

Psychology for Health and Social Care

Module Number: BMHP4003

Lecturer : Diya Ganguly

Group Presentation

- ❖ Maria Tzatzaliari (2121415 - Introduction to Psychology)
- ❖ Flavia Apio (2023550-Introduction to Freud's Psychosexual Theory and Connection between Freud's Psychosexual Theory and Infancy Stage development.)
- ❖ Mary Olabisi (2121535- Principal Assumptions and Importance and Critical evaluation of Freud's Psychosexual theory.)
- ❖ Kennia Lissette Rogel Reyes (2125369 - Understanding Freud's psychosexual Theory (Infancy) and play role in our everyday lives and Importance for the healthcare sector.)
- ❖ Godfrey Osawaru (2122802 – General Conclusion)

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Introduction

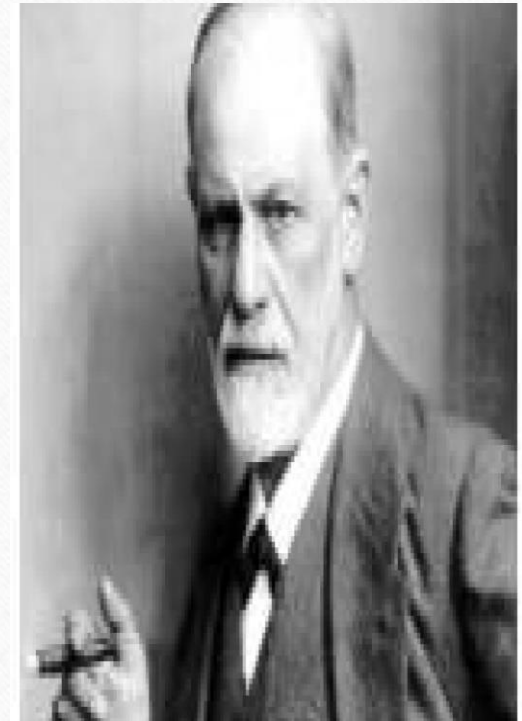
PSYCHOLOGY

- "Psychology" is a word that comes from two Greek words, 'psyche' (spirit/soul) and 'logos' (speech/study).
 - Psychology began in Germany in 1879.
- Wilhelm Wundt The first experimental laboratory was established at the University of Leipzig by Wilhelm Wundt.
- In the modern period it had its beginnings in 1916 at the University of Calcutta with the creation of the Department of Psychology.

(Foundations of Psychology, N/A) AN INTRODUCTION OF PSYCHOLOGY

Introduction to Freud's Psychosexual Theory. (Infancy Stage)

- Sigmund Freud, who was born in 1856 and died in 1938, developed the theory and practice of psychoanalysis used to treat mental illness.(Martin,2022)
- According to Freud, the personality of an individual is shaped to a greater extent by the experiences of our childhood.
- Freud lived and worked in a very oppressive "Victorian" society where women in particular were compelled to suppress their sexual needs. Numerous times, this led to a neurotic condition of some kind (McLeod,2018)



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Psychosexual Theory Infancy

- According to Freud, every kid is born with the need to engage in sexual activity (Kendra,2022)
- The infant may seek pleasure from a different "things" at various phases of development (McLeod,2018).
- Because it enables us to comprehend how problems with childhood development might have an impact on adult life, Freud's idea of psychosexual development is significant.
- (Carnevale,2021) In the end, it's a tool to help us understand how and why we behave in the ways that we do and it will make us more conscious of how we parent and raise our kids.

Stage	Age Range	Development Task	Associated Personality Traits
Oral	0–18 months	Moving from infantile dependency toward autonomy	Dependency
Anal	18–36 months	Learning to exercise control over one's body, one's impulses, and other people	Obsessiveness
Oedipal	5–6 years	Mastering competitive urges and acquiring gender role related behaviors	Competitiveness
Latency	6 years–puberty	Investing energy in productive, rewarding tasks and activities	---
Genital	Puberty onward	Mature sexuality (sexuality blended with intimacy)	---

Note: Dashes indicate that no associated character traits exist for that stage (fixation in the latency and genital periods does not play a role in classical psychoanalytic theory).

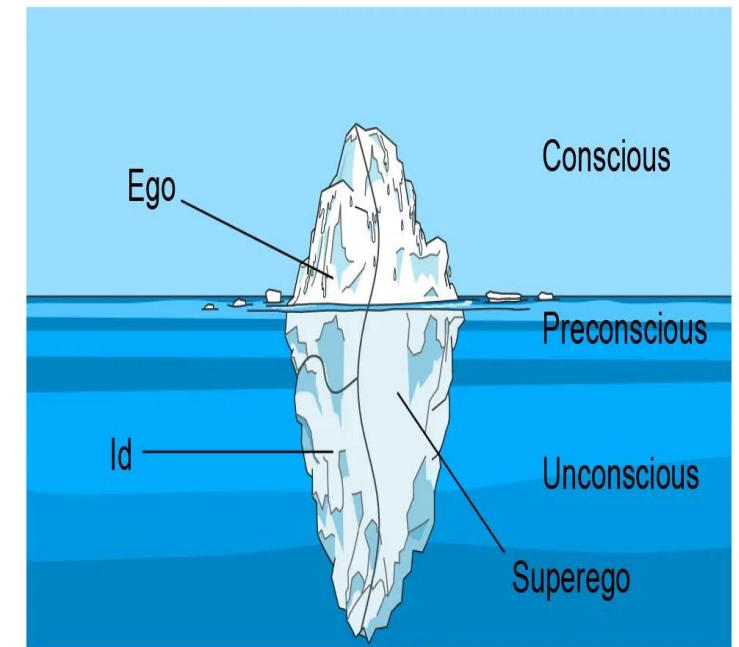
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Principal Assumptions and Importance of Freud's Psychosexual Theory

Principal Assumptions (Simon and Gagnon 1969, Simply Psychology 2019)

- The events of our upbringing have a significant impact on our personalities as adults.
- The events of life are comprised of both stress and pleasure.
- All stress results from the accumulation of libido (sexual energy), while all pleasure results from its release.
- Different conflicts at different stages of childhood (during psychosexual development) modify biological urges and shape personality.
- Each of the psychosexual stages of life (oral, anal, phallic, latent, and genital) is associated with a specific conflict that must be addressed before the individual can successfully move to the next stage.

Freud's Iceberg Analogy



(C) The PsychologyNotes Headquarters <https://www.PsychologyNotesHQ.com>

Critical evaluation of Freud's Psychosexual theory.

Strengths (Simply Psychology,2020)

- It has promoted the use of “talk sessions”, which several psychological therapies follow today.
- It highlights the significance of childhood in mental health, a concept widely employed today.
- The Psychodynamic approach considers both the Nature (innate drives) and Nurture (childhood experiences) effects on psychological development.

Weaknesses (Simply Psychology,2020)

- Highly deterministic approach to personality.
- No controlled studies-poor research.
- Overemphasis on differences between men and women
- Unconcerned with interpersonal relations, individual identity and adaptation over one's lifetime

Psychosexual Theory of Development

Importance (OpenStax and Lumen Learning, 2019)

- Focus on sexuality as a factor for psychological development.
- The significance of early childhood experience.
- Scientific approach to mental health on continuum from physical health.
- It describes the evolution of gender roles from infancy to adulthood.

Freud's psychosexual Theory (Infancy) plays role in our lives

- According to Freud, the development of personality is dependent on a series of childhood stages related to psychosexual theory.
 - Oral stage develops through the mouth in children's new born to 1.5 years of age.
 - Anal stage develops through Bowel and Bladder Control in children's 1-3 years of age.
- (Cherry,2022) was a useful source of information.

Importance in the healthcare sector

- Discovery of fixations and frustrations.
- Correct treatment of some behaviours.

(April Lanuza,N/A) described Freuds Psychosexual Development Theory.

General Conclusion.

- Psychosexual theory of personality development is primarily formed by sexual energy.
- The sexual energy has a great effect on the human's personality development later.
- Every stage of development has various challenges.
- Each challenge has to be overcome or the person may have development issues.
- Fixation is a sign of being stuck in a stage of psychosexual development.

Personality development is in five stages:

- Oral Stage (0-1year): characterized by gratification through sucking and feeding.
- Anal phase (1-3 years): control and release of bowel and bladder movement.
- Phallic Stage (3-6 years): realization of the difference between male and female.
- Latent stage (6years to adolescence): development of ego and superego.
- Genital stage (puberty to death): awakening of sexual interest and awareness.

The theory, like every other one, has been criticized of being flawed.

But the PD theory helps us realize that childhood experiences affect adult life.

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