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Moodle Name:
Academic &
Employability Skills



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Introduction

Hi my name is Jessica, I am 19 years old, and I have a 1-year-old baby girl. I was born in Portugal, and I have been living in the United Kingdom for 11 years. Today I will be talking about my future career, which skills I have, why I want this role for my future and which skills I need to improve to be able to achieve them and become a social worker.



Why did I
choose
social
worker as
my future
career?

I want to become a social worker because this role is about understanding individuals and improving their community so that they can have a better life. My strongest strengths is being an active listener, paying attention to detail, patience, being respectful towards others and being friendly. This is needed for my role as a social worker as they need to listen carefully to individuals needs to be able to improve their quality of life. All my life I've always tried to help individuals as much as I can even with small things it always makes a difference in pupils' life's. Being a social worker is a career performed by the heart and for those that truly care and want to help others therefore I have chosen it.

Strengths

- Enthusiastic
- Trustworthy
- Creative
- Patient
- Respectful
- Determination
- Dedication
- Active listener
- Open minded
- Attention to detail
- Friendly
- Multitasking
- Persistent

Weaknesses

- Time management
- Nervous
- Shy
- Public speaking
- Lack of confidence
- Lazy

Opportunities

Mental health counsellor

Marriage and family counsellor

Medical social worker

School social worker

Foster care social worker

Child and family therapist

Threats

- Physical violence
- Emotional violence
- Verbal abuse
- Disrespect
- Criminal activities
- Severe health issues

Personal Development Plan

- ▶ Goal 1 is to finish university, upload my assignments on time and become a social worker.
- ▶ Goal 2 is to finish my lash course so I can start my own business and work for myself to provide a stable life for me and my daughter.
- ▶ Goal 3 is to have my own property
- ▶ Goal 4 is to take my driving license and buy my car
- ▶ Goal 5 is to be successful and make my parents proud of the women they have raised

What will I do to improve?

- ▶ I will focus more, be patient and do things step by step.

Individual development plan

Name: _____

Developmental goals for the coming year	Relationship of goal to the organization's goals	Knowledge, skills, abilities to be developed	Developmental activity	Resources	Date on
Goal 1					
Goal 2					
Goal 3					

Employee's signature _____

Date _____

Manager's signature _____

Date _____

Conclusion

- Career planning and knowing what I want to do in the future is very important to be successful in life.
- This has helped me to have a vision of what I want for my future.
- With my future career plan now, I can work on my weaknesses and how to improve it.
- I have also learned from this that I have different options if I decided to change careers.

References

- SWOT analysis was invented by Albert Humphrey. This was a technique developed at Stanford in the 1970s
- Jane Addams was the founder of modern social work itself in 1860 – 1935. Since the first class was offered at Columbia university in 1898, they have developed private and charitable organizations for individuals in need.