

What is critical thinking?

Critical thinking is using your mind in a cognitive way, How to think critically? Critical thinking helps you to make better decision by analysing everything,(need to reference the youtube video) to question everything and how things could have been done differently. Critical thinking involves logic, reasoning and creativity to come to conclusions and to help us better our understanding. Critical thinking can be applied to almost most aspects of life from preparing for a meeting to planning your day. Critical thinking is a intentional process which is used when face with a difficult situation or important decisions. To become a better critical thinker people need to ask questions starting with simple ones such as what they already know is normally a good starting point and this will help piece the puzzle together. According to Beyer (1995) critical thinking means ‘making clear, reasoned judgments’. This is very true in many cases as after all the research is done and all the information is collected it will help with an informal judgment and the topic. This is important for many academic students as it helps enable them to create work without being personal.

Time Management

Simply time management is about making a plan, managing how long you spend on each task and using your time wisely so students don’t spend hours looking at their phone rather than doing some research. Think of time management as in four different sections first, goal setting- there are two types of goal setting short term goals and long term goals this help to prioritise time in the most effective way for example during a module there might be two assignments first might be a quiz and second might be a poster. By using time management effectively the person will study for the quiz and then the other without getting confused or mixed up with what one is for which. Second, Prioritisation is important to enable students to achieve the best possible without getting stressed or worried because they have left something until last minute by prioritising students complete all the work in stages for example while doing an academic poster with sections the student might spend so many days just on one topic then so many days on another this enables the student to complete one section at a time making sure that all the information is correct. Thirdly Organisation, this is very important to make sure that the student has plenty of time to finish all aspects of the assignment before the date and doesn’t miss out any important information because they have rushed and have not had time to re read the work over. Finally managing stress, this can be a difficult one as many work better under some stress however, to much stress can lead to poor execution of the work as students may feel they will write anything to just get it done. Time has limited resources and there for needs to be managed effectively. Macan (1994) suggested that learning time management behaviours lead to greater perception of control over time.

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- How can time management help with your studies?
- why is time management important?
- How can time management effect your day?
- what are the pros and cons of time management?

Research

Research always starts with a question, that is designed to give you more information on a specific topic. Research involves a process which is systematic, knowledge, observation, experimentation, gathering an investigation of information or the collection of data. (reference the first YouTube video) It can be done to further ideas, applying new theories, solving problems or understanding more information on the topic. (reference the second YouTube video) When researching it is important to make to sure to use a reliable source for example if the website has .ac.uk, .Edu, .gov.uk then these all indicate a reliable source and not something anyone can edit like Wikipedia. Another way to ensure that the research is safe and relevant is by using a feature within google where the search is only a specific type of search for example only you can ask it to search without having Wikipedia in the search area. In order to make sure your research is relevant it is important to use websites that are also relevant for example if you are doing research on the Welsh curriculum then the website that would be the best is possibly the government website as it was created from by them a website maybe not to use would be the guardian as this is written by someone who has not got all the facts however has written about it.

Note Taking

There is no right or wrong way to take notes, some people like to take notes by doing mind maps, some like to use highlighters or bold writing, all is ok what we must remember is notes should be clear and simple, that reminds us of the important things. A lot of people make one simple mistake when taking notes and that is knowing the difference between note taking and making notes. Simply note taking is where you take notes from a lecture or a book. Making notes is where you prepare for something such as a essay. Note taking is productive as in the student will automatically paraphrase the information that is being given it will also help to understand the information that is being given

Conclusion

Reference List:

<https://www.youtube.com/watch?v=wBomUBY62a4> (youtube what is research)

<https://www.youtube.com/watch?v=-xvrGv4u-bk> (youtube what is research)

https://www.youtube.com/watch?v=E7CwqNHn_Ns (youtube what is note taking?)

<https://www.youtube.com/watch?v=-eEBuqwY-nE> (critical thinking)

Beyer, B.K., 1995. *Critical Thinking. Fastback 385*. available at: <https://online.essex.ac.uk/blog/the-importance-of-critical-thinking/> accessed on (12 September 2021)

<https://www.acc.edu.au/blog/time-management-skills-student-learning/> (time management)

Macan, T. H. (1994) 'Time Management: Test of a Process Model'. *Journal of Applied Psychology*, 79, 381-391

https://www.researchgate.net/profile/Amit-Singh-184/publication/327890577_A_descriptive_study_of_time_management_models_and_theories/links/5bab8869a6fdc3cb73e9fb/A-descriptive-study-of-time-management-models-and-theories.pdf

<https://help.open.ac.uk/notetaking-techniques> (notetaking)