

Ocupanture Introduction.

According to (Boland. d. 2012) occupanture is a traditional Chinese medicine that involves inserting of tiny needles to the skin for the healing purpose which is now used worldwide.

It is also been used to relieve disco

As sock with variety of disease.

The aim of this report is to identify the importance of using this service and questions to be asked about its sufficiency.

Although this service is being used worldwide some researchers have different options about its benefit.

In this paper we want to learn more about its prons, cones and side effects. Miller, B (2020) has highlighted that occupanture have 12 prons and cons of ocupanture. It is therefore important to mention the prons in so much that people can learn to benefit from.

White, A. (2017) is concerned about people who uses ocupanture with stress depression, chronic pain, anxiety morning sickness if occupanture can work for them as it is said to be.

According to s. Green&R. Butcbinder(2005) there is no enough evidence that back up the fact that there is a limited time to benefit from ocupanture compared to placebo.

In this report it is important to identify the contra addictive of this service in some much that people can be aware before they commit themselves in its usage.

Although occupanture has been recommended as a healing method Borland S. (2012) has indicated that there a number of hospital patients who have encountered side effects using this service.

It is also wise to introduce self awareness as it is been warned of unsafe of it to the pregnant woman.

according to the study this therapy has been clinical practice and is recommended on promoting well-being. because of its benefits it has also been practiced in hospital, private clinics and hospice

. In hospitals is been useful in surgery and emergency where it promotes anigestic effects and reduces painful procedures and it whereby in emergency helps to avoid drawness.

Benefits of ocupanture.

The researchers have idea that people with mussulorkeletal problems such as back pain. Neck, nausea, anxiety and depression can benefit on its usage. It has been noted that (NIH) in United States of America has been published and recommended on its safety which is covered by many policies. The (NCCH) identify that ocupanture has been proven in the usage of releaving pains in the back, neck oestearthistis, knee pain and migraine.

Researchers have identified ocupanture as a boost benefit on reducing physical and emotional impact.

According to yvette Brazier(2017)ocupanture can be used in pain relief and whereas who added by suggesting that the infection urinary tracts infection and epidemic hemorrhagic fever can also be treated by this therapy. Some researchers suggested that ocupanture users can benefit in the same way that placebos users do, whereas some researchers agreed that indeed some really benefit on this usage.reseachers from Germany approved it on the treatment of migraine and headache.

Cons

Researchers have warned patients with bleeding disorders and with bruises against the usage of ocupanture. It has also been warned for health and safety regulations that needles must be sterilised to avoid causing unnecessary infections in case of breaking of needles.

Side effects

Some researchers identified that ocupanture have risks like other therapies. The United States (U. S) food and drug administration regulates (regard ocupanture as medical advises.

Effectiveness of ocupanture.

effeciency of ocupanture In 2003, World health organisation {who} confirm the number of conditions in which ocupanture has been effective to,among which chemotherapy cause nausea and vomiting, high blood

Again it is difficult to identify if the therapy is working or not.

conclusion

From the above report of the usage of ocupanture, there are remaining unsolved problems. Yes ocupanture is originated from China and being performed by inserting of tiny needles to the body for healing and protecting well-being.

Because of some of its effectiveness it has spread to worldwide when it is believed that they benefit from its usage.

It has been highlighted that patients with anxiety, depression and back pain benefit from ocupanture usage.

As it has been practice in hospitals, private clinics and hospice, there is a great recommendation of its effectiveness. Those who are at the end of life believe ocupanture give them comfort and relaxation. Although it is highly recommended, we become aware of its effectiveness is not clinical approved. As the studies also highlighted the pros, cons and side effects of this therapy it is wise that before usage to seek doctor's advice.

Reading comments and references. The studies also indicated that there are different types of ocupanture which individuals can choose their preferences from.

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