

TASK 3 - an analysis of how Gibbs's reflective cycle may help to improve academic performance

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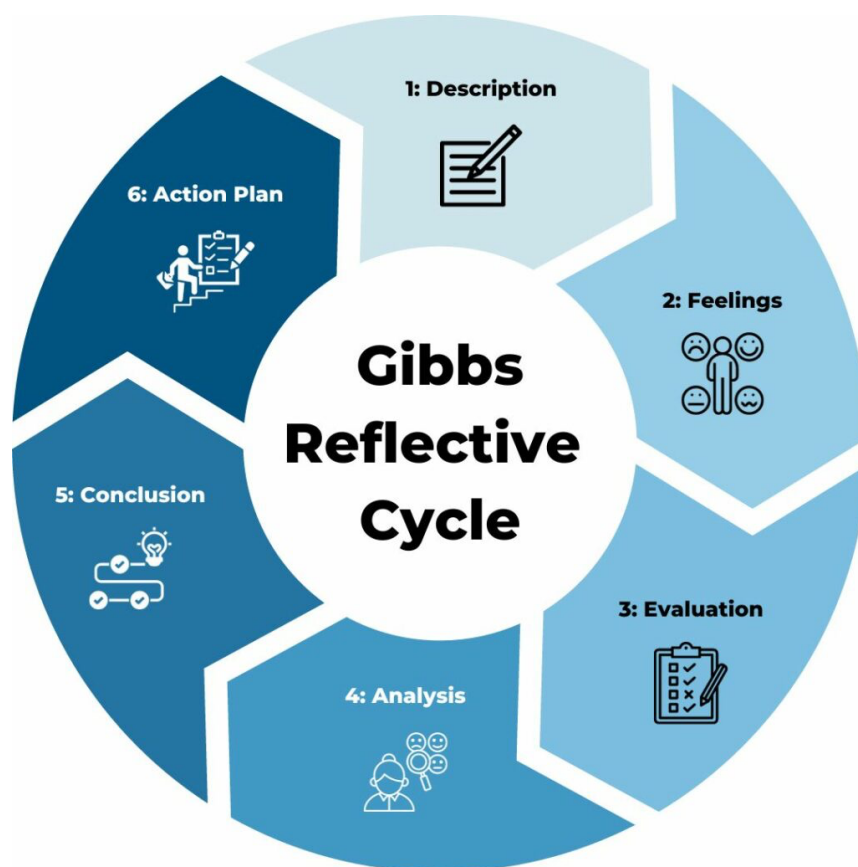
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Module

an analysis of how Gibbs's reflective cycle may help to improve academic performance

Reflective practice is crucial if one wants to develop both personally and professionally. I will discuss how the knowledge I have gained from this program has improved my three fundamental academic skills— Academic Writing Skills, Note-taking, and **Academic Writing Skills** —using Gibbs's (1988) Reflective Cycle. Gibbs's paradigm consists on six stages: Description, Feelings, Evaluation, Analysis, Conclusion, and Action Plan. This approach helps you discover opportunities to grow yourself by providing a disciplined perspective on events. Ardian, P., Hariyati, R.T.S. and Afifah, E., 2019.}



Note-taking-Strategies

To put it simply, I struggled greatly with notes when we initially began this class. During seminars and lectures, I often struggled to distinguish between key concepts and supplementary material. My notes were so messy, therefore I often couldn't discover crucial material. (Moon, J.A.) Later on, however, I discovered the Cornell Method, mind mapping, and outlining among other note-taking techniques. Our activities largely consisted on active listening and summarising.

My Feelings

Originally thinking I could manage it all, I felt overwhelmed and angered at first when I tried to take a note for multiple topics. Before we discovered the Cornell Method, I was afraid; however, trying it in class made me feel a lot better. I discovered that rather than noting every word, the best approach was to concentrate on and consider the most crucial concepts.

Evaluation:

Looking over: I found great sorting and review of my notes by using disciplined methods. The Cornell Method, for instance, helped me organise significant concepts, summaries, and remarks about myself. Using this approach made learning and memory of things simpler. Sometimes, particularly in lectures that go fast, organising my notes in the correct sequence might be very challenging.

Analysis:

This helps me to consider the need of investing time and effort in order to become effective at noting. Regular use of these techniques helped me to recall and comprehend far more of what I acquired in class. The exercises in this session made it very evident how crucial it is to engage in more than simply passive listening to the material.

Conclusion:

This ability has come rather handy for both comprehension of what I am studying in the classroom and thinking. As time passes, I wish to maintain improving in noting and modifying notes to meet various kinds of course content.

Action-plan

Review web-based note-taking programs including OneNote and Evernote.

Once a week, I go over and compile my notes to aid with memory of what I have studied

Finding Information/Research Skills

It's because, while research is a crucial component of education, before this semester I had a clear strategy for locating and evaluating materials. {Hariyati, R.T.S. and Ungsianik, T., 2018. } Often using Google and other major search engines, I searched for study materials for school, but the results were never constant or dependable. The episode discussed library catalogues as well as academic databases such as Google Scholars. Additionally discussed were techniques for verifying the accuracy of sources.

My Feelings

I had no idea where to start or how to sort among all the choices when I initially began looking. Learning how to use scholarly techniques and practise critical thinking provided me confidence in my talents and encouraged me to feel in charge of my study.

Evaluation:

In essence, the courses on source evaluation and research tool use were very beneficial. They enabled me to rapidly locate premium publications having undergone evaluation by other subject-matter experts. On the other side, limiting my search results when publications were hidden behind paywalls annoyed and sometimes difficult for me.

Analysis:

Method of analysis: This semester I discovered that research is very imprint skill medium needing precision, and analytical ability. Knowing how to utilise Boolean operators, keywords, and complex search filters improved my search results. I performed better in school when I began to evaluate the dependability of sources and start thinking more using the research skill.

Conclusion:

All things considered: I realise how crucial it is to rely on credible scholarly sources, and I am more adept at researching these days. This will be very useful for jobs and activities ahead.

action plan

I wish to practice this everyday study techniques: Make full use of several academic sources. Record in a notebook what you discover using logical language and techniques. Enquire of librarians for assistance with more complex study strategies.

Academic Writing Skills

When the semester started, the most I struggled with is the academic writing which is the toughest talents we could pick up. I struggled to arrange my writings, create strong arguments, and apply correct referencing. The course covered in great detail how to arrange your ideas to great writing and apply many citation styles—to back up your finding - Working with my classmate on peer-review assignments together, we supported one another with our writing.

Feelings:

Initially, both my anxiety and my capacity for creativity were there. Academic writing looked to have quite low standards and challenging requirements. Still, my confidence rose as I

handed in more work and received positive comments from family and friends. Having a decent idea and references helped me to feel as if I performed well on an essay.

Evaluation:

I really benefited from the section of the course on essay writing and appropriate citation of sources. Since I discovered how to create strong entrances, body paragraphs, and endings, my writing has flowed much better. Still, it was difficult for me to avoid using the appropriate tone and not letting my personal opinion stand out too much without strong evidence.

Analysis:

From this, I have come to see that practice and comments are the greatest approaches to improve at academic writing. Knowing how to correctly arrange my ideas, strengthen my arguments, and quote my sources helps me write more confidently and precisely. Peer critiques let me realise how crucial it is to go over and enhance my work.

Conclusion:

In essence, I know I can always improve; yet, in terms of my academic work, I believe I have developed really far. One must be somewhat cautious when writing and always aim to keep their work always better.

Action-plan

Every time you produce an essay, you should receive comments from both professors and other students to maintain improving at writing. Online tools as Grammarly may help you improve in spelling and writing. See excellent examples of academic writing to improve your own abilities.

Conclusion:

Gibbs's Reflective Cycle has allowed me to better grasp how my program experiences have sharpened my capacity for notetaking, research, and school-related writing. The scheduled cycle has helped me in determining my strengths and weaknesses. Following my ideas will help me to keep developing as a student and do better in my classes.

Reference

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