

Me, myself & I

<https://youtu.be/-Wylz27Bqgs>

Explaining Who am, its quite hard to put into words if truth be told, but for days and weeks now I've sat with a pen and paper expecting the words to just appear and every time hitting a brick wall. so, I will begin by introducing myself my name is Serena Killen and I'm studying Documentary Photography & Visual Activism (BA). Never having to explain to anyone before who I am, has been challenging but doing what I do best when facing a challenge in my life you have cannot let the fear stop you, face it and overcome it. Describing myself truthfully in short terms then, a mum, wife, carer also, amateur sports photographer, granting I may not know who I am yet as a Documentary and Visual Activism photographer and not knowing what it is I want to say but in time I may understand myself more to express this. Occasionally I find it hard to keep quiet, I hate a silent room often being the one in a room to make a noise or say something often not really knowing why. When telling others about myself , like my every day life and all the things I do, within that moment for a second reality hits how busy my life is. If I'm not doing photography at the weekend for large sport events then I'm traveling the UK taking our children to competitions but if we aren't doing that, we are out exploring the countryside, forests, mountains, or some beach somewhere. I maybe 40 but I'm not finished I'm only just beginning. Often finding it hard to express myself or get my point across correctly but though photography its slowly helping me. Thinking of myself as quite strong minded; my skin is tough and take criticism well and never shying away from a challenge. If there's one thing that I could change then that would be to better understand the world around me, but one thing that really stands out is mental health and wellbeing of others through my photography I'm hoping to express this and show people they are not alone.

Well, here we are still investigating trying to work out what is acceptable, always absorbing as much information as I can in the world around me. Recently realising that coming to the point in life where I'm no longer young but I'm definitely not old although turning 40 is daunting but my family are my rock they are the reason I want to succeed, when the time comes to taking a breather from my busy manic life you will always find me someplace taking pictures, I am not perfect far from it, just enjoy life, have fun, live life to the fullest because life is short don't waste it sitting around. My photography might be mundane to some now, but that's ok as I'm trying to find my place and where I fit in and what impact I might make along the way.