



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

Yr Athrofa
Centre for Education
Addysg i Gymru | Education for Wales

MODULE HANDBOOK

ECAD5018

Professional and Pedagogic Studies:
Deepening Practice :Health and Wellbeing

BA (Hons) Primary Education with Qualified Teacher Status

Level5

Number of credits Credits 20

Yr Athrofa

2025-2026

Revalidated October 2023 for first intake September 2024

1. Point of contact

Module Lead: m.bowen@uwtsd.ac.uk

2. Our Expectations

We hope you enjoy the module and programme. We are here to help.

You should:

- Make good use of the University facilities and resources
- Attend and participate in sessions
- Act responsibly
- Meet assignment deadlines
- Engage and participate in all sessions

Please read the University [Regulations for Students](#) and the Athrofa Engagement Policy.

3. Aims and Learning Outcomes

AIM(S)

To provide student-teachers with a deepened understanding of Health and Wellbeing in the Curriculum for Wales framework and the knowledge of theory, research and good practice to enable them to effectively lead learning and collaborate with colleagues in this area.

LEARNING OUTCOMES

Upon the successful completion of this module, the student-teacher should be able to:

- identify the role and responsibilities of an evidenced based practitioner;
- show a deepened understanding of the complex nature of the learning environment in order to deliver effective teaching and learning;
- secure an understanding of transformative practice through evaluating their own pedagogical practices in collaboration.

INDICATIVE CONTENT

- Exploration of the skills needed to plan, deliver and evaluate creative and innovative learning experiences which facilitate pupils' progression through the Area of Learning and Experience(s).
- Integration of the key aspects of the CfW framework e.g integral skills and crosscurricular skills into the Area of Learning and Experience(s).
- A deeper consideration of pedagogical content knowledge.
- Opportunities to connect and collaborate with Partnership schools and other agencies to deepen practical/applied knowledge and develop innovative pedagogies within a specialist area.
- The pedagogical approaches that support pupils' holistic development in Health and Wellbeing.
- How to apply acquired knowledge in authentic contexts to support pupil progression in Health and Wellbeing.

4. Assessment information

STUDY TIME ALLOCATION

There are 30 scheduled learning hours for this module.
The study time for the module is divided as follows:

Activity Type	Hours	Percentage
Scheduled learning	30	15%
Independent learning	150	75%
Placement learning	20	10%
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Journal	1375 words	50%

Assessment Component 2

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Individual Presentation	10 minutes	50%

ASSESSMENT SUMMARY

Activity type	Percentage
Written exam	
Coursework	50%
Practical	50%
TOTAL	100%

5. Module Content

Wednesday 22/4	Whole school approach to H&WB
Friday 24/4	Play
Monday 27/4	Meaningful Physical Education
Wednesday 29/4	Social and Emotional Theory
Friday 1/5	Outdoor teaching and learning
Wednesday 6/5	Stitching for wellbeing

6. Assessment Tasks and Guidance

Please see the Assessment Specification for this module that can be found in Moodle under "Assessment Information".

ASSESSMENT TITLE

JOURNAL – including overview of theoretical frameworks and experience of application

PRESENTATION – choose one need to deep dive and present; components should be:
Critical Discussion on Whole School Approach to Health and Wellbeing and Pedagogical Approach chosen

INDICATIVE READING LIST

Please use Leganto for the most up-to-date list.

Module Code	Click or tap here to enter text.	
Module Title	Click or tap here to enter text.	
Classification	Reading List entry	Electronic*
	Click or tap here to enter text.	