

Module Code	ECMH5003
Title	Culture and Community
Date	09/12/2020
Level	5
Credits	20
Pre-Requisites	None

AIM(S)

- To develop students' critical understanding of the how different societies and cultures view mental health; the implications of this for diagnosis and treatment, and the role of community-based approaches in tackling mental health problems.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- Discuss the extent to which variations or similarities exist between cultures and societal groups in terms of prevalence, incidence and treatment of mental health.
- Evaluate the role of community-based approaches to tackling mental health and identify appropriate approaches for a specific population.
- Reflect upon how their own attitudes, beliefs and perceptions may influence their own professional practice and approaches to specific groups in society.
- Take responsibility for their own learning and skill development; including effective personal planning, self-reflection and project management skills.

INDICATIVE CONTENT

- An exploration of the differences between individualistic and collectivist societies and how these differences may influence cultural understanding and treatment of individuals with mental health problems, including cultural understandings of old age and adolescence.
- Evidence from cross cultural studies of the course and outcome of mental health problems will be examined, and students and consider the implications of this for specific cultural groups in the UK context e.g., migrant groups, ethnic minorities, traveler communities.
- The role of society and communities in supporting those experiencing mental health difficulties and those caring for these individuals with a focus on community-based mental health and the role of community based organisations.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning 12 hours – Lectures 18 hours - Online	30	15%
Independent learning	170	85%
Placement learning		
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐	Written exam	☐	Coursework	☒	Practical
--------------------------	--------------	--------------------------	------------	-------------------------------------	-----------

Mode of assessment	Volume	Weighting
Poster Presentation	10 mins	50%

Assessment Component 2

☐	Written exam	☒	Coursework	☐	Practical
--------------------------	--------------	-------------------------------------	------------	--------------------------	-----------

Mode of assessment	Volume	Weighting
Reflective Essay	2,000 words	50%

Assessment Summary

Activity type	Percentage
Written exam	
Coursework	50%
Practical	50%
TOTAL	100%

INDICATIVE READING LIST

Module Code	ECMH5003	
Module Title	Culture and Community	
Classification		Electronic*
Essential	Fernando, S. (2014). Mental Health World Wide: culture globalization and development. Basingstoke: Palgrave Macmillan.	☐
Essential	Birren, J. E., Cohen, G. D., Sloane, R. B., Lebowitz, B. D., Deutchman, D. E., Wykle, M., & Hooyman, N. R. (Eds.). (2013). Handbook of mental health and aging. Academic Press.	☐
Essential	Fernando, S. (2010). Mental Health Race and Culture. Basingstoke: Palgrave Macmillan	☐
Further	Lister, R. (2010). <i>Understanding theories and concepts in social policy</i> (Understanding Welfare Series: Social Issues, Policy and Practice Series) Bristol: Polity Press.	☐
Further	Loaf, M. (2011). Mutual Support and Mental Health: a route to recovery. (Community, Culture and Change. London: Jessica Kingsley Publication	☐
Further	Patel, V., Minas, H., Cohen, A., & Prince, M., eds. (2013). Global Mental Health: Principles and Practice. Oxford: Oxford University	☐
Further	Somerville, P. (2011). Understanding Community: Politics, Policy and Practice (Understanding Welfare Series: Social Issues, Policy and Practice). Bristol: Polity Press.	☐
Journal	Community Mental health Journal	☒
Journal	Cultural Diversity and Ethnic Minority Psychology	☒
Journal	Journal for social action in counselling and psychology	☒
Journal	Journal of multicultural counselling and development	☒
Journal	Transcultural Psychiatry	☒
Websites	Centre for Social Justice http://www.centreforsocialjustice.org.uk/published-policy/mental-health	☒

	Mental Health – European Union Policy http://ec.europa.eu/health/mental_health/policy/statements/index_en.htm Joseph Rowntree Foundation JFR https://www.jrf.org.uk/ Movement for Global Mental health http://www.globalmentalhealth.org/ Mind – Building Resilient Communities https://www.mind.org.uk/media/343928/Report - Building resilient communities.pdf Transforming our world: Sustainable development https://sustainabledevelopment.un.org/index.html World Health Organisation Mental Health http://www.who.int/mental_health/en/	
--	--	--