

Llangatwg Community School Sport

By Theo Wortelhock



Introduction

- Sport: Rugby
- Why Touch Rugby?
- To develop a new sustainable activity session to engage 7-11 year olds in physical activity / sport at the Llangatwg Community School facility.

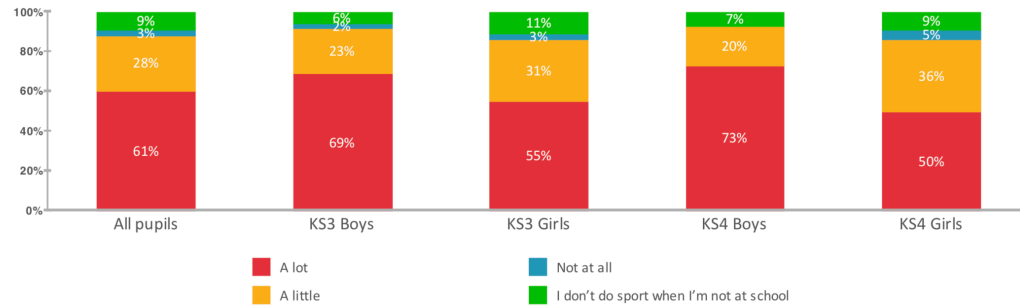
Aims

- To research what the best activity to teach.
- What Ideas I have for engaging this group.
- How I will develop the session
- Identify potential partners
- Funding
- Key recommendations



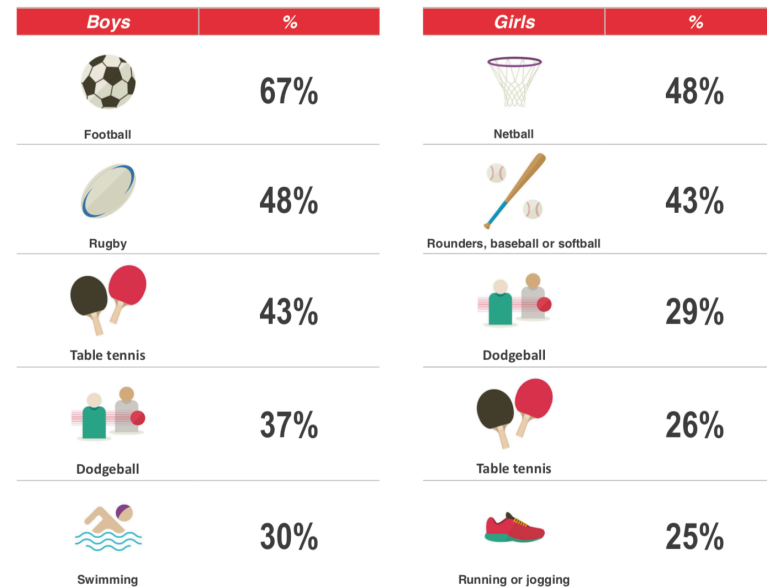
Research

Figure 10: Enjoyment of sport outside of school, by gender



Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)

Figure 7: Popular extracurricular activities in LLANGATWG COMMUNITY SCHOOL

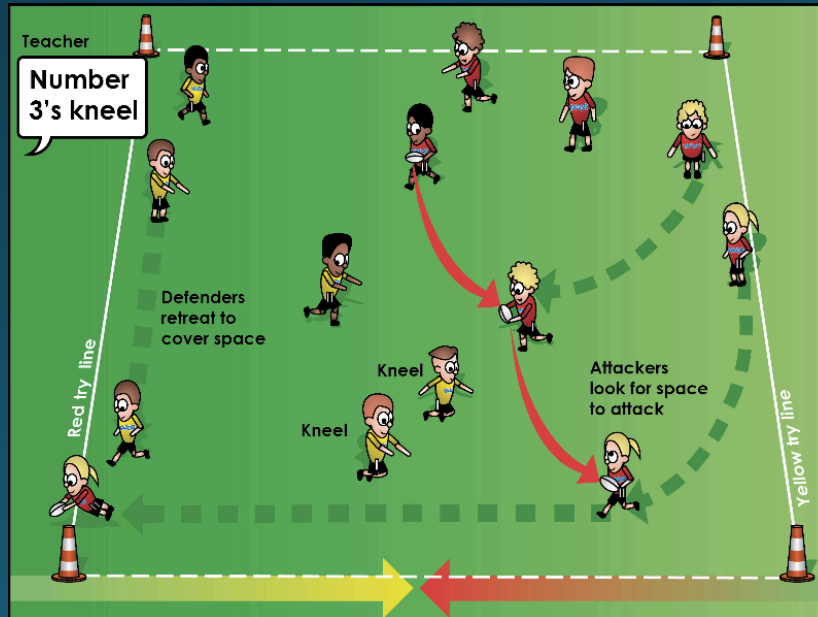


Base: All pupils of LLANGATWG COMMUNITY SCHOOL in school years 7 - 11 (n=150)



Engaging the Group

- Ospreys Rugby Player
- Fun games and skills
- Touch Rugby Tournaments 7's and 10's



Developing the session

- The training will be on a Thursday afternoon at 4:30 to 6pm.
- Create session plans develop as each week goes on.
- Tether games to match the ability of the group

Potential Partners

- Ospreys Rugby Club
- Sport Wales
- Link Up with other local Primary Schools to encourage children to come along.

Funding

- **Community Chest Grant:** £1500 in 12 months towards -
 - Increasing Participation
 - Improving Standards
- **Big lottery Fund UK**
 - Can be from £300- 10,000
 - Voluntary or community organization.



Promotions

- Leaflets
- Social Media - Facebook, Instagram, Twitter.
- Talks in local schools to advertise activity.



Next Steps

- Once group gets big enough start to look to get a tournament going.
- Organize a trip to see Ospreys play to Inspire the kids.



References

- Sport Wales (2017) *School Sports survey*, Available at: https://moodle.uwtsd.ac.uk/pluginfile.php/133016/mod_resource/content/1/Neath%20Port%20Talbot%206714066%20LLANGATWG%20COMMUNITY%20SCHOOL%20Pupils%20well-being%20and%20sports%20participation%20report%202015.pdf (Accessed: 18th January 2018).