

Reflective Activity

During Task 1, I created an individual video presentation. To prepare for the video, I first researched my topic using different sources such as websites, articles, and class materials.

This helped me understand the subject better and allowed me to choose the most important information to include in my presentation.

Researching the topic helped me improve my knowledge and made me more confident about what I was explaining.

When presenting my video, I tried to speak clearly and organise my ideas so the audience could understand them easily. I planned what I wanted to say before recording and made sure the information was relevant to the topic.

However, I found presenting a little challenging because I was nervous and sometimes struggled to explain my ideas smoothly. I also realised that I could improve my confidence when speaking and manage my time better during the presentation.

One of the main challenges I faced was making sure the information I found was realisable and suitable for my presentation. It also took time to decide what information was most important to include. Another challenge was recording the video, as I wanted to sound natural and clear.

To improve in the future, I will spend more time practising my presentation before recording. I will also organise my research notes better and plan my structure more carefully. This will help me present my ideas more confidently and clearly.

For Task 3, I will continue improving my research and presentation skills by preparing earlier, practising more, and using feedback from my lecture to improve my work.