

ACADEMIC AND EMPLOYABILITY SKILLS

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OVERVIEW

- MY INTENDED CAREER: DOCTOR
- SWOT ANALYSIS
- TIME MANAGEMENT
- CRITICAL THINKING
- ACADEMIC WRITING
- COMMUNICATION SKILL
- PDP (personal development plan)
- CONCLUSION

MY INTENDED CAREER: DOCTOR

A competent doctor needs to be:

- Good at communicating.
- Empathetic and patient.
- Collaborative.
- Able to make fast and critical decision.
- Careful about details.

SWOT ANALYSIS

STRENGTHS ▪ Good communication skills. ▪ Empathetic and patient with people. ▪ Capable to work in group.	WEAKNESSES ▪ Time management. ▪ Leadership and management. ▪ Fast and critical thinking.
OPPORTUNITIES ▪ Helping other people. ▪ Learning new things every time. ▪ High paid job.	THREATS ▪ Fierce competition to go into medical school. ▪ Medical school is a difficult and draining experience.

TIME MANAGEMENT

DEFINITION: The ability to use time in the most effective way possible

- To **prioritize** necessary things.
- To be more **productive**.
- To **regulate** the time needed for patients.

CRITICAL THINKING

DEFINITION: The ability to analyse issues in order to make decisions

- To **prevent** problems
- To **evaluate** and **manage** risks
- To **find better treatments**

ACADEMIC WRITING

DEFINITION: A clear and formal way of writing

- To write **prescriptions**.
- to provide **clear information**.
- **patients must feel secure** about the information provided.
- To learn **lay summaries** (non-technical language)

COMMUNICATION SKILL

DEFINITION: the ability to share information with others

- To **make patients understand** clearly
- To show **empathy** and care
- To show yourself as **trustworthy**

PDP (personal development plan)

WHAT DO YOU NEED TO IMPROVE?	HOW TO IMPROVE?	HOW MUCH TIME DOES IT NEED?
Time management	Attending university courses, trying some new strategies like the 80/20 plan	1 Month
Leadership and management	Being more organised, take courses, finding someone who can be a teacher to you	3 Months
Fast and critical thinking	Doing mental exercises, improving my lifestyle, challenge myself with various activities that require decision making skills	3 – 5 Months

TO CONCLUDE

In order to become a doctor:

- Must **improve** both my **weakness** and **strenghts** to be able to cop with responsibilities that this job requires.
- Must be **willing not to stop learning** about the profession in order to provide the best services.

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