



Assessment Component 1

Case study - Supporting Paper

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Troubled families:Portsmouth

INTRODUCTION

This supporting paper will involve you to a real family life.

My chosen family live in Portsmouth. The family is from four members mother and 3 children.

According to the case study , the mother have repeating mental health problems (anxiety). Which lead to having problems with completing the daily tasks. The situation of the mother is that she is in debt - including an eviction notice for rent arrears. From the information that have been given. The mental health issues effect her purpose to go to work. On another hand the condition of the home where on very lower levels. Even the cooker did not worked.

About the children, they where not visiting classes at school or nursery. The reason of this it was that the mother did not feel well to be separate from her children. Social Services are concerned of the mother capacity to cover all the children needs.

However, this is the family also at this paper you will read how the institutions are sporting people in this real life scenario.

THE RISK FACTORS OF VULNERABILITY

The family is facing mental health problem. The problem as I mention at the introduction is anxiety. From what I have read about this mother and her 3 children is that they are having problems with the money and some debts.

Because of the mother condition the children are not longer visiting the school and nursery. From what I have had read the mother did not even are of the food for this growing children. The oldest had to take care for the Youngers.

According, to Social Services. On first position is child protection plan.

“A parent or other adult family member or an older child may request family support services from social services at times of stress or for help regarding a particular child or family problem.”
(Family Lifes, 2022)

1989- Children Act for England and Wales

“The **Children Act 1989** established the legislative framework for the current child protection system in England and Wales. It sets out the

paramountcy principle – that the welfare of the child should be the court's main consideration.” (NSPCC, 2022)

Unfortunately without the help from Social Services, not only the children are at risk. The mother is also in place which no parent want to be in.

- The impact of these factors on the child/children health and wellbeing!

Help children and young people being well is very important part of they are growing mentally stable. Which will lead to successful adulthood.

Here are some factors that can reflect on one child mental health:

- environment
- stress
- family circumstances
- abuse and neglect

We all know how sensitive are all children. With children is easy to replace bad memories with a good one. Which help to improve their mental health.

Every one who work with children and young people are responsible for they well-being. All professionals are trained to see

the abuse and how and where to report if it is considered abuse. To protect all children.

In my case study we face 100% neglect plus a lot of mental stress.

According to NSPCC, the children did not have to face this for very long period of time. As from what I read all the people who are dealing with children are trained to recognise the problem. And as we know from the case study the children did not attend to any school facilities. (NSPCC, 2022)

- The process of intervention by relevant health and social care agencies.

NSPCC, are providing early visiting or early interventions to the victim family. This early help can be provided at any emergence. This help can be supporting a child at any stage and moment.

United Kingdom as a nation does not wait till the family situation escalates and becomes dangerous for the children and young people.

This early help can be provided to all members of the family, but the outcomes are focused mainly on the children.

Protective factors can reduce risk to a child's wellbeing. They include:

- having a strong social support network for the family – including support
- for good parental mental health

- income support, benefits and advice
- good community services and facilities
- developing strong social and emotional skills.

Early intervention can also protect the child from having problem when return from the care institution into their homes.

Example of early help: home visiting programme, school-based programmes, mentoring schemes. (NSPCC, 2022)

Children Act 1989 - The Act have special responsibilities to provide safe guard to children needs. (UK Parliament, 2022)

Children Act 2004 - This Act made important key changes to protect every child in UK. (UK Parliament, 2022)

Children Act 2010 - The Act 2010 protects children, young people and adults against discrimination, harassment and victimisation in relation to housing, education, clubs, the provision of services and work. (Children Rights Alliance England, 2022)

CONCLUSION

To conclude all above. The family from Portsmouth received a quick and special help that they needed. From the case study is obvious that the mother are having progress. The right actions are taken at the right time.

To be a child and to have to face pictures and moments like this is something that no child can have to see.

Based on the research I had chance to see how quick and effective is the protection for children and young people included the parents.

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