

Response scale:

1 = never true

2 = seldom true

3 = somewhat true

4 = often true

5 = always true

**ONE OF MY REASONS FOR ENGAGING
IN LEISURE ACTIVITIES IS?****Please Circle Answer**

22	To be socially competent and skillful	1	2	3	4	5
23	To gain a feeling of belonging	1	2	3	4	5
24	To gain other's respect	1	2	3	4	5
25	To get a feeling of achievement	1	2	3	4	5
26	To see what my abilities are	1	2	3	4	5
27	To challenge my abilities	1	2	3	4	5
28	Because I enjoy mastering things	1	2	3	4	5
29	To be good in doing them	1	2	3	4	5
30	To improve my skill and ability in doing them	1	2	3	4	5
31	To compete against others	1	2	3	4	5
32	To be active	1	2	3	4	5
33	To develop physical skills and abilities	1	2	3	4	5
34	To keep me in shape physically	1	2	3	4	5
35	To use my physical abilities	1	2	3	4	5
36	To develop physical fitness	1	2	3	4	5
37	To be in a calm atmosphere	1	2	3	4	5
38	To avoid crowded areas	1	2	3	4	5
39	To slow down	1	2	3	4	5
40	Because I like to be alone	1	2	3	4	5
41	To relax physically	1	2	3	4	5
42	To relax mentally	1	2	3	4	5
43	To avoid the hustle and bustle of daily activities	1	2	3	4	5
44	To rest	1	2	3	4	5
45	To relieve stress and tension	1	2	3	4	5
46	To do something simple and easy	1	2	3	4	5
47	To unstructure my time	1	2	3	4	5
48	To get away from the responsibilities of everyday life	1	2	3	4	5

Thank you for completing this survey.