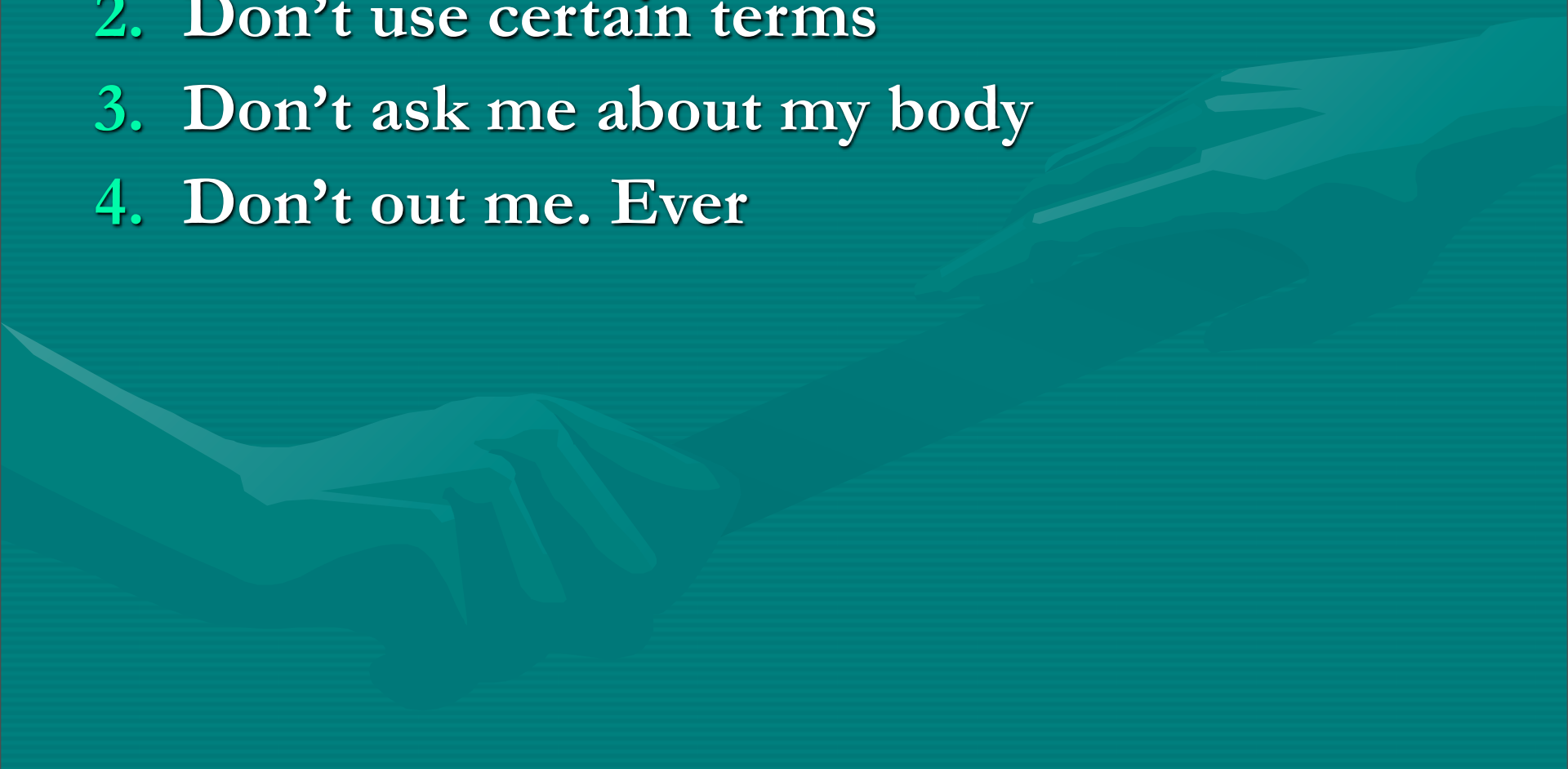
1. Learn some basic vocabulary
2. Don't use certain terms
3. Don't ask me about my body



7 Ways To Be A Trans Ally

<http://thoughtcatalog.com/2013/7-ways-to-be-a-trans-ally>

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4. Don't out me. Ever



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6. Use your amazing cisgender powers for good

7 Ways To Be A Trans Ally

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2. Don't use certain terms
3. Don't ask me about my body
4. Don't out me. Ever
5. Don't assume we're all the same
6. Use your amazing cisgender powers for good
7. But don't make me your “trans* pet.”

Narrative Therapy



Narrative Therapy

- Congruent with queer theory



Narrative Therapy

- Congruent with queer theory
- Deconstructs gender norms



Narrative Therapy

- Congruent with queer theory
- Deconstructs gender norms
- Examines and challenges male privilege, heterosexual privilege...

Hegemonic Masculinity



Hegemonic Masculinity

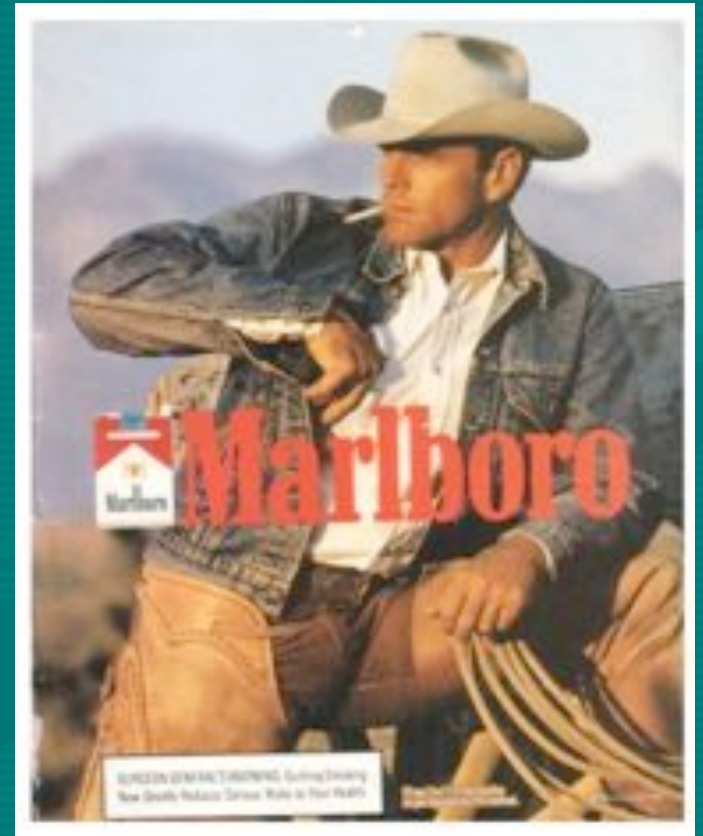


Hegemonic Masculinity

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Act Like A Man (Paul Kivel)



Act Like A Man (Paul Kivel)



Act Like A Man (Paul Kivel)



Act Like A Man (Paul Kivel)

1. Have you ever worried you were not tough enough?



Act Like A Man (Paul Kivel)

1. Have you ever worried you were not tough enough?
2. Have you ever exercised to make yourself tougher?



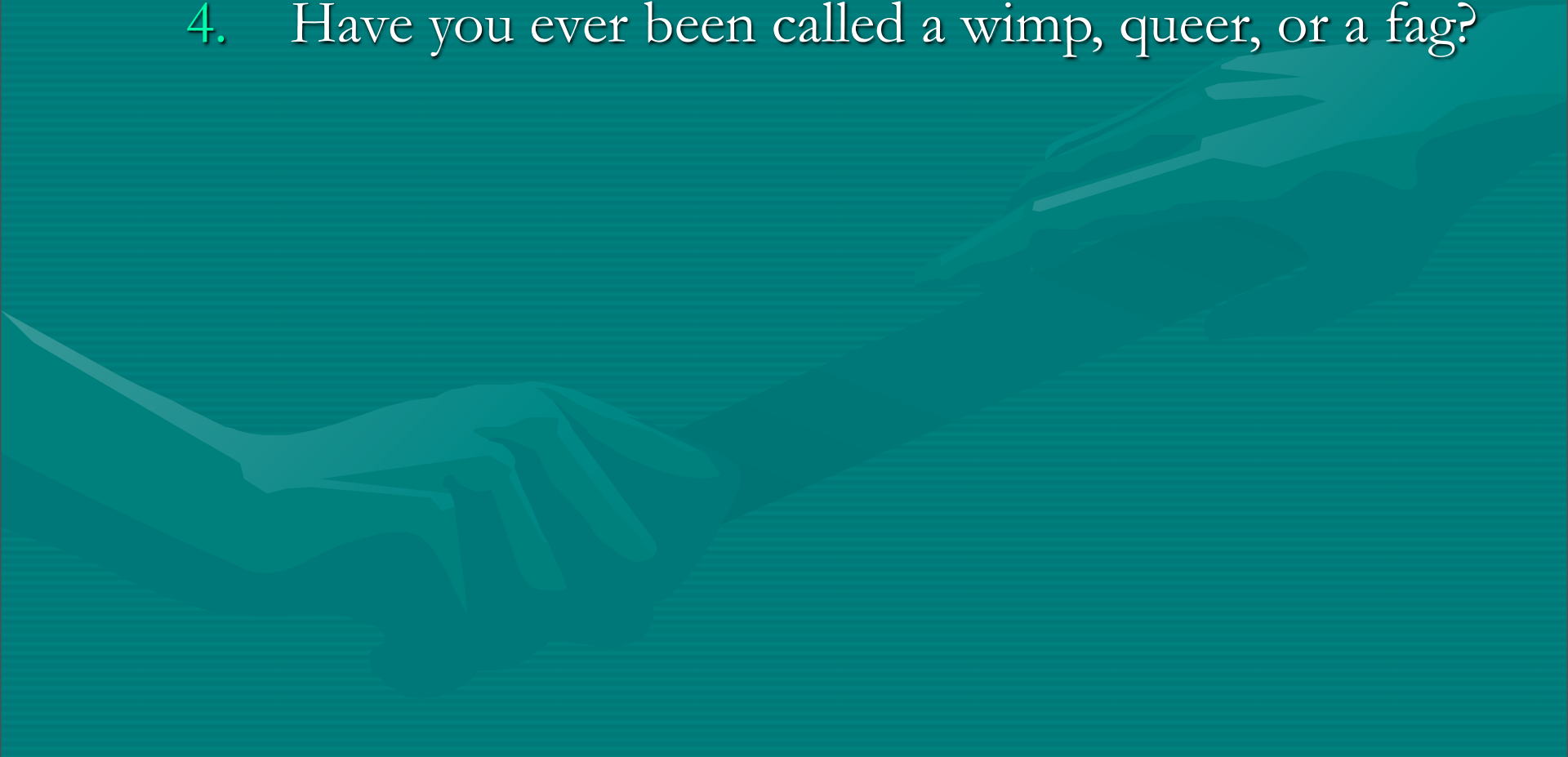
Act Like A Man (Paul Kivel)

1. Have you ever worried you were not tough enough?
2. Have you ever exercised to make yourself tougher?
3. Were you ever told not to cry?



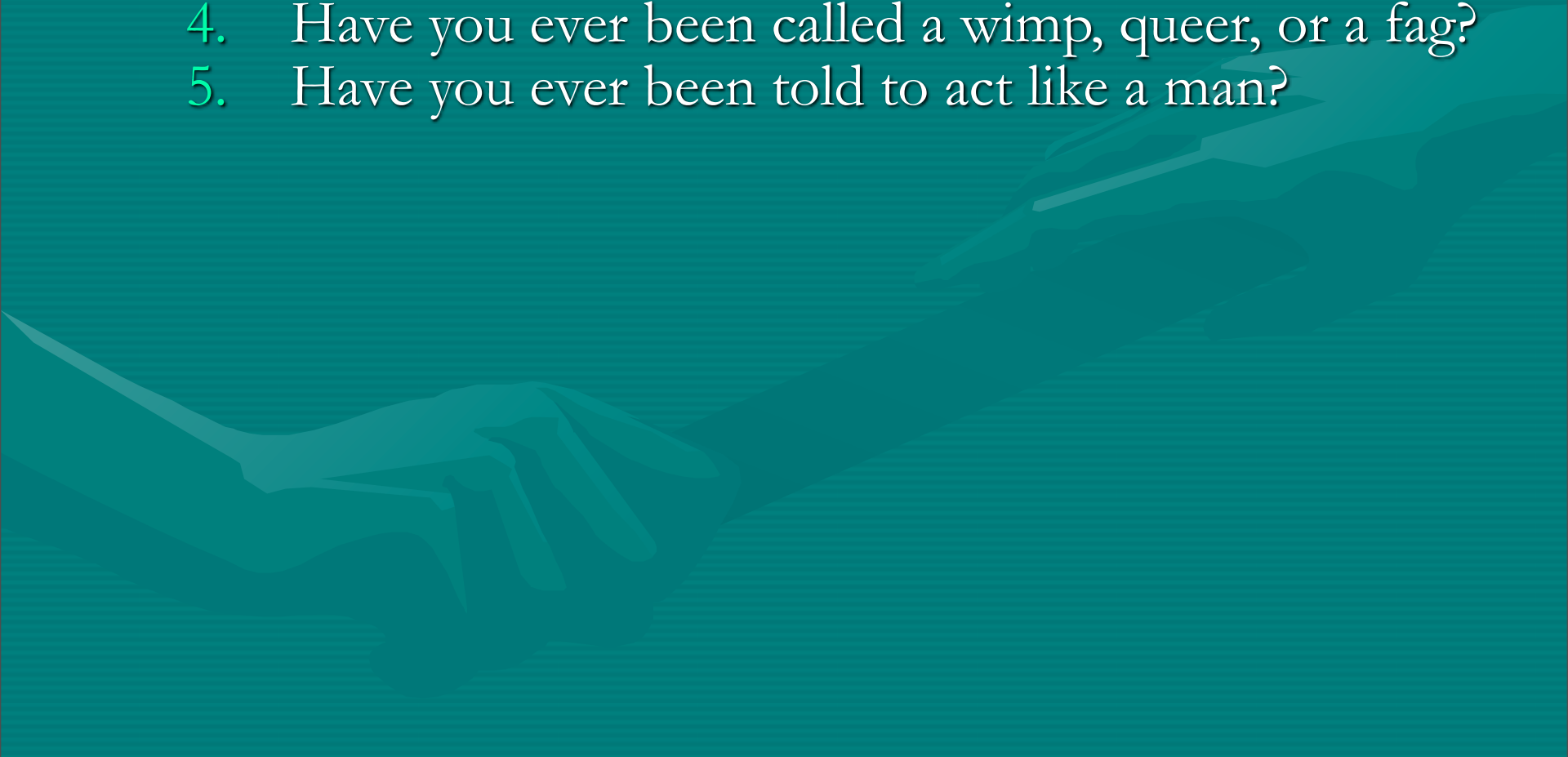
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4. Have you ever been called a wimp, queer, or a fag?



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8. Did you ever see an adult man you looked up to hit or emotionally abuse a woman?

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8. Did you ever see an adult man you looked up to hit or emotionally abuse a woman?
9. Have you ever been physically injured and hid the pain or kept it to yourself?
10. Have you ever stopped yourself from showing affection to, hugging, or touching another men because of how it might look?

Deconstructing Masculinity

- William
- Zach
- Gwen



